# Semen characteristics and testosterone levels in the general population

Published: 09-01-2019 Last updated: 12-04-2024

1. Evaluation of the variation of semen characteristics in the general population2. Evaluation of the variance of testosterone levels in the general population

**Ethical review** Approved WMO **Status** Recruitment stopped

Health condition type Endocrine disorders of gonadal function

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON55724

#### Source

ToetsingOnline

#### **Brief title**

Semen characteristics and testosterone levels in the general population

#### **Condition**

- Endocrine disorders of gonadal function
- Sexual function and fertility disorders

#### **Synonym**

fertility, sperm quality

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Radboud Universitair Medisch Centrum **Source(s) of monetary or material Support:** KWF

#### Intervention

**Keyword:** reference values, reproduction, semen analysis, testosterone

#### **Outcome measures**

#### **Primary outcome**

Semen characteristics, including volume, sperm concentration and fraction of progressive motile spermatozoa) and testosterone levels.

#### **Secondary outcome**

Not applicable.

# **Study description**

#### **Background summary**

Age-specific reference values for semen characteristics and testosterone levels in the general population are lacking, but can positively strengthen research concerning impaired spermatogenesis en testosterone deficiency in high risk populations. A general population control group is essential for the DCOG-LATER male gonadotoxicity study, which will provide an accurate estimate of overall and treatment specific relative and absolute risks of azoospermia and testosterone deficiency in male survivors of childhood cancer.

#### Study objective

- 1. Evaluation of the variation of semen characteristics in the general population
- 2. Evaluation of the variance of testosterone levels in the general population

#### Study design

This study is an single-center, cross-sectional, observational study.

#### Study burden and risks

Participants will be asked to complete one questionnaire at home, which will focus on reproductive history, pubertal development and questions concerning testosterone level. This questionnaire will take about 20 minutes to complete.

In addition, participants will be asked to visit the University Medical Center Groningen (UMCG) once in order to provide one blood sample which will be collected in the morning, before 10 AM, and to provide a semen sample. The duration of the visit to the UMCG is estimated circa 90 minutes. There are no adverse events expected during the collection of semen and blood samples. The provided reference dataset of semen characteristics and testosterone levels in the general population will serve as a control group in research assessing the effects of various factors on male gonadal function, e.g. severe systemic illness (renal failure, hepatic cirrhosis, cancer), morbid obesity, exposure to toxins (alcohol, marijuana, smoking), and nutritional deficiencies.

### **Contacts**

#### **Public**

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#### Scientific

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years)

#### Inclusion criteria

Male participants from the Lifelines cohort who are aged between 18 and 55

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## **Exclusion criteria**

Participant has been treated for cancer in the past Participant is vasectomised Participant had fever in the last three months Participant works night shifts

# Study design

## **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Other

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 14-06-2019

Enrollment: 200

Type: Actual

## **Ethics review**

Approved WMO

Date: 09-01-2019

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 26-07-2021
Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL64583.042.18