

# Guided growth of the proximal femur to prevent further;hip migration in cerebral palsy patients

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To determine whether guided growth of the proximal femur decreases the risk of further hip migration and need for further surgery in cerebral palsy patients.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Joint disorders
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON56489

### Source

ToetsingOnline

### Brief title

Guidance

### Condition

- Joint disorders

### Synonym

hip migration / dysplasia

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** for Wis(h)dom foundation

## Intervention

**Keyword:** cerebral palsy, children, guided growth, hip migration

## Outcome measures

### Primary outcome

Need for secondary (bony) surgery and/or progression to a migration percentage of > 50%.

### Secondary outcome

- Change in migration percentage
- Head shaft angle
- Complication rate
- Screw revision rate
- CP - child questionnaire

## Study description

### Background summary

In recent literature, the potential of guided growth of the proximal femur to modify hip growth in patients with cerebral palsy has been shown. Using medial hemi-epiphysiodesis of the proximal femur (TMH-PF) morphology of hips at risk of symptomatic (sub)luxation in cerebral palsy (CP) can be changed, aiming to reduce further hip migration and the need for more invasive surgical treatment modalities. Further research is necessary to assess if the results of TMH-PF in combination with adductor tenotomies are significantly better than the results of the current standard of care; adductor tenotomies alone.

### Study objective

To determine whether guided growth of the proximal femur decreases the risk of further hip migration and need for further surgery in cerebral palsy patients.

### Study design

Multicentre, randomized, controlled trial.

## **Intervention**

The intervention group undergoes an adductor tenotomy combined with temporary medial hemi-epiphysiodesis of the proximal femur. The control group undergoes an adductor tenotomy alone.

## **Study burden and risks**

- Both groups of patients will undergo surgery in accordance with the current standard of care.
- Both groups will have the same clinic appointments, including physical examination and radiological follow-up, in accordance with the current standard of care.
- Patients will be asked to fill out a CP - child preoperatively as well as at the 6 week postoperative mark and at the 1 year postoperative appointment [7].
- The group of patients undergoing TMH-PF will have additional surgical risks: Risk of infection, the need for screw revision. However, they might also benefit from the advantages of this technique in the form of preventing secondary bony surgery.
- All patients will undergo a low-dose CT scan directly postoperatively, at 2 years postoperatively and at 5 years postoperatively to assess 3-dimensional morphological changes of the hip.

## **Contacts**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Children (2-11 years)

### Inclusion criteria

- Spastic CP
- GMFCS level IV-V
- Aged 2-8 years
- Abduction in flexion  $\leq 40$  degrees
- Migration percentage of 30-50%
- Head shaft angle  $> 145$  degrees

### Exclusion criteria

- Not fit for surgery
- History of bony hip surgery to the affected hip
- Severe acetabular dysplasia defined as a gothic arch, a incongruent joint or an acetabular index  $> 30$  degrees, consistent with A2 and A3 acetabular deformity according to Robin and Graham

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

## Recruitment

NL  
Recruitment status: Recruiting  
Start date (anticipated): 06-04-2024  
Enrollment: 84  
Type: Actual

## Ethics review

Approved WMO  
Date: 16-02-2024  
Application type: First submission  
Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO  
Date: 05-09-2024  
Application type: Amendment  
Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL84133.078.24