

# MicroRNA as biomarker for acute stroke

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Central nervous system vascular disorders
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON55785

### Source

ToetsingOnline

### Brief title

MicroRNA as biomarker for acute stroke

### Condition

- Central nervous system vascular disorders

### Synonym

cerebral hemorrhage, cerebral infarction, stroke

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Leids Universitair Medisch Centrum

**Source(s) of monetary or material Support:** Nederlandse hartstichting

### Intervention

**Keyword:** biomarker, microRNA, stroke

## Outcome measures

### Primary outcome

In-between differences in microRNA profiles on admission to the emergency department and within differences in each group in time.

### Secondary outcome

clinical characteristics and radiological outcomes of the patients (all gathered in routine clinical practice)

## Study description

### Background summary

Diagnosis of ischemic stroke should be rapid for clinical efficacy of reperfusion therapy and reliable in order not to miss stroke patients or expose non-stroke patients to reperfusion related complications. Currently stroke diagnosis is time consuming with a low specificity. Recently micro-RNA\*s have showed to be very promising as a stroke biomarker but was never compared in acute ischemic stroke patients, haemorrhagic stroke patients or stroke mimics (i.e. stroke simulating conditions). We hypothesize that (a combination of) specific (freely circulating) microRNA\*s can be used as biomarkers to establish diagnosis of acute ischemic stroke.

### Study objective

Our primary objective is to test temporal microRNA profiles in patients presented by the emergency services to the emergency room with a suspicion of acute (i.e. <6 hours) ischemic stroke

### Study design

observational study

### Study burden and risks

Sampling of additional plasma for study purposes (2 x 10 ml per blood draw) will be done as much as possible within regular blood sampling as is part of routine care. We aim to sample plasma for study purposes on the following time

points (total: 4): admission, day 1 and 2-5 and after 6 to 8 weeks. In practice routine samples will be performed on admission for all patients (t=0) and day after admission for groups A and B (t=1). The study carries no inherent risks.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- 1) Patients considered potentially eligible by EMS personnel for IVT/IAT for whom a pre-stroke alarm is initiated.
- 2) For patients included in the IS group: a National Institutes of Health Stroke Scale  $\geq 4$  or eligible for reperfusion treatment
- 3) Age  $\geq 18$  years
- 4) For patients included in the IS or HS group: clinical admission on the

## Exclusion criteria

- Use of therapeutic heparin within 24 hours before onset of symptoms
- Extracranial malignancy (patients can be included if they have a prior history of malignancy if the patient received curative treatment)
- Alteplase treatment started

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 07-11-2018

Enrollment: 430

Type: Actual

## Ethics review

Approved WMO

Date: 18-05-2018

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 15-01-2019

Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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Approved WMO  
Date: 18-10-2019  
Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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Approved WMO  
Date: 28-06-2020  
Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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Approved WMO  
Date: 22-07-2021  
Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL63060.058.17