

# CONNECT2GROW-UP; Screening, monitoring and care network in families with a parent with a psychiatric disorder

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In this project, we will conduct research within a learning and development framework to explore the barriers in adult mental health care (V-GGZ) and how and when screening and monitoring for KOPP (Children of Parents with Psychiatric Problems) can...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Mood disorders and disturbances NEC
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON56916

### Source

ToetsingOnline

### Brief title

CONNECT2GROW-UP

### Condition

- Mood disorders and disturbances NEC

### Synonym

Severe mental illness

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** ZonMW

## **Intervention**

**Keyword:** COPMI, Offspring, Risk, Severe Mental Illness

## **Outcome measures**

### **Primary outcome**

Insight into inhibiting and facilitating factors for parents, children, and healthcare providers regarding screening, monitoring, and care referral for parents with psychiatric problems will be transformed into a practical guide for families and professionals. This guide aims to facilitate discussions about the impact of psychiatric issues within families at various points during treatment and provide appropriate support when needed

### **Secondary outcome**

- Questionnaires are used to assess family functioning, parental burden, and emotional and behavioral problems in parents and their children. Additionally, data related to subsequent follow-up care (referrals elsewhere, no follow-up, etc.) is recorded. These data are utilized in healthcare for screening, indication, and descriptive statistics. Furthermore, the type of care recommended during the process is documented.
- Using the Screening and Intervention Choice List, the research psychologist collaborates with the family and involved healthcare providers to create an explanatory analysis, focusing on risk factors, protective factors, and maintenance factors

# Study description

## Background summary

The main risk factor for developing psychiatric problems is the occurrence of psychiatric issues within the family. In the Netherlands, 1 in 4 children grows up with parents who have psychiatric problems (known as KOPP, which stands for \*Kinderen van Ouders met Psychiatrische Problemen\*). Children of parents with psychiatric issues have 2-3 times higher chances of developing psychiatric problems themselves. Within adult mental health care (V-GGZ), 1 in 2 patients has children. However, these children are rarely well-documented, and screening and preventive measures for them are limited. Additionally, there is often a lack of a life course perspective, where problems can fluctuate in severity, necessitating monitoring. Gaps in knowledge about early recognition of children's problems, limited understanding of the care network structure between V-GGZ, Youth Mental Health Care (J-GGZ), and youth support, and healthcare providers' hesitancy due to parental stigma are identified as inhibiting factors.

## Study objective

In this project, we will conduct research within a learning and development framework to explore the barriers in adult mental health care (V-GGZ) and how and when screening and monitoring for KOPP (Children of Parents with Psychiatric Problems) can be implemented. We will investigate these research questions collaboratively with families and healthcare providers working in V-GGZ, Youth Mental Health Care (Jeugd GGZ), and youth support services. The primary goal of this research is to gain insights into both facilitating and inhibiting factors, as well as knowledge gaps related to screening and monitoring for KOPP.

## Study design

Action-oriented qualitative descriptive research is divided into three projects:

Project 1: Focus groups with healthcare providers and policy officers from 8 to 10 institutions, discussing screening and monitoring.

Project 2: Interviews and feedback sessions with 10 parents/families currently undergoing treatment in adult mental health care (V-GGZ) at institutions such as Erasmus MC, PsyQ, Antes or other sGGZ organizations in the Rotterdam area. The focus will be on screening, monitoring, and digital personal health environments.

Project 3: Interviews and feedback sessions with 10 families who previously participated in the \*Connect2Grow\* learning and improvement project. This project was a collaboration between the departments of Gynecology & Obstetrics

and Child and Adolescent Psychiatry/Psychology. In addition to screening, monitoring, and digital personal health environments, this project will also consider the life course

## **Study burden and risks**

Participation in the research requires a time commitment. In Project 1, we will collaborate with chain partners to explore desirable care related to prevention or intervention. During a one-time 4-hour focus group, we will determine how parties can best collaborate. After 12 months, another session (maximum 4 hours) will be organized to present preliminary results and reanalyze experiences up to that point.

For Projects 2 and 3, the involvement includes two interview sessions lasting 30-45 minutes each, along with a 60-minute feedback session. If desired, participants can engage in up to 4 additional conversations based on screening questionnaires over a 9-month period. These conversations will be conducted by a research psychologist, who also works in youth mental health care (Jeugd GGZ). If necessary, feedback will be provided to the participant's own therapist, with consent requested.

The qualitative interviews will consist of open-ended questions, with participants' experiences guiding the discussions. Regarding the time commitment, we aim to strike a balance between the family's capacity and the demands placed on them. Conversations can take place at home or online as needed. The research will be conducted alongside existing treatment

## **Contacts**

### **Public**

Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr. Molewaterplein 40  
Rotterdam 3015GD  
NL

### **Scientific**

Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr. Molewaterplein 40  
Rotterdam 3015GD  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adolescents (12-15 years)

Adolescents (16-17 years)

Adults (18-64 years)

Children (2-11 years)

Babies and toddlers (28 days-23 months)

### Inclusion criteria

Project 1: Healthcare Providers and Policy Staff:

Healthcare providers and policy staff working at one of the following institutions: Erasmus MC, PsyQ, Antes, MijnKind/Ivido, De Opvoedpoli, Gemeente Rotterdam, Indigo, and iHub.

Project 2: Screening and Monitoring Children of Parents with Psychiatric Disorders (KOPP) in Adult Psychiatry:

Currently receiving outpatient care within a specialized mental health institution (sGGZ) and has one or more children aged 0 to 25 years (Index participant).

OR is a child or partner of the aforementioned parent.

OR is involved as a caregiver in the treatment of a parent with psychiatric issues.

Project 3: Follow-up Connect2Grow-up:

Participation in the previous Connect2Grow project (Index participant).

Parent is familiar with a psychiatric diagnosis according to DSM-5 criteria.

OR is a child or partner of the aforementioned parent.

OR is involved as a caregiver in the treatment of a parent with psychiatric issues.

### Exclusion criteria

Project 1: Healthcare Providers

Insufficient proficiency in the Dutch language.

Project 2: Screening and Monitoring Children of Parents with Psychiatric Disorders (KOPP) in Adult Psychiatry

Insufficient proficiency in the Dutch language.

The adult is unable to comprehend all aspects of the study and provide informed consent.

Current legal measure.

Ongoing Safe Home reporting code.

Project 3: Follow-up Connect2Grow

There is no consent for contacting for follow-up research.

The adult is unable to comprehend all aspects of the study and provide informed consent.

Current legal measure.

Ongoing Safe Home reporting code.

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Prevention

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 23-09-2024

Enrollment: 30

Type: Actual

### Medical products/devices used

Registration: No

## Ethics review

Approved WMO

Date: 25-07-2024

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO

Date: 27-09-2024

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO

Date: 14-01-2025

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL86491.078.24