# Childhood Atropine for Myopia Progression (CHAMP): A 3-Arm Randomized, Double-Masked, Placebo-Controlled, Phase 3 Study of Atropine Sulfate Ophthalmic Solution 0.01% and 0.02%

Published: 25-06-2018 Last updated: 12-04-2024

Primary Objective: To evaluate the safety and efficacy of 2 concentrations of Atropine Sulfate OphthalmicSolution (0.01% and 0.02%) compared to Vehicle (placebo) for slowing the progression of myopia inchildren over a 3-year treatment period....

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeVision disordersStudy typeInterventional

### **Summary**

#### ID

NL-OMON55813

#### Source

ToetsingOnline

#### **Brief title**

Childhood Atropine for Myopia Progression

#### Condition

Vision disorders

#### **Synonym**

Myopia Progression, worsening shortsightedness

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### **Research involving**

Human

### **Sponsors and support**

Primary sponsor: Vyluma Inc.

**Source(s) of monetary or material Support:** Vyluma Inc.

### Intervention

**Keyword:** Atropine, Childhood, Myopia Progression

### **Outcome measures**

### **Primary outcome**

The between-treatment group difference in proportion of subjects who show <

-0.50 D myopia progression (SER) at the Month 36 visit.

### **Secondary outcome**

- 1. Between- treatment group difference in mean change from baseline in SER at the Month 36 visit.
- 2. Between-treatment group difference in the proportion of subjects who show
- <-0.5 D myopia progression (SER) from baseline at the month 36 visit.

### **Study description**

### **Background summary**

Ametropia in children is common, and if left uncorrected causes decreased vision, visual

discomfort (eye strain), strabismus, and/or amblyopia (AAPOS 2013). The most common form

of refractive error is myopia (nearsightedness), which has its onset in children 6 to 12 years of

age (Zadnik 2015). The American Association for Pediatric Ophthalmology and Strabismus

(AAPOS) and American Academy of Ophthalmology (AAO) Joint Policy Statement in 2013

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reports that it is important that myopia be addressed early in life because, in addition to

correcting imperfect vision, good vision is essential for proper physical development and

educational progress in growing children. If a growing child's eye does not provide a clear,

focused image to the developing brain, irreversible loss of vision in one or both eyes may result (AAPOS 2013).

There are currently no Food and Drug Administration (FDA)-approved drug products to treat the

progression of myopia in children. Topical ophthalmic drugs such as 1% atropine and

2% pirenzepine (both antimuscarinic agents) have been shown to slow myopia progression

(Brodstein 1984; Yen 1989; Chua 2006; Fan 2007; Yi 2015); however, pirenzepine is not FDA

approved for ophthalmic use, and although 1% atropine is approved by the FDA for topical

ocular use (cycloplegia, mydriasis, and penalization of the healthy eye in the treatment of

amblyopia), it is not approved to slow the progression of myopia. Further, treatments such as

orthokeratology and the use of multifocal lenses have been used as therapy to slow the

progression of myopia in children, however, neither has shown efficacy equivalent to that of

antimuscarinic agents (Walline 2011).

Recent reviews (Walline 2011; Huang 2016; Gong 2017) have concluded that antimuscarinic

topical medication is an effective treatment to slow myopia progression.

### Study objective

Primary Objective: To evaluate the safety and efficacy of 2 concentrations of Atropine Sulfate Ophthalmic

Solution (0.01% and 0.02%) compared to Vehicle (placebo) for slowing the progression of myopia in

children over a 3-year treatment period.

Exploratory Objective: To observe safety and efficacy in subjects re-randomized to 1 year of treatment with

Atropine Sulfate Ophthalmic Solution, 0.01% or 0.02%, or Vehicle following 3 years of treatment in

children with progressive myopia.

### Study design

This will be a 3-arm randomized, multicenter, double-masked, placebo-controlled study

conducted in 2 stages. Stage 1 is a safety and efficacy phase of 3 years (36 months) in duration,

during which subjects will be allocated 1 of 3 study medications. Stage 2 is a randomized

cross-over phase of 1 year (12 months) in duration, during which subjects will be re-randomized

to receive 1 of the 3 study medications with subjects initially randomized to Vehicle only eligible

for randomization to 0.01% or 0.02% Atropine Sulfate Ophthalmic Solution. Subjects (aged 3 to

<= 17.0 years) will enter the study with myopia SER of at least -0.50 D and no greater than -6.00

D myopia in each eye as measured by cycloplegic autorefraction, and following successful

eligibility screening at the Screening/Baseline visit will be randomized to one of the following 3

treatment groups in a 2:2:3 ratio:

- \* Vehicle (placebo) (N = 138)
- \* Atropine Sulfate Ophthalmic Solution, 0.01% (N = 138)
- \* Atropine Sulfate Ophthalmic Solution, 0.02% (N = 207)

#### Intervention

The allocated study medication will be administered, one drop in each eye once daily (QD), at bedtime, for 3 years.

Treatment arms are:

- \* Atropine Sulfate Ophthalmic Solution, 0.01%
- \* Atropine Sulfate Ophthalmic Solution, 0.02%
- \* Vehicle (placebo)

### Study burden and risks

The subject's myopia may or may not get worse while taking part in this study. The results of this study may help children with myopia in the future. If Atropine eye drops are effective in treating the progression of myopia, participants receiving placebo may not receive the same benefit as those who receive the active drug.

