Measuring the effectiveness and efficiency of a communication training for medical specialists focused on patients with medically unexplained physical symptoms (MUPS).

Gepubliceerd: 18-11-2010 Laatst bijgewerkt: 13-12-2022

Training medical specialists in consultation skills focused on MUPS patients improves the specialistic care for these patients in terms of illness worries, course of symptoms and daily functioning and reduces the medical costs for this patient group.

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20348

Bron
NTR

Verkorte titel
MUPS training for medical specialists

Aandoening

Medically Unexplained Physical Symptoms; MUPS; Education; Consultation skills training; Communication; Medical specialists; Illness worries; Cost-effectiveness; Randomised Controlled Trial.

Ondersteuning

Primaire sponsor: Primary sponsor: Erasmus MC department of Internal Medicine;

Secondary sponsors: Faculty Social Sciences of the Erasmus University Rotterdam; VUMC department of General Practice, EMGO+ Institute for Health and Care Research; NIVEL;

Overige ondersteuning: ZonMw, CZ Fonds, Fonds Nuts Ohra, Erasmus MC.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

On patient-level we measure with questionnaires:
1. Illness worries with Whiteley Index;
2. Current symptom severity with VAS;
3. Distress, depression, anxiety and somatisation with 4-DSQ;
4. Daily functioning of patients with SF-36.
The questionnaires will be taken at baseline, after 3 months and after 6 months.

Toelichting onderzoek

Achtergrond van het onderzoek

To improve medical specialistic care for patients with medically unexplained physical symptoms (MUPS) by developing and researching the effectiveness and efficiency of a consultation skills training programme for medical specialists focused on MUPS-patients.

Doel van het onderzoek

Training medical specialists in consultation skills focused on MUPS patients improves the specialistic care for these patients in terms of illness worries, course of symptoms and daily functioning and reduces the medical costs for this patient group.

Onderzoeksopzet

1. Months 1-2: Preparation;

2. Months 3-20: Datacollection and intervention;

3. Months 21-24: Data-analysis and report.

Onderzoeksproduct en/of interventie

Consultation skills training programme for medical specialists focused on patients with MUPS.

The programme consists of 4 training sessions with an interval of 4 to 6 weeks, in groups of 12 persons with 2 experienced trainers.

Training 1 consists of exploring complaints of patients on all aspects of SCEBS (Somatic, Cognitive, Emotion, Behaviour, Social environment).

In Training 2, informing the patient is the central subject (seek connection with his language etc). Explaining the conditions that maintain the current condition (vicious circles), registration of complaints and reattribution.

Training 3 treats techniques for tough anxiety (stop reassuring, interrogate catastrophic ideas, etc) and ways of refering and reporting back to the GP.

Training 4 gives space for presenting casuistry, where the doctor has worked with the new techniques.

The control group receives no training.

Contactpersonen

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Adult outpatients with MUPS, diagnosed by the participating specialist.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Age < 18 years;

2. Not able to comprehend Dutch;

3. Legally incapable.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-04-2011
Aantal proefpersonen:	720
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing

Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL2495
NTR-old	NTR2612
Ander register	ZonMW, VEMI subsidie : 171101012
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten
N/A