

# Blood Pressure Treatment by the Corsano CardioWatch 287-2 Evaluation Study

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To assess the ability to track blood pressure decrease measured by the Corsano CardioWatch 287-2 after a period of 28 days of antihypertensive drug treatment initiation, uptitration or change in antihypertensive drugs.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Vascular hypertensive disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON56722

### Source

ToetsingOnline

### Brief title

BPTreat Study

### Condition

- Vascular hypertensive disorders

### Synonym

high blood pressure, hypertension

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Corsano Health B.V.

**Source(s) of monetary or material Support:** Corsano Health B.V.

## Intervention

**Keyword:** blood pressure, drug treatment change, remote patient monitoring, wristband

## Outcome measures

### Primary outcome

Absolute decrease and standard deviation of SBP and DBP after change of treatment measured by the Corsano Cardiowatch 287-2 after 28 days, compared to blood pressure measured by an automatic blood pressure cuff.

### Secondary outcome

(1) Mean bias and limits of agreement between blood pressure measured by the Corsano CardioWatch 287-2 and blood pressure measured by an automatic blood pressure cuff.

(2) Pearson correlation coefficient between blood pressure decrease measured by the Corsano CardioWatch 287-2 and blood pressure decrease measured by an automatic blood pressure cuff.

## Study description

### Background summary

Wearables have the potential to monitor patients remotely. The Corsano CardioWatch 287-2 is such a medical device that can monitor long-term blood pressure. The device has been validated using clinical trials in hospitals, but evaluation in the intended remote setting during treatment is lacking.

### Study objective

To assess the ability to track blood pressure decrease measured by the Corsano CardioWatch 287-2 after a period of 28 days of antihypertensive drug treatment initiation, uptitration or change in antihypertensive drugs.

## Study design

Observational study in which blood pressure will be measured by the investigative device and a reference device at pre-treatment and after 28 days. The investigative device is the Corsano CardioWatch 287-2, which measures blood pressure through optical photoplethysmography (PPG). The reference method involves an automatic blood pressure cuff.

## Study burden and risks

The study involves wearing of the Corsano CardioWatch 287-2 for 28 days and blood pressure measurements at the beginning and ending of this period, which does not impose a significant risk to the patient but does call on the patient's time for a longer period of time. The study is necessary for the evaluation of the Corsano CardioWatch 287-2 in its intended remote care setting. The device has the potential to improve the monitoring of blood pressure during antihypertensive drug treatment initiation, uptitration or change in antihypertensive drugs, which can provide doctors with more insight into a patient's hemodynamics. This potential can only be realized by conducting the study and having patients wear the wristband at home for an extended period of time during a change in antihypertensive treatment.

## Contacts

### Public

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### Scientific

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## Trial sites

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- \* aged between 18 and 80 years old;
- \* able to provide consent;
- \* has uncontrolled blood pressure and medical indication for antihypertensive drug treatment initiation, up titration or change in antihypertensive drugs.

### Exclusion criteria

- \* unable to wear the Corsano CardioWatch 287 due to reasons such as allergic reactions, wounds, amputations etc.;
- \* unable to receive blood pressure measurements per cuff due to lymphedema, amputation, dialysis shunt, wounds, etc.;
- \* pregnant women;
- \* breastfeeding women;
- \* upper arm circumference not within the cuff range (22-42 cm)
- \* unable or not willing to sign informed consent;
- \* significant mental or cognitive impairment

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL  
Recruitment status: Recruiting  
Start date (anticipated): 02-07-2024  
Enrollment: 80  
Type: Actual

## Medical products/devices used

Generic name: Corsano CardioWatch 287-2  
Registration: Yes - CE intended use

## Ethics review

Approved WMO  
Date: 18-04-2024  
Application type: First submission  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
metc-ldd@lumc.nl

Approved WMO  
Date: 05-08-2024  
Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL85769.058.23