#### SIDE EFFECTS THAT MAY OCCUR WHILE USING ATROPINE SULFATE:

- Eye discomfort
- Glare
- Blurred near vision

- Light sensitivity
- Pain and stinging at time of drop
- Inflammation of the cornea (clear layer on the front of the eye)
- Dry eye
- · Redness and swelling of the eye or eyelid
- Irritability
- Fast heart beat
- Restlessness
- Dryness of skin, mouth or throat
- Flushed skin on face and neck

There may be other risks or side effects of Atropine eye drops that are unknown at this time. Allergic reactions can occur with any drug.

#### POSSIBLE RISKS OR SIDE EFFECTS OF THE STUDY PROCEDURES

Possible risks of numbing drops

The numbing drops that are used for checking the eye pressure may sting for a few seconds when they are first placed in the eyes. It is important that the subjects don\*t rub their eyes while they are numb to avoid scratching the surface of the eyes.

Possible risks of dilating drops

The drops used to dilate the eyes may sting when they are first placed in the eyes. They may cause blurry vision for a few hours, especially thereading vision, and cause sensitivity to light. To protect the eyes and minimize discomfort, the subject should wear sunglasses while outside, until the effects of the drops wear-off.

### **Contacts**

### **Public**

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#### **Scientific**

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### **Trial sites**

### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

### Age

Children (2-11 years)

### Inclusion criteria

- 1. Children (male or female) aged 3 to  $\leq$  17.0 years.
- 2. Myopia SER of at least -0.50 D and no greater than -6.00 D myopia in each eye as measured

by cycloplegic autorefraction.

3. If present, astigmatism of no more than -1.50 D in each eye as measured by cycloplegic

autorefraction.

- 4. Anisometropia SER of < 1.50 D as measured by cycloplegic autorefraction.
- 5. Normal intraocular pressure of < 21 mm Hg in each eye.
- 6. Distance vision correctable to at least 0.1 logMAR or 20/25 Snellen equivalent in each eye.
- 7. Female subjects of childbearing potential (post menarche) must have a negative urine

pregnancy test at screening.

8. Subject\*s parent or legal guardian must provide informed consent on behalf of the subject, and

the subject should provide assent when applicable, per Institutional Review Board (IRB)/Ethic

Committee (EC) guidelines. If a subject becomes an adult (depending on country regulations)

during the study, they will need to sign an informed consent form to continue in the study

### **Exclusion criteria**

- 1. Allergy to atropine or any of the excipients of the eye drops.
- 2. Current or history of amblyopia or manifest strabismus including intermittent tropia.

3. Heart rate is persistently (for more than 10 minutes) > 120 beats per minute at

screening/baseline.

- 4. History of any disease or syndrome that predisposes the subject to severe myopia (e.g., Marfan
- syndrome, Stickler syndrome, retinopathy of prematurity).
- 5. History in either eye of abnormal ocular refractive anatomy (e.g., keratoconus, lenticonus, spherophakia).
- 6. History in either eye of previous intraocular or ocular laser/non-laser surgery.
- 7. Current or history of glaucoma; anatomic narrow anterior chamber angles.
- 8. Serious systemic illness that, in the Investigator\*s opinion, would render the subject ineligible
- 9. Chronic use of any topical or systemic antimuscarinic/anticholinergic medications (e.g.,
- atropine, scopolamine, tropicamide) within 21 days prior to screening, and/or anticipated need

for chronic use during the study period (i.e., more than 7 consecutive days in 1 month or more

than 30 total days in 1 year). (Use of cycloplegic drops for dilated ocular exam are allowable.)

10. Chronic use (more than 3 days per week) of any topical ophthalmic medications (prescribed or

over-the-counter) other than the assigned study medication. Use of artificial tears is allowed

but may not be used within 2 hours of administration of study medication.

11. The anticipated need to use chronic ophthalmic or systemic oral corticosteroids during the

study. Intranasal, inhaled, topical dermatologic, intra-articular, perianal steroids, and short

term oral steroids (i.e., < 2 weeks) are permitted.

12. Prior myopia control treatment including orthokeratology, bifocal contact lenses, or

progressive addition spectacle lenses. The only allowable prior treatments are myopic

correction in the form of single-vision eyeglasses and/or single-vision or toric soft contact

lenses.

- 13. Preplanned hospitalization during the study period.
- 14. Unwilling or unable to complete study procedures or to be followed up for the 48-month

duration of the study.

15. Participation in any other study of investigational therapy during the study period or within the last 30 days.

- 16. History of any substance abuse (excessive or habitual use of alcohol and/or
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drug including

nicotine) and not willing to abstain from these substance(s) during the 4-year study period.

17. Female subjects who are pregnant, nursing, or plan to become pregnant at any time during the

study.

18. Employees of the study site and their family members are not permitted to participate as

subjects in the study. Immediate family is defined as a spouse, parent, child, or sibling,

whether biological or legally adopted.

19. Current or history of significant or severe damage to the cornea.

# Study design

### **Design**

Study phase: 3

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-04-2019

Enrollment: 40

Type: Actual

### Medical products/devices used

Product type: Medicine

Brand name: Not applicable

Generic name: Atropine Sulfate Ophthalmic Solution

### **Ethics review**

Approved WMO

Date: 25-06-2018

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 08-10-2018

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 20-03-2019

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 08-04-2019

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 08-10-2019

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 09-12-2019

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 19-02-2020

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 04-03-2020

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 04-05-2020

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 12-05-2020

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 23-09-2020

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 07-10-2020

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 19-10-2020

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 02-02-2021

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 10-03-2021

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 24-10-2021

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 08-12-2021

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 15-04-2022

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 10-06-2022

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

## **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

EudraCT EUCTR2018-001077-24-NL

Register
ClinicalTric

ClinicalTrials.gov CCMO ID

NCT03350620 NL65901.078.18