

# Less injections by androgen scrutinisation

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The primary objective of this study is to determine the possibility to extend the dosing interval of goserelin 10.8 mg with a testosterone-based dosing regimen compared to regular treatment with 3-monthly based goserelin 10.8 mg injections during 24...

|                             |                          |
|-----------------------------|--------------------------|
| <b>Ethische beoordeling</b> | Positief advies          |
| <b>Status</b>               | Werving nog niet gestart |
| <b>Type aandoening</b>      | -                        |
| <b>Onderzoekstype</b>       | Interventie onderzoek    |

## Samenvatting

### ID

NL-OMON20372

### Bron

Nationaal Trial Register

### Verkorte titel

MIDAS

### Aandoening

Prostate Cancer, LHRH-agonists, androgen deprivation therapy, ADT, testosterone-based dosering

Prostaat kanker, LHRH-agonisten, androgeen deprivatie therapie, ADT, testosteron gebaseerd doseren

### Ondersteuning

**Primaire sponsor:** Franciscus Gasthuis, Rotterdam

**Overige ondersteuning:** fonds = verrichter = sponsor

### Onderzoeksproduct en/of interventie

## **Uitkomstmaten**

### **Primaire uitkomstmaten**

Mean number of goserelin 10.8mg injections per patient during follow-up.

## **Toelichting onderzoek**

### **Achtergrond van het onderzoek**

Chemical or surgical castration is a key strategy in patients with locally advanced or metastatic prostate cancer. The goal is to eliminate gonadal testosterone production, so called castration. Currently, both chemical and surgical castration are considered equal modalities to achieve castration. Chemical castration is achieved by administering Luteinizing Hormone Releasing Hormone (LHRH) agonists on a regular basis. However, after prescribing LHRH agonists, physicians do not monitor the testosterone levels routinely. Moreover, current dosing regimens are manufacturer recommended. Several studies have shown that serum testosterone levels remain longer at or below castrate levels when 3monthly depot injections of LHRH agonists are administered. This opens opportunities for a personalized way of dosing LHRH agonists depending on the testosterone level. However, in the performed testosterone based dosing studies only the LHRH agonist leuprorelin has been investigated. The current study will be initiated to evaluate a testosterone based dosing regimen with depot injections of goserelin 10.8 mg for all eligible patients as well as subgroups of patients. Based on the performed testosterone based dosing studies with leuprorelin we expect that the dosing interval of depot injections of goserelin 10.8 mg can be prolonged to 5 or 6 months. An effective personalized treatment regimen will probably lower the treatment burden (for patients) and treatment costs (for society) while treatment goals are still achieved.

### **Doel van het onderzoek**

The primary objective of this study is to determine the possibility to extend the dosing interval of goserelin 10.8 mg with a testosterone-based dosing regimen compared to regular treatment with 3-monthly based goserelin 10.8 mg injections during 24 months follow-up.

### **Onderzoeksopzet**

Control group: once every 3 months

Intervention group: dependent on the testosterone levels in the patients

### **Onderzoeksproduct en/of interventie**

Extending the dosing interval of goserelin 10.8 mg injections

## Contactpersonen

### Publiek

afdeling ziekenhuisapotheek

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Kleiweg 500

Rotterdam 3045 PM  
The Netherlands  
010-4616096

### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Informed consent

Male > 18 years

Diagnosed with prostate cancer with a clinical indication for ADT ( $\geq 2$  years or permanently)

Patients can be included before the first injection of goserelin 10.8mg and in the first two months after the first injections of goserelin 10.8 mg.

### Belangrijkste redenen om niet deel te kunnen nemen

## (Exclusiecriteria)

Patients receiving anti-androgens (excluding bicalutamide for 4 weeks around the first LHRH agonist)

Patients with a history of hypersensitivity to LHRH agonists

Patients not able to visit hospital's laboratory for blood sampling

## Onderzoeksopzet

### Opzet

|                  |                         |
|------------------|-------------------------|
| Type:            | Interventie onderzoek   |
| Onderzoeksmodel: | Parallel                |
| Toewijzing:      | Gerandomiseerd          |
| Blinding:        | Open / niet geblindeerd |
| Controle:        | Actieve controle groep  |

### Deelname

|                         |                          |
|-------------------------|--------------------------|
| Nederland               |                          |
| Status:                 | Werving nog niet gestart |
| (Verwachte) startdatum: | 01-08-2017               |
| Aantal proefpersonen:   | 42                       |
| Type:                   | Verwachte startdatum     |

## Ethische beoordeling

|                 |                  |
|-----------------|------------------|
| Positief advies |                  |
| Datum:          | 20-06-2017       |
| Soort:          | Eerste indiening |

## Registraties

## Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 45500

Bron: ToetsingOnline

Titel:

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

| Register | ID             |
|----------|----------------|
| NTR-new  | NL6353         |
| NTR-old  | NTR6537        |
| CCMO     | NL60691.101.17 |
| OMON     | NL-OMON45500   |

## Resultaten