

# Deuterium Metabolic MRI and [18F]-flourodesoxyglucose Positron Emission Tomography for Assessment of Treatment Response Following Radioembolization of Liver Metastasis; pilot study,

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Primary objective: To assess feasibility of DMI for intrahepatic tumor detection. Secondary objectives: - Head-to-head comparison between DMI and FDG-PET/CT for intrahepatic tumor detection.- Assessment of requirements for spatial resolution and...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Metastases
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON56433

### Source

ToetsingOnline

### Brief title

DEplete

### Condition

- Metastases

### Synonym

cancer, livermetastasis

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Utrecht

**Source(s) of monetary or material Support:** AMRA,NWO Perspectief Grant 2022: MAESTRO project

## Intervention

**Keyword:** DMI, Livermetastasis, Radioembolization

## Outcome measures

### Primary outcome

To confirm safety and feasibility of 7T MRI scan prior to and after SIRT.

Assess the prognostic value of baseline parameters and the magnitude of metabolic changes in 7T MRI scan. Compare technical performance of DMI to standard-of-care FDG-PET/CT.

### Secondary outcome

n.a.

## Study description

### Background summary

Radioembolization, a.k.a. Selective Internal Radiation Therapy (SIRT), is a liver-directed therapy for patients suffering from hepatic metastases. As SIRT is a liver-directed treatment, only patients with liver-only or liver-dominant disease are eligible for treatment. FDG-PET/CT is known to outperform conventional anatomical imaging modalities (CT or MRI) for treatment response assessment, also being of prognostic value. Subsequently following SIRT, patients are restaged with FDG-PET/CT. However, optimal timing of restaging following treatment is unknown (most commonly after 1 or 3 months, according to local institutional guidelines). More importantly, intrinsic resolution of FDG-PET/CT limits its utility in patients with small metastases, as image quality is worsened by high background noise, due to physiologic FDG uptake / metabolism in normal liver parenchyma. Additionally, FDG as radiopharmaceutical

increases additional radiation burden to patients. This study will investigate the potential of metabolic 7T MRI, non-invasively imaging metabolites using X-nuclei (e.g. 31P MRSI) and more importantly, the application of Deuterium Metabolic Imaging (DMI) with non-radioactive deuterated glucose, as a potential alternative over FDG-PET/CT.

## **Study objective**

Primary objective: To assess feasibility of DMI for intrahepatic tumor detection.

Secondary objectives:

- Head-to-head comparison between DMI and FDG-PET/CT for intrahepatic tumor detection.
- Assessment of requirements for spatial resolution and motion correction for DMI
- Confirm safety and feasibility of DMI and 31P MRSI in clinical practice
- Investigate the potential of DMI and 31P MRSI derived parameters (imaging biomarkers) for early response prediction to trans-arterial radioembolization
- Determine the most relevant time point for response assessment during clinical follow-up (1 or 3 months after treatment)

## **Study design**

Pilot study, open-label, non-invasive, diagnostic study.

## **Study burden and risks**

Patients will receive SIRT in clinical care, and the diagnostic, non-invasive intervention in this study will be added to routine clinical care, having no influence on treatment management. Subjects will get a 7T MRI scan thrice, which will take max. 120 min. Before or during the scan, they will receive an oral dose of deuterated glucose (20 g) dissolved in water. Deuterium (2H) is a stable, non-radioactive, isotope of hydrogen, and biologically, deuterated glucose behaves identical to normal glucose. To avoid potential hyperglycemic complications, patients suffering from diabetes mellitus are not allowed to participate. No adverse effects have been observed with oral administration of deuterated glucose at the dosage which will be used in this study. No other burden or risks are expected. Subjects will not experience direct benefits by participating in this study. However data gathered from this study may have an impact on current clinical routine, mainly defining the best time point of response assessment following SIRT. Additionally, data derived from this study will be (re)used for subsequent phase 2 imaging studies on 7T MRI scan.

## Contacts

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Adults ( $\geq 18$  years)
- Referred for SIRT and deemed eligible by the multidisciplinary tumor board
- Size of at least one liver metastasis  $\geq 1$  cm on contrast enhanced CT / MRI (measurable according to RECIST 1.1) and 18FDG-avid metastatic liver disease (uptake  $>$  healthy liver uptake; measurable according to PERCIST)
- Written informed consent

### Exclusion criteria

- Patients having FDG-negative disease (according to PERCIST)
- Patients with diabetes mellitus

- Patients having a general contra-indication for SIRT
- Patients with contra-indications for 7T MR scanning
- Patient unable to complete study scan (laying still for a long time)
- Patient unable or incapable to follow study proceedings

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 01-02-2024

Enrollment: 15

Type: Actual

### Medical products/devices used

Generic name: 7T MRI

Registration: No

## Ethics review

Approved WMO

Date: 19-12-2023

Application type: First submission

Review commission: METC NedMec

## Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL85297.041.23