# Towards optimal treatment for high risk prostate cancer; stereotactic pelvic radiotherapy with focal boost to the primary tumor

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Determine the safety (oncologica! outcome and toxicity) of an comprehensive treatment combining recent advances in the treatment of high risk prostate cancer.

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Reproductive neoplasms male malignant and unspecified
Study type	Interventional

# Summary

# ID

NL-OMON57329

**Source** ToetsingOnline

**Brief title** HypoPRIME

# Condition

• Reproductive neoplasms male malignant and unspecified

**Synonym** prostate cancer

**Research involving** Human

# **Sponsors and support**

**Primary sponsor:** Haaglanden Medisch Centrum **Source(s) of monetary or material Support:** HMC wetenschapsfonds

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### Intervention

Keyword: boost, optimalization, prostate, stereotactic

### **Outcome measures**

#### **Primary outcome**

Biochemical recurrence free survival and late toxicity

### Secondary outcome

Overall survival; Metastasis Free survival at 5 years; pattern of failure

(based on PSMA in case of biochemical recurrence)

# **Study description**

#### **Background summary**

Recently several randomized trial have shown benefits of changes made to radiotherapy of (high risk) localized prostate cancer patients: A focal boost was shown to improve outcome in men with intermediate/high risk prostate cancer (FLAME trial). Elective lymph node irradiation was shown to improve outcome in high risk prostate cancer patients (POP-RT). (Extreme) hypo fractionation was shown to be safe for low/intermediate risk prostate cancer patients. In addition: the added benefit of ADT (with substantial toxicity) seems reduced with improvements made to treatment and diagnosis in recent years (DART 01/05); own recent work on this topic; to be published)). None off the above were combined into one ideal treatment for high risk prostate cancer.

### **Study objective**

Determine the safety (oncologica! outcome and toxicity) of an comprehensive treatment combining recent advances in the treatment of high risk prostate cancer.

### Study design

Prospective cohort study with matched contemporary controlgroup

#### Intervention

Hypofractionated pelvic radiotherapy with boost to primary tumor in the prostate

### Study burden and risks

The total number of irradiations is reduced from 25 to 5, which reduces the patient's burden compared to standard treatment. This treatment is expected to have similar outcomes (oncologica! outcome/ toxicity). This will be evaluated in an interim analysis with clearly defined stopping criteria. Stopping rule: If short term toxicity >= grade 3 exceeds 8%, no further patients will be included

# Contacts

#### Public

Haaglanden Medisch Centrum

Burgemeester Banninglaan 1 Leidschendam 2262BA NL **Scientific** Haaglanden Medisch Centrum

Burgemeester Banninglaan 1 Leidschendam 2262BA NL

# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age Adults (18-64 years)

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Elderly (65 years and older)

### **Inclusion criteria**

• Men (aged >18 years of age) diagnosed within 6 months before inclusion with igh risk prostate cancer. • T3 based on digital rectal examination AND/OR o Grade >= 4 AND/OR - PSA >=20 ug/L

• Indication for elective lymph node irradiation (based on current clinical guidelines) OR N1 on imaging (with a maximum of 4 suspect lymph nodes)

### **Exclusion criteria**

- Prior pelvic radiotherapy
- TransUrethral Resection of the Prostate (TURP) &It; 3 months ago
- Prostatectomy or other primary treatment for prostate cancer (e.g. HIFU, cryotherapy, etc)
- contraindications to MRI
- no visible lesion on MRI in prostate for boost
- no PSMA-PET scan
- inflammatory bowel disease
- metastatic disease (M1)· PSA >50
- unsuitable for SBRT or WPRT
- medical history of cancer other than basal cell carcinoma of the skin

# Study design

### Design

Study type:InterventionalIntervention model:OtherAllocation:Non-randomized controlled trialMasking:Open (masking not used)Control:ActivePrimary purpose:Treatment

### Recruitment

NL Recruitment status:

Recruiting

Start date (anticipated):	02-01-2024
Enrollment:	207
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	20-11-2023
Application type:	First submission
Review commission:	METC Leiden-Den Haag-Delft (Leiden)
	metc-ldd@lumc.nl
Approved WMO	
Date:	27-02-2025
Application type:	Amendment
Review commission:	METC Leiden-Den Haag-Delft (Leiden)
	metc-ldd@lumc.nl

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

**Register** CCMO **ID** NL85572.058.23