

# The RENAL LIFECYCLE trial: A Randomized Controlled Clinical Trial to Assess the Effect of Dapagliflozin on Renal and Cardiovascular Outcomes in Patients with Severe Chronic Kidney Disease

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This study has been transitioned to CTIS with ID 2023-508389-13-00 check the CTIS register for the current data. To determine whether dapagliflozin is superior to placebo in reducing the incidence of the primary composite endpoint of kidney failure...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON56031

### Source

ToetsingOnline

### Brief title

Renal Lifecycle trial

### Condition

- Other condition
- Nephropathies

### Synonym

severe CKD; renal failure

## Health condition

Hemo- and peritoneal dialysis patients; Transplant patients

## Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Nierstichting, Astra Zeneca

## Intervention

**Keyword:** reno- and cardioprotective effects, severe CKD, SGLT2 inhibitor

## Outcome measures

### Primary outcome

The primary outcome measure is the incidence of a composite of all-cause mortality, kidney failure, and heart failure hospitalization. This is a clinically relevant outcome measure and previous trials with dapagliflozin in patients with earlier stages of CKD than enrolled in the current trial have shown that dapagliflozin reduces the incidence of each of these outcomes.

### Secondary outcome

1. To determine if dapagliflozin is superior to placebo in reducing the incidence of each of the components of the primary composite endpoint in the overall patient group:

- All-cause mortality
- Kidney failure (chronic dialysis, kidney transplantation or mortality due to kidney failure)
- Hospitalization for heart failure

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2. To determine whether dapagliflozin is superior to placebo in reducing the incidence of the primary composite endpoint of all-cause mortality, kidney failure, or heart failure hospitalization in each of the three subgroups of patients:

- Patients with advanced CKD i.e. an eGFR  $\leq 25$  mL/min/1.73m<sup>2</sup>
- Dialysis patients with residual diuresis  $\geq 500$  mL/24h
- Transplant patients with an eGFR  $\leq 45$  mL/min/1.73m<sup>2</sup>

## Study description

### Background summary

Chronic kidney disease (CKD) affects approximately 10% of the adult population worldwide. The most common causes of CKD are diabetes, hypertension, and chronic glomerulonephritis. Subjects with CKD are at high risk for various complications, among others cardiovascular morbidity and mortality, heart failure, and end-stage kidney disease requiring kidney replacement therapy. Treatment for CKD encompasses tight blood pressure control, preferably with angiotensin converting enzyme inhibitor (ACE-I) or angiotensin II receptor blockers (ARBs) as well as a tight glucose control in diabetic patients to prevent or delay progression of CKD and CVD. These interventions have been proven efficacious, but still the residual risk to develop cardiovascular complications and to reach kidney failure remains high. There is therefore a need for additional interventions.

### Study objective

This study has been transitioned to CTIS with ID 2023-508389-13-00 check the CTIS register for the current data.

To determine whether dapagliflozin is superior to placebo in reducing the incidence of the primary composite endpoint of kidney failure, hospitalization for heart failure, and all-cause mortality in the overall patient group, consisting of patients with eGFR  $\leq 25$  mL/min/1.73m<sup>2</sup>, dialysis patients with residual diuresis  $\geq 500$  mL/24hr, and kidney transplant recipients with eGFR

$\leq 45$  mL/min/1.73m<sup>2</sup>.

## Study design

This is a randomized, double-blind, parallel-group study

## Intervention

Dapagliflozine 10mg/dag vs placebo

## Study burden and risks

The study population chosen for this study is a broad population of patients with severe CKD. Three patient groups will be included: patients with an eGFR  $\leq 25$  ml/min/1.73 m<sup>2</sup> (not on dialysis or undergoing a kidney transplant); common dialysis patients with residual diuresis  $\geq 500$  ml/24 hours (including hemo- and peritoneal dialysis), and recipients of kidney transplants. These patients are almost always excluded from clinical trials, while they are at very high risk of adverse outcomes and few effective therapies are available for these patients. Phase 2/3 clinical trials have also shown that dapagliflozin reduces albuminuria, an important risk marker for renal and cardiovascular disease progression.

## Contacts

### Public

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## Trial sites

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

In order to be eligible to participate in the randomized controlled double blind trial subject must meet the criteria for one of the three strata:

- Patients with advanced CKD i.e. an eGFR  $\leq 25$  mL/min/1.73m<sup>2</sup>
- Hemo- and peritoneal dialysis patients with a residual diuresis  $\geq 500$  mL/24h (at least 3 months after start of dialysis)
- Transplant patients with an eGFR  $\leq 45$  mL/min/1.73m<sup>2</sup> (at least 6 months after transplantation)

In addition, to be eligible all subjects must meet all criteria below

- Age  $> 18$  years
- Willing to sign informed consent
- Pre-dialysis patients with eGFR  $\leq 25$  mL/min/1.73m<sup>2</sup> have to be on a stable dose (no changes in dose or type of drug) of ACEis or ARBs for at least 4 weeks prior to the screening visit to be eligible to proceed to the randomization visit unless there is documented evidence that the patient does not tolerate an ACEi or ARB. These subjects will maintain their stable doses of ACEis or ARBs throughout the trial (when possible and tolerated by the patient). ACEi or ARBs are not required for patients on maintenance dialysis or kidney transplant recipients.

### Exclusion criteria

- Mentally incapacitated subjects (i.e. not able to sign informed consent)
- Diagnosis of type 1 diabetes mellitus
- Concurrent treatment with SGLT2 inhibitor
- History of  $\geq 2$  urinary tract / genital infections during the last six months
- Life expectancy  $< 6$  months in the opinion of the treating physician.
- Scheduled start of dialysis within 3 months or scheduled kidney transplantation within 6 months
- In patients with an eGFR  $\leq 25$  mL/min/1.73m<sup>2</sup>: kidney disease treated with immunosuppressive agents during the last 6 months

- patients treated during the last 6 months with a course of immunosuppressive agents or intensification of treatment with immunosuppressive agents, such as patients with a kidney transplant and acute rejection or patients with GPA (Morbus Wegener) and a recent flare.
- Active malignancy aside from treated squamous cell or basal cell carcinoma of the skin.
- History of severe hypersensitivity or known severe hepatic impairment (Child-Pugh class C)
- History of severe noncompliance to medical regimens or unwillingness to comply with the study protocol.
- Current pregnancy, lactation or women of child-bearing potential (WOCBP) unless using highly-effective contraceptive measurements until 4 weeks after last intake of the study medication
- Presence of other transplanted organ besides a kidney transplant
- Severe lactose intolerance
- Autosomal Dominant Polycystic Kidney Disease (ADPKD) treated with tolvaptan

## Study design

### Design

Study phase:	3
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	08-11-2022
Enrollment:	1000
Type:	Actual

## Medical products/devices used

Product type:	Medicine
Brand name:	Forxiga
Generic name:	Dapagliflozine
Registration:	Yes - NL outside intended use

## Ethics review

Approved WMO	
Date:	16-03-2022
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	30-06-2022
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	03-08-2022
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	04-04-2023
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	06-04-2023
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	17-04-2023
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	09-08-2023
Application type:	Amendment

Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	24-11-2023
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
EU-CTR	CTIS2023-508389-13-00
EudraCT	EUCTR2021-005446-15-NL
ClinicalTrials.gov	NCT05374291
CCMO	NL80581.042.22