

# Exploration of the effects of HFS-induced secondary hyperalgesia on the NDT-EP method with paired probing stimuli

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON57266

### Source

ToetsingOnline

### Brief title

Effects of HFS on the NDT-EP method with paired probing

### Condition

- Other condition

### Synonym

central sensitization, Chronic pain

### Health condition

chronic pain

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Research Group Biomedical Signal and Systems (BSS), University of Twente

**Source(s) of monetary or material Support:** TKH-HTSM Connecting Industries subsidie

## Intervention

**Keyword:** evoked potentials, high-frequency stimulation (HFS), intra-epidermal electrical stimulation, secondary hyperalgesia

## Outcome measures

### Primary outcome

NDTs, EPs, and subjective ratings (NRS) of the perceived strength of mechanical punctuate stimuli will be collected from a testing (HFS) and a control site, before and 20 minutes after induction of secondary hyperalgesia using HFS.

### Secondary outcome

Response Time: Subject\*s response time.

Participant Characteristics: Age and sex, handedness.

## Study description

### Background summary

In Europe, pain is considered the major cause of disability and disease burden affecting 20.27% of the population over 18 years of age. A class of syndromes characterized by a persistent pain lasting over normal healing times is defined as Chronic Pain Syndromes. Central sensitivity is a phenomenon associated to chronic pain and is defined by the occurrence of unpleasant sensations in response to normally-innocuous stimuli. The increased sensitivity over an injured area is known as primary hyperalgesia, whereas the spreading of sensitization to an uninjured, adjacent region is called secondary hyperalgesia. The underlying mechanism of secondary hyperalgesia is also addressed as central sensitization, since sensitized neurons are located in the central nervous system (i.e. dorsal horn of the spinal cord) and contribute to neurogenic hyperalgesia. Thus, investigating the alteration of nociceptive processing might yield to an understanding of the mechanisms generated by

central sensitization and resulting in secondary hyperalgesia. However, further investigation of underlying mechanisms occurring in central sensitization has been challenging due to the lack of an objective measure of peripheral and central sensitivity.

In general it is difficult to measure how much pain one is experiencing as numerical scores are dependent on personal experiences and thus subjective. Over the past few years, the BSS group of University of Twente has developed the NDT-EP a new method for combined observation of Nociceptive Detection Thresholds (NDT) and Evoked Potentials (EP) to investigate brain activation in response to nociceptive stimuli via intra-epidermal electrocutaneous stimulation (IES). Several studies with the NDT-EP methods have demonstrated differences between patients and pain-free subjects and treatment effects. A next step is to link these findings to well-known mechanisms underlying changes in the nociceptive function, like central sensitization, which can be studied using experimentally induced secondary hyperalgesia. The High Frequency Stimulation (HFS) paradigm is an established and well characterized experimental model for induction of secondary hyperalgesia. Therefore, the goal of this study is to explore HFS induced changes in NDT-EP measurement results in pain-free subjects. For this purpose, the NDT-EP method is extended with a paired probing feature to also capture the coding of well-defined suprathreshold stimuli simultaneously in the evoked potentials.

## **Study objective**

The primary objectives are to describe NDTs from double pulse IES stimuli before and 20 minutes after HFS induced secondary hyperalgesia, as verified by responses to mechanical pinprick stimuli, and describe EPs of detected double pulse IES stimuli and of paired quadruple pulse IES stimuli of equal amplitude.

The secondary objective is to evaluate the effects of HFS on nociceptive gating (threshold) and coding (EP) by comparing pre- and post-HFS NDT and EPs, and EPs from double and quadruple pulse stimuli.

## **Study design**

Mono-center, cross-sectional study

## **Study burden and risks**

All participants will be asked to come to the Human Physiology Lab of the BSS Group at the University of Twente for one session that is split up in two parts. In the first part, the participant is familiarized with the stimuli of the IES electrode during the NDT-EP measurement by stepwise application of increasing stimuli until the sensation is clearly felt and with one train of HFS. HFS trains induce a painful but short sensation and are generally

experienced as the most unpleasant part of the experiment. After the first part of the experiment, the subject is invited to proceed with the second part of the experiment.

In the second part of the NDT-EP method will be performed. The participant will receive randomized stimuli around the detection threshold and suprathreshold according to the paired probing paradigm. The sensations of these stimuli are best described as brief pinpricks. Next five trains of HFS are administered after which a second series of the NDT-EP and paired probing stimuli are given. During the entire duration of the experimental session cortical activity of the subject will be recorded using an EEG cap. The participants will obtain no direct personal benefit for their personal health but will be compensated for their participation.

## Contacts

### Public

Research Group Biomedical Signal and Systems (BSS), University of Twente

Drienerlolaan 5  
Enschede 7522NB  
NL

### Scientific

Research Group Biomedical Signal and Systems (BSS), University of Twente

Drienerlolaan 5  
Enschede 7522NB  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

## Inclusion criteria

Age between 18 and 40 years old

## Exclusion criteria

- Participant refusal during the study
- Language problems
- Skin problems at site of stimulation or EEG recording
- Diabetes
- Small fiber neuropathy
- Implanted stimulation device
- Pregnancy
- Usage of analgesics within 24 hours before the experiment
- Consumption of alcohol or drugs within 24 hours before the experiment
- Pain complaints at the time of the experiment
- A medical history of chronic pain
- Having a position of dependency on one or more of the researchers (i.e. being directly supervised and graded by one of the researchers).

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 04-11-2024

Enrollment: 20

Type: Anticipated

## Medical products/devices used

Registration: No

## Ethics review

Approved WMO

Date: 14-01-2025

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL88051.091.24