

# A Phase II randomized multicenter study to assess the efficacy of lenalidomide with or without erythropoietin and granulocyte-colony stimulating factor in patients with low and intermediate-1 risk myelodysplastic syndrome.

Gepubliceerd: 19-05-2009 Laatste bijgewerkt: 13-12-2022

The hypothesis to be tested is that the outcome in arm B is better than in arm A.

|                             |                       |
|-----------------------------|-----------------------|
| <b>Ethische beoordeling</b> | Positief advies       |
| <b>Status</b>               | Werving gestopt       |
| <b>Type aandoening</b>      | -                     |
| <b>Onderzoekstype</b>       | Interventie onderzoek |

## Samenvatting

### ID

NL-OMON20915

### Bron

NTR

### Verkorte titel

HOVON 89 MDS

### Aandoening

Myelodysplastic syndrome (MDS)

### Ondersteuning

**Primaire sponsor:** Stichting Hemato-Oncologie voor Volwassenen Nederland (HOVON) P/a HOVON Data Center Erasmus MC - Postbus 2040; 3000 CA Rotterdam; Tel: +31 10 704 1560 Fax: +31 10 704 1028; e-mail: [hdc@erasmusmc.nl](mailto:hdc@erasmusmc.nl)

**Overige ondersteuning:** Amgen, BSP, Johnson&Johnson-Orthobiotech, Roche, Novartis and Celgene. Dutch Cancer Society (KWF)

## Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

Hematological improvement (HI) according to IWG 2006 criteria.

## Toelichting onderzoek

### Achtergrond van het onderzoek

Study phase: Phase II.

Study objective:

To evaluate the efficacy of lenalidomide (Revlimid) in low/intermediate-1 risk MDS with or without treatment with Epo (NeoRecormon)/G-CSF (Neupogen).

To evaluate the safety and tolerability of lenalidomide (Revlimid) in low/intermediate-1 risk MDS with or without Epo (NeoRecormon)/G-CSF (Neupogen).

Patient population: Patients with low/intermediate-1 risk myelodysplastic syndrome.

Study design: Prospective, multicenter, open label, randomized.

Duration of treatment: Minimum of 6 months for arm A and 12 months for arm B or until relapse or disease progression; continuation thereafter if responsive. All patients will be followed until 5 years after registration.

### Doel van het onderzoek

The hypothesis to be tested is that the outcome in arm B is better than in arm A.

### Onderzoeksopzet

1. At entry;

2 - A Phase II randomized multicenter study to assess the efficacy of lenalidomide w ... 5-05-2025

2. After each induction cycle;
3. After each maintenance cycle;
4. During follow up: every 6 months.

### **Onderzoeksproduct en/of interventie**

Arm A: 12 cycles of lenalidomide, followed by lenalidomide maintenance cycles.

Arm B: 4 cycles of lenalidomide, followed by 4 cycles of lenalidomide +/- Epo; followed by 4 cycles of lenalidomide +/- Epo +/- G-CSF, followed by lenalidomide +/- Epo +/- G-CSF maintenance cycles.

## **Contactpersonen**

### **Publiek**

VU University Medical Center; Department of Hematology; Postbus 7057; 1007 MB  
Amsterdam  
A.A. Loosdrecht, van de  
Amsterdam 1081 HV  
The Netherlands  
00-31-20-4442604

### **Wetenschappelijk**

VU University Medical Center; Department of Hematology; Postbus 7057; 1007 MB  
Amsterdam  
A.A. Loosdrecht, van de  
Amsterdam 1081 HV  
The Netherlands  
00-31-20-4442604

## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen**

## **(Inclusiecriteria)**

1. Patients with MDS classified as:

RA, RARS and RAEB (with  $<10\%$  myeloid blasts), CMML (with  $<10\%$  myeloid blasts), according to FAB, or;

RA, RARS, RCMD, RCMD-RS, RAEB-1, MDS-U according to WHO, or;

patients with MPD/MDS (CMML-1 according to WHO) with a WBC  $\leq 12 \times 10^9/l$ , with an IPSS  $\leq 1.0$ .

2. Hb  $\leq 6.2$  mmol/l (10.0 g/dl) or Hb  $\leq 7.2$  mmol/l and ANC  $\leq 1.0 \times 10^9/l$  or red blood cell transfusion dependent;

3. Age  $\geq 18$  years;

4. WHO performance status 0-2;

5. Patient not previously treated with Epo/G-CSF, or failure of response or relapse after hematological improvement or disease progression to maximal RAEB-1 after previous therapy with Epo/G-CSF;

6. Serum creatinin  $< 150$   $\mu\text{mol/l}$ ;

7. Serum bilirubin  $< 25$   $\mu\text{mol/l}$  and ASAT, ALAT and Alkaline phosphatase  $< 2.5$  times the upper limit of normal, except if related to disease;

8. The patient must give written informed consent;

9. Negative pregnancy test within 7 days prior to start of study drug, if applicable;

10. Patient (all men, pre-menopausal women) agrees to use adequate contraceptive methods;

11. Serum erythropoietin level  $> 200$  U/l or  $\leq 200$  U/l if failure of response or loss of hematological improvement or disease progression to maximal RAEB-1 after prior standard therapy with Epo/G-CSF; Epo/G-CSF should be stopped at least 1 month before randomization.

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Severe cardiac, pulmonary, neurologic, metabolic or psychiatric diseases or active

malignancies;

2. Anemia due to other causes than MDS including iron, B12 and folate deficiencies, autoimmune hemolysis and/or paroxysmal nocturnal hemoglobinuria (PNH);

3. Hypoplastic MDS;

4. High predictive score (score 0 or 1) to respond on standard treatment with Epo/G-CSF according to guidelines;

5. Active uncontrolled infection;

6. Absolute neutrophil count (ANC)  $< 0.5 \times 10^9/l$ ;

7. Patients dependent on platelet transfusions or with platelet counts  $< 25 \times 10^9/l$  or patients with active bleeding;

10. Patients treated with biological response modifiers (i.e. growth factors, immunosuppressive agents and/or chemotherapy) within 1 month prior to randomization;

11. Lactating women;

12. Prior treatment with lenalidomide;

13. Prior CTCAE  $\geq$  grade 3 allergic reaction/hypersensitivity to thalidomide;

14. Prior CTCAE  $\geq$  grade 3 rash/blistering while taking thalidomide

15. Prior CTCAE  $\geq$  grade 3 allergic/hypersensitivity to Epo and/or G-CSF

## Onderzoeksopzet

### Opzet

|                  |                         |
|------------------|-------------------------|
| Type:            | Interventie onderzoek   |
| Onderzoeksmodel: | Parallel                |
| Toewijzing:      | Gerandomiseerd          |
| Blinding:        | Open / niet geblindeerd |
| Controle:        | Geneesmiddel            |

### Deelname

Nederland

|                         |                       |
|-------------------------|-----------------------|
| Status:                 | Werving gestopt       |
| (Verwachte) startdatum: | 01-06-2009            |
| Aantal proefpersonen:   | 200                   |
| Type:                   | Werkelijke startdatum |

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

## Ethische beoordeling

|                 |                  |
|-----------------|------------------|
| Positief advies |                  |
| Datum:          | 19-05-2009       |
| Soort:          | Eerste indiening |

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

| Register       | ID                                 |
|----------------|------------------------------------|
| NTR-new        | NL1715                             |
| NTR-old        | NTR1825                            |
| Ander register | EudraCT number : 2008-002195-10    |
| ISRCTN         | ISRCTN wordt niet meer aangevraagd |

## Resultaten

## **Samenvatting resultaten**

N/A