Lifestyle Self-Monitoring of Individualized Multiple Risk Factor Management towards Disease Modification of Dementia and other Age-related Diseases ;Pilot Study: DEVELOPMENT OF A PERSONALIZED MULTI COMPONENT LIFESTYLE INTERVENTION AND TESTING OF THE BAM-COG TOOL AGAINST COGNITIVE DECLINE.

Published: 22-10-2024
Last updated: 22-12-2024

Zie onderzoeksprotocol.

Ethical review	Approved WMO
Status	Pending
Health condition type	Other condition
Study type	Interventional

Summary

ID

NL-OMON57059

Source
ToetsingOnline

Brief title
Lifestyle Selfie Study: Pilot

Condition

- Other condition
- Dementia and amnestic conditions
- Lifestyle issues

Synonym
alzheimers' disease, cognitive decline, dementia

Health condition

lichte cognitieve stoornissen, geheugenklachten/stoornissen.

Research involving
Human

Sponsors and support

Primary sponsor: Radboud Universitair Medisch Centrum
Source(s) of monetary or material Support: Health Holland,Orikami BV,Predica Diagnostics BV,SGH (meerdere gezondheidsfondsen zijn hierbij aangesloten waarvan deels inkomsten heeft van collectes)

Intervention

Keyword: Bio-marker, Cognitive decline, Lifestyle, Self-monitoring

Outcome measures

Primary outcome

Zie onderzoeksprotocol.

Secondary outcome

Zie onderzoeksprotocol.

Study description

Background summary

Zie onderzoeksprotocol.

Study objective

Zie onderzoeksprotocol.

Study design

Zie onderzoeksprotocol.

Intervention

Zie onderzoeksprotocol.

Study burden and risks

Zie onderzoeksprotocol.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)
Elderly (65 years and older)

Inclusion criteria

Inclusion criteria are: subjective memory complaints, the ability to operate a smartphone, and basic Dutch language proficiency. These criteria will primarily target individuals aged 50+.

Exclusion criteria

Life expectancy of <12 months, Familial dementia (Alzheimers Disease), inability to communicate with researchers due to visual, verbal or motor impairments.

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Prevention

Recruitment

NL

Recruitment status:	Pending
Start date (anticipated):	01-09-2024
Enrollment:	100
Type:	Anticipated

Medical products/devices used

Registration:	No

Ethics review

Approved WMO Date:	22-10-2024
Application type:	First submission
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL87040.091.24