# Seniors' views ageing

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How do middle-aged people in the northern Netherlands, both with and without a migration background, prepare for aging, and what support do they need?

Ethical review Not available Status Pending

**Health condition type** Other condition

**Study type** Observational non invasive

# **Summary**

#### ID

NL-OMON57488

#### Source

Onderzoeksportaal

#### **Brief title**

Preparations towards ageing - insights and needs of middle-aged people in Northern Netherlands, with and without a migration background

#### **Condition**

• Other condition

#### **Synonym**

Ageing

### **Research involving**

Human

## **Sponsors and support**

**Primary sponsor:** Rijksuniversiteit Groningen

Source(s) of monetary or material Support: Eerste geldstroom (geld van Ministerie van

OC&W aan universiteiten)

#### Intervention

Other intervention

### **Explanation**

N.a.

### **Outcome measures**

### **Primary outcome**

Insight in needs and recommendations for policy and practice of senior Dutch people

### **Secondary outcome**

NA

# **Study description**

#### **Background summary**

Society is aging, and the demand for support is increasing. This research focuses on how middle-aged people in the northern Netherlands, both with and without a migration background, prepare for aging. Preparing for aging is a crucial topic to enable older adults to live at home for as long as possible.

Middle-aged individuals (47-63 years old) are in a phase of life where they make important decisions about health, housing, finances, and social networks. For people with a migration background, a complex mix of cultural, social, and structural factors often influences their preparation.

Little is known about how this group prepares for aging and what they need to make this transition successful.

### **Study objective**

How do middle-aged people in the northern Netherlands, both with and without a migration background, prepare for aging, and what support do they need?

### Study design

observational study, with interviews (qualitative study design)

#### Intervention

seniors/ middle-aged people

## Study burden and risks

no burden or risks are involved. Benefit is more understanding and adjustment of policy and practice for senior Dutch people.

# **Contacts**

#### **Scientific**

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#### **Public**

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# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years)

### **Inclusion criteria**

age between 48 and 64

### **Exclusion criteria**

not target population/ not living in Northern Netherlands

# Study design

## **Design**

Study phase: N/A

Study type: Observational non invasive

Intervention model: Single

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Health services research

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-02-2025

Enrollment: 30

Duration: 5 months (per patient)

Type: Anticipated

# Medical products/devices used

Product type: N.a.

# **IPD** sharing statement

Plan to share IPD: Yes

#### Plan description

data is stored at the Groningen University repository for researchers, at Aletta Jacobs School of Public Health

Interviews will be transcribed, after transcription the recordings are deleted and all data will be stored anonymously and stored with respect to the legal storing time.

Data is available upon request by the researchers for further analysis or reuse.

# **Ethics review**

Not available

Date: 13-03-2025

Application type: First submission

Review commission: CCMO

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

Research portal NL-009417