

Effects of a participatory work stress prevention approach in primary education in the Netherlands

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At two-year follow up, employees of the intervention schools report significantly lower levels of work stress and work stress risks as compared to employees of the control schools

Ethische beoordeling	Niet van toepassing
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON19927

Bron

Nationaal Trial Register

Verkorte titel

VIVO

Aandoening

Work stress

Ondersteuning

Primaire sponsor: TNO, VUmc, Stip, Cordeo

Overige ondersteuning: TNO, Stip, Cordeo

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

work stress

Toelichting onderzoek

Achtergrond van het onderzoek

To date work stress is a serious problem, especially among workers in primary education. Decades of research underline the importance of a participatory, organizational-level work stress prevention approach. In this approach measures are planned to tackle causes of work stress in a participatory manner and implemented by a working group consisting of members of the organization. This study evaluates a work stress prevention approach that is implemented in primary education.

The work stress prevention approach consists of five steps: 1) preparation: installing an advisory board and working groups, 2) risk assessment: inventory of work stress risks (questionnaires and focus groups). In addition, a behavioral analysis is performed to build a logic model of change to facilitate the selection of actions, 3) action planning: conducting an action plan with measures to target risks (focus groups), 4) implementation: implementation of the action plan. During implementation progression on target behaviors and implementation factors are monthly monitored and fed back to the implementors, and 5) evaluation: effects of the approach are studied in a controlled-trial with measurements at baseline (T0), one-year (T1) and two-year (T2) follow-up.

Doel van het onderzoek

At two-year follow up, employees of the intervention schools report significantly lower levels of work stress and work stress risks as compared to employees of the control schools

Onderzoeksopzet

Baseline (T0): November 2019,
One-year Follow-up: November 2020,
Two-year Follow-up: November 2021

Onderzoeksproduct en/of interventie

The work stress prevention approach consists of five steps: 1) preparation: installing an advisory board and working groups, 2) risk assessment: inventory of work stress risks (questionnaires and focus groups). In addition, a behavioral analysis is performed to build a logic model of change to facilitate the selection of actions, 3) action planning: conducting an action plan with measures to target risks (focus groups), 4) implementation: implementation of the action plan. During implementation progression on target behaviors and implementation factors are monthly monitored and fed back to the implementors, and 5) evaluation: effects of the approach are studied in a controlled-trial with measurements at baseline (T0), one-year (T1) and two-year (T2) follow-up.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

All employees from the primary schools that fall under the scope of two school organisations in The Netherlands

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Everyone not employed at one of the the primary schools that fall under the scope of two school organisations in The Netherlands

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders

Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Actieve controle groep

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-01-2019
Aantal proefpersonen:	450
Type:	Werkelijke startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL9797
Ander register	METC VUmc : 2020.403

Resultaten