# RCT in airwaymanagement between laryxmask supreme (LMA-S) and endotrachealetube (ETI) with adultspatient with a cardiacarrest.

Gepubliceerd: 04-11-2010 Laatst bijgewerkt: 19-03-2025

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**Ethische beoordeling** Niet van toepassing

**Status** Werving nog niet gestart

Type aandoening -

Onderzoekstype Interventie onderzoek

# **Samenvatting**

#### ID

NL-OMON20804

**Bron** 

**NTR** 

**Verkorte titel** 

RCT LMA-S vs ETI

#### **Aandoening**

airwaymanagment CPR endotracheale tube Laryxmasker supreme RCT

## **Ondersteuning**

Primaire sponsor: UMC St Radboud

4112 - Acute Zorgregio Oost

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Overige ondersteuning: sponser= Premier Research Group

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#### Onderzoeksproduct en/of interventie

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

- 1. Speed of placing the device; <br>
- 2. Several attempts at placement; <br>
- 3. Safety: CO2 exchange / air leakage.

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Background of the study:

Airway management and ventilation are regarded as a fundamental and essential component in the care for the critically ill patient or trauma victims in prehospital care. National and international guidelines from the Dutch Reanimation Council and the European Resuscitation Council describe endotracheal intubation (ETI) as a primary condition for a safe airway and optimal oxygenation and ventilation. In these guidelines endotracheal intubation (ETI) is considered as the 'golden standard' for an adequate airway management and ventilation for the ambulance care in the Netherlands.

Several international publications in recent years show that ambulance professionals may not

2 - RCT in airwaymanagement between laryxmask supreme (LMA-S) and endotrachealetube ... 5-05-2025

reach the level that is required to perform an adequate support of airway and ventilation. The low success rates of pre-hospital care providers indicate inadequate initial training and achieve inadequate recurrent training. Complications with endotracheal intubations by paramedics are reported in the literature are mostly on unrecognized oesophageal intubations, too high cuff pressures, unrecognized main stem bronchial intubation and prolonged and multiple attempts.

The main message that emerges from international publications is a growing burden of proof is described that ETI by paramedics is not the ideal method for airway management and even may be detrimental to the outcome of the patient. In the Dutch ambulance care there are - still - no studies being done on efficacy and safety of ETI.

The alternative to ETI in the prehospital seems to present itself with supraglottic airway devices (SAD). Research shows that placing a SAD by prehospital care providers has a much shorter learning curve and less training is necessary to maintain it.

With the advent of the Supreme LMA (LMA-S) it is possible to place a stomach tube via an additional opening in order to improve the chances of regurgitation leveling.

#### Objective of the study:

The purpose of this study is to demonstrate the added value of using LMA-S in the ambulance care in the Netherlands with CPR indigent patients. The hypothesis is that the value of using the LMA-S is to be found in the safety and speed of placing the device and the positive learning curve for the paramedic.

#### Study design:

The study is a randomized comparative trial (RCT = randomized controlled trial) between two methods to create a safe airway and effective ventilation for patients with a cardiac arrest.

#### Pilot study:

Initially there will be a pilot to test the procedure who is specially created for this study. Twenty resuscitations will be included. This data will be compared with international publications to create a reliable power calculation.

#### RCT study:

In the region of North and East Gelderland all resuscitations in adults will be performed using

3 - RCT in airwaymanagement between laryxmask supreme (LMA-S) and endotrachealetube ... 5-05-2025

ETI or LMA-S for a period of 5 months (starting mid-February 2011). The number of patients to be included is 200 (100-100). The power calculation can be adjusted if the outcome of the pilot study clearly shows differences compared to other clinical trials.

Due to practical constraints we have decided not to collect data by an independent researcher during resuscitations but use objective data. This will be collected through the registration of vital signs (monitor Life Pack 12 and Corpuls) and a measure method what will make it possible to read the intubation time and number of attempts from a printed strip. To avoid disturbing the process of acute care we choose to have the ambulance nurse fill in an evaluation form (subjective data). If the patient is transferred to the clinic the receiving physician will also be asked to fill in an evaluation form.

#### Randomization:

In all ambulance vehicles the emergency cases will be equipped with both devices. Randomization using numbered envelopes will be done beforehand to decide which device will be placed. A total of 200 envelopes will be distributed on the vehicles inside the region North-East Gelderland. All relevant forms are also placed in this case. If it not possible to create a safe airway and effective airway management with the pre-identified aiway device than it is possible to use a alternative method (bailout).

Direct therapeutic effects and risks:

#### Benefit:

By using an airway device which can be easily placed within the LMA-S group, the expectation is that there will be a beneficial effect on the resuscitation procedure. By positioning directly above the larynx complications such as bleeding or damage are less likely to be expected.

#### Risks:

The risk of aspiration during the resuscitation procedure, both at ETI as LMA-S, will be reduced by the placement of a nasogastric tube.

By making both techniques available as a bailout patient's safety will improve above the current procedure (only bag valvemask as an alternative). The review organization will be asked for dispensation of ensuring subjects as required according by the WMO.

#### Doel van het onderzoek

The purpose of this study is to demonstrate the added value of using 'LMA-S in the ambulance with CPR in the Netherlands indigent patients. The hypothesis is that the value of

4 - RCT in airwaymanagement between laryxmask supreme (LMA-S) and endotrachealetube ... 5-05-2025

using the LMA-S is located in the safety and speed of placing the device and the favorable learning curve for paramedic.

#### **Onderzoeksopzet**

The total time for this study will last for 5 months.

#### Onderzoeksproduct en/of interventie

Airway management:

LMA-S or ETI pleaced bij paramedic.

# Contactpersonen

#### **Publiek**

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### Wetenschappelijk

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# **Deelname** eisen

# Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Adult CPR patient (>18 years old).

# Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- 1. Trauma patients;
- 2. Tracheastoma patients.

# **Onderzoeksopzet**

#### **Opzet**

Type: Interventie onderzoek

Onderzoeksmodel: Parallel

Toewijzing: Gerandomiseerd

Blindering: Open / niet geblindeerd

Controle: Geneesmiddel

#### **Deelname**

Nederland

Status: Werving nog niet gestart

(Verwachte) startdatum: 01-02-2011

Aantal proefpersonen: 200

Type: Verwachte startdatum

# **Ethische beoordeling**

Niet van toepassing

Soort: Niet van toepassing

# **Registraties**

## Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 34188

Bron: ToetsingOnline

Titel:

# Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

# In overige registers

Register ID

NTR-new NL2470 NTR-old NTR2586

CCMO NL34236.091.10

ISRCTN wordt niet meer aangevraagd.

OMON NL-OMON34188

# Resultaten

#### Samenvatting resultaten

N/A