# Effect evaluation of computer-tailored safety information combined with personal counseling on parents<sub>i</sub>¦ child safety behaviors: BeSAFE, a randomized controlled trial.

Gepubliceerd: 02-06-2009 Laatst bijgewerkt: 13-12-2022

Computer-tailored safety information combined with personal counseling results in: 1. Improved parents<sub>i</sub>! child safety behaviors; 2. Improved satisfaction with different elements of intervention.

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

# Samenvatting

### ID

NL-OMON20751

Bron NTR

Verkorte titel BeSAFE

#### Aandoening

Prevention of falling, poisoning, burning and drowning

### Ondersteuning

**Primaire sponsor:** Erasmus MC, University Rotterdam, Department of Public Health, Rotterdam, The Netherlands

Overige ondersteuning: ZonMw, The Netherlands Organization for Health Research

# **Onderzoeksproduct en/of interventie**

## Uitkomstmaten

#### Primaire uitkomstmaten

Parentsil child safety behaviors relevant to prevention of falling, poisoning, burning and drowning.

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Injuries in or around the home are the most important cause of death among children aged 0-4 years old. It is also a great source of morbidity and loss of quality of life. In the Netherlands each year 24 children aged 0-4 years die caused by injuries in around the home. Additionally 44.000 children aged 0-4 years are medically treated, of which 23.000 children at the emergency room of a hospital, because of home injuries. In order to reduce the number of injuries, the Consumer Safety Institute introduced the use of Safety Information Leaflets in the Netherlands to provide safety education to parents of children aged 0-4 years. These leaflets are well used in Child Health Clinics (CHC) and indications for a small effect on parental behaviours were gained with observational research. However, despite current safety education, necessary safety measures are still not taken by a large number of parents, causing unnecessary risk of injury of young children. Improving the effectiveness of safety education to parents at CHC is therefore desirable. In an earlier study an E-health module with computer tailored safety information was developed and applied. It concerns a computer-tailored, personalized advice for parents of infants and toddlers on safety measures to be taken to their homes.

In a process evaluation it was found that majority of the parents experience the new computer tailored safety information as useful and applicable and that the CHC professionals are enthusiastic. However there are no insights in the effects of the new computer-tailored safety information on parents<sub>i</sub>! child safety behaviours compared to the current way of safety education.

The aim of this study is to evaluate the effect of computer-tailored safety information combined with personal counselling on parents; child safety behaviours.

#### Doel van het onderzoek

Computer-tailored safety information combined with personal counseling results in:

1. Improved parents; | child safety behaviors;

2. Improved satisfaction with different elements of intervention.

#### Onderzoeksopzet

Time points measurements:

1. Baseline questionnaire (child 7-9 months);

2.Follow-up questionnaire (child 17-18 months).

#### **Onderzoeksproduct en/of interventie**

Parents are randomized into one of two groups:

1. Computer-tailored safety information combined with personal counseling (intervention group), or;

2. Usual care; personal counseling using the Safety Information Leaflets of the Consumer Safety Institute in the Netherlands for children aged 1-2 years (control group).

Parents receive health information on safety topics like falling, poisoning, burning and drowning. Parents of the intervention group will access the computer-tailored health education program through the internet when their child is around 10 months old. After completion of the assessment questions, the program compiles a tailored health advice to the parent. During the next Child Health Clinic visit the well-child care provider will discuss this tailored health information with the parents.

The control group will receive the safety health information during their well-child visit at the child<sub>i</sub>'s age of 11 months.

# Contactpersonen

## **Publiek**

Erasmus Medical Center, Department of Public Health, P.O. BOX 2040

M. Beelen, van Rotterdam 3000 CA The Netherlands

#### +31 (0)10 4073502

#### Wetenschappelijk

Erasmus Medical Center, Department of Public Health, P.O. BOX 2040

M. Beelen, van Rotterdam 3000 CA The Netherlands +31 (0)10 4073502

# **Deelname eisen**

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Parents of children in the age of 7 months (range 6-8 months) visiting the Youth Health Care centre for well-child visits.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Parents who can not read or understand the Dutch language.

# Onderzoeksopzet

#### Opzet

Type: Onderzoeksmodel: Toewijzing: Blindering: Controle: Interventie onderzoek Parallel Gerandomiseerd Open / niet geblindeerd Geneesmiddel

## Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-05-2009
Aantal proefpersonen:	1200
Туре:	Verwachte startdatum

# **Ethische beoordeling**

Positief advies
Datum:
Soort:

02-06-2009 Eerste indiening

# Registraties

# Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

# In overige registers

Register	ID
NTR-new	NL1726
NTR-old	NTR1836
Ander register	ZonMw project number : 50-50205-98-25028
ISRCTN	ISRCTN wordt niet meer aangevraagd

# Resultaten

#### Samenvatting resultaten

5 - Effect evaluation of computer-tailored safety information combined with personal ... 4-05-2025

N/A