# Clinical outcomes and cost-effectiveness of a diagnostic and treatment strategy of upfront CTCA plus selective non-invasive functional imaging compared with standard care in patients with chest pain and suspected coronary artery disease

Published: 01-08-2022 Last updated: 24-05-2024

This strategy will result in a reduction reduce the incidence of major adverse cardiovascular events (MACE) defined as death or non-fatal myocardial infarction and appear more efficient than care as usual.

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Coronary artery disorders
Study type	Interventional

# Summary

### ID

NL-OMON56132

**Source** ToetsingOnline

Brief title CLEAR-CAD

# Condition

• Coronary artery disorders

### Synonym

chest pain; coronary artery disease

#### **Research involving**

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Human

### **Sponsors and support**

Primary sponsor: Academisch Medisch Centrum Source(s) of monetary or material Support: ZonMw

### Intervention

Keyword: Chest pain, Coronary artery disease, CTCA

### **Outcome measures**

#### **Primary outcome**

- 1. Occurrence of MACE defined as mortality or non-fatal myocardial infarction
- 2. Costs per quality adjusted life year (QALY)

#### Secondary outcome

Please see page 10 of the research protocol (Chapter 2.2: Secondary objectives)

# **Study description**

#### **Background summary**

What is the clinical effect and cost-effectiveness of a combined diagnostic and treatment strategy in patients with suspected coronary artery disease (CAD)? This strategy comprises of upfront computed tomography coronary angiography (CTCA) with selective non-invasive functional imaging and patient tailored therapy.

#### **Study objective**

This strategy will result in a reduction reduce the incidence of major adverse cardiovascular events (MACE) defined as death or non-fatal myocardial infarction and appear more efficient than care as usual.

#### Study design

Randomized controlled trial (RCT)

#### Intervention

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Upfront CTCA with standardized reporting through CAD-RADS classification. CAD-RADS 0 rules-out CAD. CAD-RADS 1 & 2 rules-out obstructive CAD with high certainty and optimal preventive drug therapy (OMT) is then initiated. In patients CAD-RADS =3, obstructive CAD is assumed and OMT will be started with additional anti-anginal medication (OMT +). In this latter group, additional non-invasive functional imaging will be performed if anginal complaints persist under OMT +. Patients with> 10% myocardial ischemia on imaging will undergo revascularization in consultation with the cardiac team.

### Study burden and risks

Please see page 25 of the research protocol (Chapter 11.3: Benefits and risks assessment, group relatedness)

# Contacts

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

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### **Inclusion criteria**

Outpatient presentation to the cardiologist with chest pain with suspected CAD - >18 years old

### **Exclusion criteria**

Patients who meet any of the following criteria will be excluded from participation:

- Presentation with acute coronary syndrome (NSTEMI/STEMI/unstable angina)
- Acute coronary syndrome (including unstable angina) within past 3 months
- History of obstructive coronary artery disease on imaging (>50% DS)
- History of PCI and / or CABG
- Severe renal failure (eGFR <30 ml/min)
- Severe allergy to iodinated contrast medium
- Known pregnancy
- Patients with an estimated life expectancy of less than 1 year

# Study design

### Design

Interventional
Parallel
Randomized controlled trial
Open (masking not used)

Primary purpose: Diagnostic

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	14-09-2022
Enrollment:	6444
Туре:	Actual

# **Ethics review**

Approved WMO Date:	01-08-2022
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO Date:	16-08-2022
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO Date:	28-11-2022
Application type:	Amendment
Review commission:	MEC Academisch Medisch Centrum (Amsterdam)
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Approved WMO Date: Application type:	17-01-2023 Amendment
Review commission:	MEC Academisch Medisch Centrum (Amsterdam)
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Approved WMO Date:	21-06-2023

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Application type: Review commission:	Amendment MEC Academisch Medisch Centrum (Amsterdam) Kamer G4-214 Postbus 22660
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Approved WMO Date: Application type: Review commission:	12-09-2023 Amendment MEC Academisch Medisch Centrum (Amsterdam) Kamer G4-214
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Approved WMO Date: Application type: Review commission:	12-10-2023 Amendment MEC Academisch Medisch Centrum (Amsterdam) Kamer G4-214 Postbus 22660 1100 DD Amsterdam 020 566 7389 mecamc@amsterdamumc.nl

### Approved WMO

Date: Application type: Review commission:	31-01-2024 Amendment MEC Academisch Medisch Centrum (Amsterdam)
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Approved WMO	
Date:	15-02-2024
Application type:	Amendment
Review commission:	MEC Academisch Medisch Centrum (Amsterdam)
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# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

**Register** ClinicalTrials.gov CCMO

ID NCT05344612 NL81264.018.22