# The occurence of cam impingement in young male soccer players.

Published: 24-11-2009 Last updated: 06-05-2024

We want to investigate the hip joints of young very active male soccer players to gain greater knowledge on the development of cam impingement, concerning the shape deformities, the age of onset and the occurrence of cartilage lesions.

Ethical reviewApproved WMOStatusRecruitingHealth condition typeJoint disorders

**Study type** Observational non invasive

# **Summary**

#### ID

NL-OMON55555

#### Source

**ToetsingOnline** 

#### **Brief title**

Cam impingement in young male soccer players

#### **Condition**

Joint disorders

#### **Synonym**

cam impingement, pistol grip deformity

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

Source(s) of monetary or material Support: Annafonds

#### Intervention

**Keyword:** Femoroacetabular impingement, Young soccerplayers

#### **Outcome measures**

#### **Primary outcome**

the diagnosis of cam impingement and cartilage lesions

#### **Secondary outcome**

Range of motion of the hip and hip symptoms

# **Study description**

#### **Background summary**

There is an increased relative risk for osteoarthritis of the hip among professional soccer players, there is a relation between femoroacetabular impingement and sports and there is a relation between osteoarthritis of the hip and femoroacetabular impingement. The hypothesis states that cam impingement develops among boys during the adolescence due to an intensive soccer career which might lead to early osteoarthritis.

#### Study objective

We want to investigate the hip joints of young very active male soccer players to gain greater knowledge on the development of cam impingement, concerning the shape deformities, the age of onset and the occurrence of cartilage lesions.

#### Study design

Longitudinal follow-up study

#### Study burden and risks

In contrast to the previous baseline study and follow-up moments we will obtain MRI scans at the current follow-up instead of radiographs. Therefore, there are no risks involved for the participants.

## **Contacts**

#### **Public**

Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr. Molewaterplein 40 Rotterdam 3015 GE NL

#### **Scientific**

Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr. Molewaterplein 40 Rotterdam 3015 GE NL

# **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

male, currently 24-30 years of age, who were previously included in this cohort (at baseline aged between 12 and 18 years and playing at the highest soccer level at Feyenoord soccer club).

# **Exclusion criteria**

nvt

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 17-03-2010

Enrollment: 89

Type: Actual

## **Ethics review**

Approved WMO

Date: 24-11-2009

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 26-06-2012
Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 02-08-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 05-08-2015

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 07-10-2021

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL28614.078.09