

# Phase 0 biomarker study: assessment of day-to-day, within-day and inter-individual variability in $\beta$ -Glucocerebrosidase activity and pathway biomarkers in healthy adults and patients with Parkinson's disease with heterozygous GBA1-mutations.

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**Primary Objectives**• Characterize day-to-day, within-day, intra-individual and inter-individual variability of GCase activity in healthy participants and patients with Parkinson's disease with a GBA1 mutation.**Secondary Objectives**• Assess variability...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Movement disorders (incl parkinsonism)
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON56229

### Source

ToetsingOnline

### Brief title

GCase activity biomarker study

### Condition

- Movement disorders (incl parkinsonism)

### Synonym

Parkinson's disease

## Research involving

Human

## Sponsors and support

**Primary sponsor:** Centre for Human Drug Research

**Source(s) of monetary or material Support:** co-funding, Vanqua Bio Inc.

## Intervention

**Keyword:** GBA1 mutations, Parkinson's disease, Pathway biomarkers

## Outcome measures

### Primary outcome

- Live Cell GCase activity in whole blood
- GCase activity in dried blood spots

### Secondary outcome

- Selected lipids including but not limited to: Glusphing, GluCer, Ceramide, Sphingomyelin and SAA in both plasma and CSF

## Study description

### Background summary

beta-Glucocerebrosidase (GCase) is a lysosomal enzyme encoded by the glucosylceramidase beta 1 (GBA1) gene that is responsible for hydrolysis of the sphingolipid glucosylceramide to ceramide and glucose. It has been well established that heterozygous mutations in GBA1 are a major risk factor for Parkinson's disease (PD) and are present in 7-13% of PD cases. These mutations in GCase lead to reduced enzymatic activity in the lysosome which is associated with impaired lysosomal function. A consequence of this lysosomal dysfunction is the accumulation of misfolded alpha synuclein which is the hallmark of PD. PD patients with GBA1 mutations exhibit earlier onset of disease and have an increased risk of cognitive impairment but are otherwise indistinguishable from patients with idiopathic PD.

A significant challenge in the study of the GCase enzyme has been the measurement of enzymatic activity. While techniques to assess GCase activity exist, these methods assess GCase activity extracted from a cell lysate and do

not account for the physiology of the lysosomal environment that directly affects enzymatic function. Vanqua has developed an approach to assess in situ lysosomal GCase activity in monocytes from whole blood samples using flow cytometry. This technique will enable a real-time assessment of GCase activity. The primary goal of this cross-sectional phase 0 study is to verify the performance of GCase activity assay at CHDR and assess the day-to-day, within-day and inter-individual variability of the GCase activity assay in healthy volunteers and Parkinson's disease patients. The secondary goal of this study is to assess plasma biomarkers in healthy volunteers and patients with GBA-PD. These markers include measurements of sphingolipids, measurements of lysosomal function, alpha synuclein, and analysis of plasma exosomes. Achieving these goals will establish a target engagement assay at CHDR for future clinical studies, and help guide future biomarker strategies for this program.

## **Study objective**

### Primary Objectives

- Characterize day-to-day, within-day, intra-individual and inter-individual variability of GCase activity in healthy participants and patients with Parkinson's disease with a GBA1 mutation.

### Secondary Objectives

- Assess variability of sphingolipid pathway biomarkers in healthy participants and patients with Parkinson's disease with a GBA1 mutation. These biomarkers and the medium the biomarkers are measured in, are listed in table 1 of the protocol
- Assess variability of additional exploratory biomarkers (to be determined).

## **Study design**

This is a non-interventional phase 0 study, consisting of 2 arms of 8 to 12 participants each: healthy adults (HV) and patients with Parkinson's disease (PD) with heterozygous GBA1 mutations (GBA-PD). Intra-individual and inter-individual variability at multiple days and multiple timepoints throughout a single day will be evaluated.

## **Study burden and risks**

This is a non-interventional biomarker study. No investigational drug will be administered to the participants. Sampling of the biomarkers will be done via blood sampling and CSF sampling. All collections will be performed in a state-of-the-art clinical research unit and will be medically supervised by qualified medical staff. The blood sampling and CSF sampling are considered low risk procedures and the burden for the participants related to the study procedures will be kept to a minimum.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Male or female 50-80 years of age at screening (inclusive).
- BMI in the range of 18 - 32 kg/m<sup>2</sup>.
- for patients: Confirmed clinical diagnosis of Parkinson disease by a neurologist, based on presence of bradykinesia and either resting tremor and/or muscular rigidity in at least one limb.

### Exclusion criteria

- Significant haematological abnormalities during screening such as anaemia (haemoglobin level <7.0 mmol/L (males) or <6.0 mmol/L (females)), leukopenia, or any other significant abnormalities in clinical laboratory test values. A

WBC distribution will be determined to ensure (near) normal WBC distribution as determined by the investigator.

- Recent participation (<90 days / 5x T1/2) in an interventional study.
- Any other clinically significant neuro-degenerative disorder.

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Other

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 17-07-2023

Enrollment: 20

Type: Actual

### Medical products/devices used

Registration: No

## Ethics review

Approved WMO

Date: 18-07-2023

Application type: First submission

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek (Assen)

Approved WMO

Date: 13-09-2023

Application type: Amendment

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek (Assen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL84232.056.23