

# Thermoregulatory behavior.

Gepubliceerd: 12-07-2012 Laatste bijgewerkt: 13-12-2022

The intention to change behavior is related to changes in multiple physiological variables. Thermal comfort and thermal sensation are related to these physiological parameters. Furthermore, the intention of behavior is related to changes in thermal...

|                             |                       |
|-----------------------------|-----------------------|
| <b>Ethische beoordeling</b> | Positief advies       |
| <b>Status</b>               | Werving gestopt       |
| <b>Type aandoening</b>      | -                     |
| <b>Onderzoekstype</b>       | Interventie onderzoek |

## Samenvatting

### ID

NL-OMON20014

### Bron

NTR

### Aandoening

Thermal behavior, thermal comfort, thermal sensation, physiology

## Ondersteuning

**Primaire sponsor:** Maastricht University Medical Center (MUMC+)

**Overige ondersteuning:** Agentschap NL

## Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

1. The intention of thermoregulatory behavior, using a questionnaire;<br>
2. Energy expenditure, as measured using indirect calorimetry in a climate controlled respiration chamber.

# Toelichting onderzoek

## Achtergrond van het onderzoek

The volunteers will be measured at home and in an experimental setting where they will be exposed to heat and cold during three different trials. This will be done in order to study the effect of physiological parameters on thermoregulatory behavior, and on thermal comfort and sensation.

## Doel van het onderzoek

The intention to change behavior is related to changes in multiple physiological variables. Thermal comfort and thermal sensation are related to these physiological parameters. Furthermore, the intention of behavior is related to changes in thermal comfort and thermal sensation.

## Onderzoeksopzet

Participants will be instructed for a 24-hour measurement at home (1 hour) and will visit the research facility three times for 3.5 hour.

## Onderzoeksproduct en/of interventie

Cold and heat exposure during three trials:

1. Protocol A is composed of a neutral-to-warm transition in ambient temperature (24°C to 32°C, with 4 K/h);
2. Protocol B is composed of a neutral-to-cold transition in ambient temperature (24°C to 16°C, with 4 K/h);
3. During protocol C ambient temperature will be varied between three fixed temperatures (16°C, 24°C and 32°C).

# Contactpersonen

## Publiek

Universiteitssingel 50  
Christel Jacquot  
Maastricht 6229 ER  
The Netherlands

+31 (0)43 3884259

## **Wetenschappelijk**

Universiteitssingel 50  
Christel Jacquot  
Maastricht 6229 ER  
The Netherlands  
+31 (0)43 3884259

## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Caucasian healthy females on oral contraceptive;
2. Age: 18 to 30 years;
3. BMI: 20-25;
4. Fat percentage: 20-30%.

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Regular medication use;
2. Pregnancy;
3. Hypertension (systolic/diastolic blood pressure  $>140/90$ );
4. Hypotension (systolic/diastolic blood pressure  $<90/60$ );
5. General feeling of illness at day of experiment;
6. (History of) cardiovascular diseases;
7. In the presence of any known or suspected obstructive disease of the gastrointestinal tract, including but not limited to diverticulitis and inflammatory bowel disease;

8. A history of disorders or impairment of the gag reflex;
9. Previous gastrointestinal surgery;
10. Hypo motility disorders of the gastrointestinal tract including but not limited to Ileus.

## Onderzoeksopzet

### Opzet

|                  |                         |
|------------------|-------------------------|
| Type:            | Interventie onderzoek   |
| Onderzoeksmodel: | Cross-over              |
| Toewijzing:      | N.v.t. / één studie arm |
| Blinding:        | Open / niet geblindeerd |
| Controle:        | Geneesmiddel            |

### Deelname

|                         |                       |
|-------------------------|-----------------------|
| Nederland               |                       |
| Status:                 | Werving gestopt       |
| (Verwachte) startdatum: | 01-05-2012            |
| Aantal proefpersonen:   | 16                    |
| Type:                   | Werkelijke startdatum |

## Ethische beoordeling

|                 |                  |
|-----------------|------------------|
| Positief advies |                  |
| Datum:          | 12-07-2012       |
| Soort:          | Eerste indiening |

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

| Register       | ID                                       |
|----------------|------------------------------------------|
| NTR-new        | NL3376                                   |
| NTR-old        | NTR3524                                  |
| Ander register | METC / CCMO : 11-3-065 / NL38216.068.11; |
| ISRCTN         | ISRCTN wordt niet meer aangevraagd.      |

## Resultaten

### Samenvatting resultaten

N/A