

# Performance of a new real-time continuous glucose monitoring system: a validation study of the idi-CGM in type 1 diabetes

Published: 22-02-2024

Last updated: 08-02-2025

To establish the performance of the idi-CGM system among persons with DM.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Glucose metabolism disorders (incl diabetes mellitus)
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON56615

### Source

ToetsingOnline

### Brief title

Validation MySensible idi-CGM

### Condition

- Glucose metabolism disorders (incl diabetes mellitus)

### Synonym

diabetes mellitus

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Isala Klinieken

**Source(s) of monetary or material Support:** Dit is een investigator initiated onderzoek. MySensible voorziet in materialen en een unrestricted grant, MySensible

## Intervention

**Keyword:** Continuous glucose sensors, Diabetes mellitus, Glucose sensor

## Outcome measures

### Primary outcome

Primary outcome is the accuracy of the idi-CGM compared to Contour Plus Blue strip capillary measurement results during the 14-day study period.

### Secondary outcome

Secondary outcomes include (i) accuracy of the idi-CGM compared to the Dexcom G6 rt-CGM during the 14-day study period, (ii) accuracy of the idi-CGM during the standardized meal test and (iii) usability and satisfaction with the idi-CGM. Accuracy will (primarily) be analysed as according to the guidelines for Integrated Continuous Glucose Monitoring Approvals (Class II-510(K), (Parkes) error grid-, bias (including MARD), correlation, stability and Bland-Altman analysis.

## Study description

### Background summary

Continuous glucose monitoring (CGM) devices measure glucose concentrations continuously in the interstitial fluid. Accurate glucose measurements are of utmost importance for persons with diabetes mellitus (DM) as they guide management decisions. Sensible Healthcare Systems developed a novel real-time CGM device (rt-CGM), the idi-CGM. This device consists of microneedles (~1 mm), that are less invasive than currently available alternatives, and measures glucose in the dermis.

### Study objective

To establish the performance of the idi-CGM system among persons with DM.

## **Study design**

Prospective non-randomized cohort study assessing the performance of the idi-CGM as compared to the gold standard (capillary measurements using Contour Plus Blue monitoring system (Ascencia Diabetes Care) and a commonly used real-time CGM (rt-CGM) device (Dexcom G6). Measurements will be performed during a 14-day study period which includes an in-clinic visit to perform a standardized glucose load test.

## **Intervention**

Patients wear a new device that measures glucose.

## **Study burden and risks**

Participants will be asked to wear two glucose monitoring devices at once and to measure their capillary blood glucose levels at regular intervals (at least 4, but preferably 7 times daily). Furthermore, there is a 2-hour in-hospital standardized glucose challenge test.

## **Contacts**

### **Public**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- presence of type 1 DM;
- age between 18 and 75 years old.

### Exclusion criteria

- A history of allergies towards (microneedle) patch substances/adhesive;
- The inability to understand the Dutch language;
- Oral or injected steroid using within the past 3 months
- Pregnancy or planned pregnancy
- Uncontrolled thyroid disease or hypertension
- Poor visual acuity
- Inability or unwillingness to meet the protocol requirements
- Any severe or uncontrolled medical or psychological condition which, in the opinion of the investigator, would compromise the ability to meet protocol requirements.

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status:	Pending
Start date (anticipated):	15-10-2026
Enrollment:	15
Type:	Anticipated

## Medical products/devices used

Generic name:	Idi continue glucose monitoring device
Registration:	No

## Ethics review

Approved WMO	
Date:	22-02-2024
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	30-10-2024
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL77715.000.22