

# Effect of Routine Process Monitoring using the ORS / SRS scales on the outcome of treatment by a Rapid Response Team in MHC.

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1. Currently, there are a wide variety of therapeutic techniques for specific patients and certain psychological problems. The guidelines on mental health care focus only on the specific therapy factors. In addition to these specific therapy factors...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON19950

### Bron

NTR

### Aandoening

Patients on the waiting list for psychological or psychotherapeutic treatment in the second line care.

### Ondersteuning

**Primaire sponsor:** Dimence

**Overige ondersteuning:** Dimence

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

### Primaire uitkomstmaten

Is there a significant difference in treatment outcome if the RPM method is added to 5 supportive treatment sessions from a social psychiatric nurse?

## Toelichting onderzoek

### Achtergrond van het onderzoek

N/A

### Doel van het onderzoek

1. Currently, there are a wide variety of therapeutic techniques for specific patients and certain psychological problems. The guidelines on mental health care focus only on the specific therapy factors. In addition to these specific therapy factors also exist universal or non-specific therapy factors. These factors are a good match between therapist and patient, a good therapeutic relationship and hope and expectation of improving both the therapist and the patient. Both universal and specific factors influence the effectiveness of treatment. Routine Process Monitoring as appointed by Hafkenscheid (2008) is a systematic method in which feedback is given to the clinician on both the progress of the client and the quality of treatment. This would optimize the effectiveness;

2. Nowadays mental health care often has waiting lists most often for psychological and psychotherapeutic treatments. When the waiting time is longer than 4 weeks it might help to offer those patients some supportive treatment. They will get 5 supportive treatment sessions offered by a Social Psychiatric Nurse (SPV) in order to bridge the waiting time. The primary research question of this study is whether the effectiveness of the supportive treatment can be increased by the use of RPM. Secondary research question is to what extent the offering of 5 supportive treatment sessions generally improves the wellbeing of a patient. The study will take place at Dimence, location Steenwijk, Adult Division. These are secondary care;

3. Goal Knowledge:

A. Increase knowledge of Routine Process Monitoring as appointed by Hafkenscheid (2008) on whether or not systematic feedback to supportive treatment leads to increased effectiveness of therapy;

B. Increase knowledge to what extent the offering of 5 supportive treatment sessions generally improves the functioning of a patient. Utilization: Patients, health insurers and mental health institutions benefit by optimizing the effectiveness of mental health care. Patients could benefit by customizing their treatment. Health insurers benefit as a high efficiency level leads to increased cost. Mental health institutions benefit by optimizing their treatment.

## Onderzoeksopzet

Before the intake and after 6 weeks.

## Onderzoeksproduct en/of interventie

All patients who are in treatment by Dimence Steenwijk Section adults fill in the Outcome questionnaire (OQ-45) before intake. After the intake, patients are discussed in the team and those with an indication for psychological or psychotherapeutic treatment are put on a waiting list. Those patients who must wait for 4 weeks or more before psychological or psychotherapeutic treatment can start, will be asked whether they wish to participate in the study. Within the study, all patients on a waiting list for a psychology or psychotherapy are at random divided into three groups:

1. A waiting list group;
2. A waiting list group where each individual patient gets 5 supportive treatment sessions from a social psychiatric nurse;
3. A waiting list group where each individual patient gets 5 supportive treatment sessions from a social psychiatric nurse and is asked for feedback by the routine process monitoring method.

After about six weeks anyone who will participate in the study will again be asked to fill in the OQ-45.

## Contactpersonen

### Publiek

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Ambulatory adult clients with indication for psychological or psychotherapeutic treatment in which the waiting time is greater than 4 weeks before treatment can start.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Clients with no indication for psychological or psychotherapeutic treatment;
2. Clients with indication for psychological or psychotherapeutic treatment that can tolerate no delay.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

### Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	15-03-2011
Aantal proefpersonen:	120
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies

Datum: 07-03-2011

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 34468

Bron: ToetsingOnline

Titel:

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL2668
NTR-old	NTR2796
CCMO	NL32944.097.10
ISRCTN	ISRCTN wordt niet meer aangevraagd.
OMON	NL-OMON34468

## Resultaten

### Samenvatting resultaten

N/A