# Blood immune analysis for precision diagnosis of medication allergy

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Ethical review	Approved WMO
Status	Pending
Health condition type	Allergic conditions
Study type	Observational invasive

## Summary

#### ID

NL-OMON57077

**Source** ToetsingOnline

Brief title Immune monitoring of medication allergy

## Condition

• Allergic conditions

Synonym Medication allergy

**Research involving** Human

## **Sponsors and support**

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam **Source(s) of monetary or material Support:** Ministerie van OC&W

#### Intervention

Keyword: blood test, medication allergy, sensitization, type I hypersensitivity

#### **Outcome measures**

#### **Primary outcome**

The main study parameter is the detection of allergen-specific IgE, either

soluble in plasma or on the cell surface of immune cells. Allergic

sensitization will be defined as detection of IgE concentrations above the 95th

percentile of that detected in unaffected controls

#### Secondary outcome

NA

# **Study description**

#### **Background summary**

Allergic responses to medication can be life-threatening and require future avoidance. As this can involve important, common drugs, such as antibiotics, Nonsteroidal anti-inflammatory drugs (NSAIDs), and contrast material for radiology images, this posed an increasing challenge in health care. Importantly, less than 10% of reported adverse events constitute a true allergic response, and the majority of patients with a presumed allergy unnecessarily avoid medications. This is due to a lack of precision diagnostics for drug allergy sensitization that does not require a challenge test.

#### **Study objective**

The primary objective of this study is to determine if medication allergy sensitization can be accurately determined through a laboratory test with a patients\* blood sample. The secondary objective is to develop a laboratory assay that can be applied to perform differential diagnosis, e.g. to investigate cross-allergy between multiple beta-lactam antibiotics to inform whether the patients can tolerate one class or has to avoid all.

#### Study design

This is an observations study into which adults are recruited with a proven allergic response to medication, such as antibiotics, contrast reagents, anesthetics, NSAIDs, lidocaine, biologicals and peri-operative drugs. All recruits will be asked to donate 50mL of venous blood for laboratory analysis. In addition, they will be asked to share basic demographics (age, sex, medical history); details of allergic responses and current medication use will be obtained from their medical records.

#### Study burden and risks

There is no perceived risk to the participants, investigators or institution. Participants are having an additional 50 mL of blood sample taken along with routine care. All blood sampling will follow Good Clinical Practice. This research will not provide a direct therapeutic benefit to the participant, as they will continue to receive standard treatment of care. However, we hope it will contribute to improving treatment and monitoring of allergy in the future.

This research will aid in identifying potential biomarkers of allergy and its treatment. This will have positive impacts in the field of Allergy by potentially improving patient diagnosis and treatment.

# Contacts

#### Public

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# **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### **Inclusion criteria**

- Aged 18 years or older
- Have recently been diagnosed with a type I medication allergy
- Provided written informed consent

## **Exclusion criteria**

- Under systemic immunosuppressive treatment
- History of hematological malignancy, immunodeficiency or autoimmune disease
- Active infection

# Study design

## Design

Study type: Observational invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Basic science	

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-10-2024
Enrollment:	400
Туре:	Anticipated

## Medical products/devices used

**Registration:** 

No

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# **Ethics review**

Approved WMO Date: Application type: Review commission:

29-10-2024 First submission METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register CCMO **ID** NL87449.078.24