Treating Moroccan an Turkish migrants with depression and anxiety disorders (MIDA study).

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Increasing the intercultural competence of mental health workers will reduce therapy dropout in Moroccan and Turkish patients with depressive and anxiety disorders.

Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20479

Bron
Nationaal Trial Register

Verkorte titel
MIDA study

Aandoening

depressive disorder; anxiety disorder; cultural competence

depressieve stoornis; angst stoornis; culturele competentie

Ondersteuning

Primaire sponsor: no sponsor
Overige ondersteuning: ZonMw , the Netherlands Organisation for Health Research and Development. The Hague. The Netherlands.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Dropout of treatment. Dropout defined as: According to the therapist the patient is in need for more therapy, but the patient ignores at least two invitations of the therapist. Time of dropout over 12 months will be recorded by the therapist.

Toelichting onderzoek

Achtergrond van het onderzoek

Since the sixties of the last century, many people from Morocco and Turkey have migrated into the Netherlands. Depressive and anxiety symptoms are very common among these immigrants. In the last decade, Moroccan and Turkish patients have found their way to organizations for mental health care. However, they often drop-out from treatment.

Problems in the communication with the therapists and different expectations regarding treatment seem to be causal factors for the early drop- out from therapy .

The main objective of the study is to optimalize the treatment of Moroccan and Turkish patients with depressive and/or anxiety disorders by increasing the cultural competence of the mental health workers.
A randomized clinical trial will be performed.

Turkish and Moroccan patients (18-65) who are referred to an outpatient clinic for mood and anxiety disorders will be randomly assigned to mental health workers who are trained in the intercultural module and to those who are not. Exclusion criteria: organic brain syndrome, psychotic disorder, bipolar disorder, severe personality disorder, substance abuse as the primary diagnosis.

Intervention: Therapists will be trained in the cultural interview and in techniques bridging the (cultural) gaps between them and their patients.

Dropout is the primary outcome measure.

The study will give an answer to the question whether increasing cultural competence of the therapists reduces drop-out from treatment.

Doel van het onderzoek

Increasing the intercultural competence of mental health workers will reduce therapy dropout in Moroccan and Turkish patients with depressive and anxiety disorders.

Onderzoeksopzet

1. T0: baseline measurement;

2. T1: six months follow up;

3. T2: 12 months follow up.

Onderzoeksproduct en/of interventie

The mental health workers will be trained in using the Cultural Formulation and in techniques bridging the cultural gaps between them en the Turkish and Moroccan patients.

Contactpersonen

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Moroccan and Turkish patients of the first and second generation referred for treatment at an outpatient clinic for mood and anxiety disorders;

2. Anxiety and/or depressive disorder;

3. Age 18 to 65.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Organic brain syndrom;

2. Psychotic disorder;

3. Bipolar disorder;

4. Severe personality disorder;

5. Substance abuse as the primary diagnose.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Actieve controle groep

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-10-2009
Aantal proefpersonen:	150
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing

Soort:	Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL1875
NTR-old	NTR1989
Ander register	VU University Medical Centre : 09/106
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A