An integral Pro-Active Multicomponent Approach (PAMA) to optimize and tailor smoking cessation strategies for the primary health care (PHC) setting

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HYPOTHESES: We hypothesize that the PAMA condition in comparison to the Usual Care condition will: 2. Lead to more high risk smokers engaging to quit 3. Lead to more informed decision to quit smoking by smoking patients 4. Lead to more evidence…

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20094

Bron
NTR

Verkorte titel
PAMA/StopWijzer

Aandoening

smoking cessation, smoking cessation guideline; primary healthcare, tailored approach, shared decision making

Ondersteuning

Primaire sponsor: ZonMW
Overige ondersteuning: ZonMW

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Assess program appreciation, level of informed decision making and smoking cessation.

Toelichting onderzoek

Achtergrond van het onderzoek

The PAMA project (the ProActive Multicomponent Approach) is aimed at developing and evaluating an intervention (the StopWijzer) aimed at motivating smokers to quit smoking and making use of effective cessation methods. The smoker will be supported by the practice assistant (POH) or General Practitioner. The POH will inform the smoker about the available cessation methods and by talking together, a choice will be made for a cessation method that best suits the individual smoking patient. Examples of cessation methods are behavioral (personal counseling, eHealth, telephone counseling or group counseling), but also nicotine replacement agents (such as patches) or pharmacological agents (such as varenicline). To ensure that the smoker and practice supporter gain sufficient knowledge about the different options, a tool will be developed for both the smoker and the POH. To increase the final implementation and adoption, close cooperation with smokers, general practitioners and POHs were initiated. For example, an extensive needs assessment was conducted through a Delphi study and several interview rounds. Based on this needs assessment and scientific literature, an intervention has been developed that has been tested by means of a pilot study under 13 general practices. The pilot study has demonstrated the added value of the intervention within the field. The final intervention will be developed on the basis of the feedback from the pilot study and will be tested through an effectiveness study accompanied by an economic analysis. The project will be concluded with an appreciation and adoption study.

Doel van het onderzoek

HYPOTHESES: We hypothesize that the PAMA condition in comparison to the Usual Care condition will:

2. Lead to more high risk smokers engaging to quit
3. Lead to more informed decision to quit smoking by smoking patients
4. Lead to more evidence based smoking strategies chosen by smoking patients
5. Be more effective to realize smoking cessation in smoking patients
6. Be more appreciated by smoking patients<

7. Be more cost-effective
8. Is appreciated by GPs, PNs and other stakeholders
9. Be more likely to become adopted in the GP setting

Onderzoeksopzet

baseline questionnaire and six and twelve month follow-up questionnaire

Onderzoeksproduct en/of interventie

The StopWijzer counseling method including supporing materials (online and on paper).

Contactpersonen

Publiek

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen

(Inclusiecriteria)

Patients are reporting to smoke, providing informed
consent and being able to read and understand the Dutch language.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Non-smokers

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving gestopt
(Verwachte) startdatum:	01-05-2019
Aantal proefpersonen:	900
Type:	Werkelijke startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Positief advies

Datum:	30-01-2018

Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL7020
NTR-old	NTR7218
Ander register	METC MUMC : Submitted

Resultaten