

# PSMA Detect

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Renal and urinary tract neoplasms malignant and unspecified
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON57497

### Source

Onderzoeksportaal

### Brief title

PSMA Detect

### Condition

- Renal and urinary tract neoplasms malignant and unspecified

### Synonym

prostate cancer

### Research involving

Human

### Sponsors and support

**Primary sponsor:** St. Antonius Ziekenhuis

**Source(s) of monetary or material Support:** Antonius Onderzoeksfonds

### Intervention

- Intervention with ionizing radiation

## Explanation

N.a.

## Outcome measures

### Primary outcome

Detection rates of ISUP GG $\geq$ 2 PCa in target biopsies of PSMA PET/CT lesions, which were not detected, by systematic biopsies.

### Secondary outcome

- Detection rates of ISUP GG $\geq$ 2 PCa in systematic biopsies in case of negative or equivocal MRI and PSMA PET/CT.  
- Detection rates of ISUP GG $\geq$ 2 PCa in systematic biopsies and negative or ISUP GG 1 result of PSMA lesion target biopsies.  
- Level of SUVmax in correlation with with ISUP GG  $\geq$ 2 PCa.  
- Detection of clinically insignificant PCa (ISUP GG 1) in both PSMA-guided target biopsies and in systematic biopsies  
- Percentage of change in management in case of upgrading based on PSMA-guided biopsies.  
- Cost-effectiveness of an extra PSMA PET/CT scan.

## Study description

### Background summary

In the current biopsy strategy based on MRI imaging of the prostate, approximately 10% of significant prostate cancers (sPCa) are missed. The addition of a PSMA PET/CT scan in a select group of patients may potentially detect these missed sPCa cases. Data from the PASPoRT study, conducted at our institution, supports the hypothesis that PSMA PET/CT can provide added diagnostic value. This study focused on patients with low-risk prostate cancer. Following the addition of PSMA PET/CT and targeted biopsies of suspicious PSMA lesions, 9% of patients experienced upstaging. In a subgroup with a PSA density (PSA divided by prostate volume)  $\geq 0.15$ , the rate of upstaging was as high as 35%.

In the present study, we aim to evaluate the detection of sPCa using an additional PSMA PET/CT scan in men with a negative or equivocal MRI (PIRADS 1-3) scan but a high suspicion of sPCa due to elevated PSA density.

### Study objective

The primary objective of this study is to evaluate the added value of PSMA PET/CT and PSMA-targeted biopsies of PSMA-avid lesions in detecting ISUP GG  $\geq 2$  prostate cancer in patients with a negative or equivocal MRI (PIRADS 1-3) and a PSA density of  $\geq 0.20$  ng/ml/cm<sup>3</sup>. Additionally, we aim to assess the number of ISUP GG  $\geq 2$  cases detected through systematic

biopsies that are not identified by PSMA-targeted biopsies or in the absence of a PSMA-avid lesion. This evaluation seeks to determine whether systematic biopsies are necessary when no PSMA-avid lesion is present for targeted biopsy.

## **Study design**

Prospective observational cohort study

## **Intervention**

Patients with a high suspicion of prostate cancer (PCa) based on elevated PSA levels and/or abnormal digital rectal examination(DRE), and a prostate-specific antigen density (PSAD)  $\geq 0.20$  ng/ml/cm<sup>3</sup>, but with a negative or equivocal prostate MRI result(PIRADS 1-3) will undergo an extra PSMA PET/CT.

## **Study burden and risks**

Participation in the study may allow for earlier detection of more aggressive histology. In addition to standard care (including: MRIs can, systematic transperineal biopsies, targeted biopsies of MRI lesions), a PSMA-PET/CT scan will be performed. The PSMA-PETscan will require an extra visit, iv drip and small radiation burden. If there is a visible lesion on PSMA PET/CT, an extra target biopsy will be performed with a potential higher risk of complication: hematospermia, hematuria, infection, fever, pain). The risk of fever and infection is nihil, due to the transperineal biopsy technique that will be used.

## **Contacts**

### **Scientific**

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### **Public**

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## Trial sites

### Trial sites in the Netherlands

St. Antonius Ziekenhuis

Target size: 50

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Men aged > 18 years old
- PSA 3-20 ng/ml
- Negative or equivocal MRI (PIRADS 1-3)
- PSAD  $\geq 0.20$  ng/ml/cm<sup>3</sup>, which should be measured with at least two PSA results (for example one of the general practitioner and one of the urologist)
- Mentally competent and understanding of benefits and potential burden of the study.
- Written and signed informed consent.
- Willing to undergo study protocol (systemic biopsies plus target biopsies of a lesion visible on PSMA PET/CT)

### Exclusion criteria

- PSA > 20 ng/ml
- Men who have previously undergone a prostate biopsy
- Men who have a prior PCa diagnosis
- Using any (anti-)hormonal therapy
- Not fulfilling inclusion criteria
- Inability to undergo MRI (i.e., claustrophobia, metal implants)
- Inability to undergo PSMA PET/CT (i.e., allergic reaction to <sup>68</sup>Ga-PSMA or other contrast fluids, claustrophobia)

## Study design

### Design

Study phase:	N/A
Study type:	Observational invasive
Intervention model:	Single
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Diagnostic

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-05-2025
Enrollment:	50
Duration:	6 months (per patient)
Type:	Anticipated

### Medical products/devices used

Product type:	N.a.
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### IPD sharing statement

**Plan to share IPD:** No

#### Plan description

N.a.

## Ethics review

Approved WMO	
Date:	07-04-2025
Application type:	First submission
Review commission:	MEC-U

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
Research portal	NL-009325