

# Repetitive Transcranial Magnetic Stimulation (rTMS) treatment for chronic tinnitus.

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<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON20766

### Bron

NTR

### Verkorte titel

N/A

### Aandoening

chronic tinnitus

NL: chronische tinnitus, oorsuizen

### Ondersteuning

**Primaire sponsor:** Department of Otorhinolaryngology

University Medical Centre Utrecht

**Overige ondersteuning:** University Medical Centre Utrecht

### Onderzoeksproduct en/of interventie

## **Uitkomstmaten**

### **Primaire uitkomstmaten**

Tinnitus severity measured with the tinnitus questionnaire

## **Toelichting onderzoek**

### **Achtergrond van het onderzoek**

Tinnitus is a phantom auditory perception of meaningless sound, meaning that there is registration of sound in the absence of an external or internal acoustic stimulus. It is a common problem (prevalence 7-19%) which may interfere with the ability to lead a normal life. Unfortunately, it is a very difficult symptom to treat because there are hardly any therapeutic options for the cause of tinnitus. Most therapies focus on alleviating the condition rather than treating the cause. Tinnitus is thought to be generated in the brain, as a result of functional reorganization of auditory neural pathways and tonotopic maps in the central auditory system, following damage to the peripheral auditory system. Repetitive Transcranial magnetic stimulation (rTMS) is a therapy, based on this concept of reorganization in the auditory cortex. It uses a pulsed magnetic field to disrupt the neural circuit and to thereby (temporarily) excite or inhibit certain brain areas, leading to the suppression of tinnitus. With this study we intend to answer the question whether rTMS can be an effective treatment for tinnitus.

### **Doel van het onderzoek**

rTMS suppresses neural circuits using a pulsed magnetic field which temporarily excites or inhibits a certain brain area. It is thought that tinnitus is generated in the brain as a result of functional reorganization of auditory neural pathways and tonotopic pathways, leading to a hyperactivity in the central auditory system, following damage to the peripheral auditory system. It is hypothesized that rTMS can suppress this hyperactivity and thereby suppress tinnitus.

### **Onderzoeksopzet**

last rTMS treatment, 1 week after treatment, 1, 3 and 6 months

(VAS's daily for the first three months and monthly for the second three months)

### **Onderzoeksproduct en/of interventie**

rTMS: bilateral 1Hz, 110% MT, 2000 stimuli on five subsequent days.

# Contactpersonen

## Publiek

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## Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Chronic, non fluctuating, tinnitus, demonstrated by means of the Diagnostic Protocol Tinnitus UMCU, of at least two months duration.
2. Age >18 years

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Treatable cause of the tinnitus
2. Use of anticonvulsant medication or other psychotherapeutic drugs

3. History of epilepsy or family members with epilepsy
4. Presence of active migraine
5. Presence of psychiatric, severe internal or heart diseases or other neurologic diseases besides epilepsy
6. Metal objects in and around body that can not be removed
7. Pregnancy (will be tested on the first day of rTMS using a urine pregnancy test)
8. Alcohol or drug abuse
9. Prior treatment with TMS

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Dubbelblind
Controle:	Placebo

### Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	23-04-2008
Aantal proefpersonen:	52
Type:	Werkelijke startdatum

## Ethische beoordeling

Positief advies	
Datum:	23-04-2008
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL1247
NTR-old	NTR1293
Ander register	METC nummer UMC Utrecht : 07-286/O
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Resultaten

### Samenvatting resultaten

N/A