# Algorithm to control Postprandial, Post exercise and night glucose Excursions in a portable Closed Loop format in patients after Total Pancreatectomy

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Better glucose control during the closed loop system compared to standard open loop therapy

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

# Samenvatting

### ID

NL-OMON20928

Bron NTR

Verkorte titel APPEL5+

#### Aandoening

Total pancreatectomy after any indication

#### Ondersteuning

**Primaire sponsor:** Amsterdam UMC (Academic Medical Center) **Overige ondersteuning:** Amsterdam Gastroenterology Endocrinology Metabolism

#### **Onderzoeksproduct en/of interventie**

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

The proportion of time spent in the target range (3.9-10 mmol/l), calculated the closed loop period (without the training period).

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Glucose control in patients with diabetes type 3c (DM3c) after total pancreatectomy is difficult due to absence of both alpha and beta cells. In a recent study, a bihormonal reactive closed loop system (artificial pancreas) was tested for glucose control in patients with type 1 DM and showed better glucose control compared to standard open loop therapy. This closed loop system might also result in improved glucose control in patients with DM3c.

The main objective of this study is to assess the efficacy of the closed loop system over an extended period in patients with DM3c after total pancreatectomy. Secondary objectives are to assess the safety of the closed loop system; to determine the time that the control algorithm is active; to determine the glucose measurement performance.

This pilot study is a randomized, monocenter cross-over study, preceded by a feasibility test in two patients. The study population will comprise 12 patients with DM3c after total pancreatectomy.

The intervention is one week closed loop control of blood glucose with the artificial pancreas. The artificial pancreas uses two subcutaneous glucose sensors, two subcutaneous infusion sets, and incorporates two pumps and a patented reactive closed loop algorithm. During 4-6 days before the intervention the patients receive training on the use of the closed loop system and will start using the system under close supervision. The control arm (open loop), also one week, consists of the patient's standard therapy at home. The feasibility patients will only perform the training.

The main study parameter is the percentage of time spent in the target range (3.9-10mmol/l), which will be compared between open and closed loop. The individual benefit for the participating patients is a potentially very well regulated blood glucose during the test.

#### Doel van het onderzoek

Better glucose control during the closed loop system compared to standard open loop therapy

#### Onderzoeksopzet

#### Primary outcome

The proportion of time spent in the target glucose range will be compared between open and

closed loop. In the open loop period, the glucose level will be measured by continuous glucose monitoring. Patients will receive a blinded continuous glucose monitoring(Dexcom) which should be calibrated daily by the patients and can be performed without unblinding. During the closed loop, the glucose levels are measured by the glucose sensors of the artificial pancreas.

#### Secondary outcome

The secondary safety and performance parameters will also be compared between the open and closed loop. Glucose measurement in the open and closed loop is measured by a continuous glucose monitoring system or the artificial pancreas, respectively. The percentage of the day that the closed loop algorithm is active is stored by the artificial pancreas and could be uploaded.

#### **Onderzoeksproduct en/of interventie**

Artificial pancreas

## Contactpersonen

## **Publiek**

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## Wetenschappelijk

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## **Deelname eisen**

# Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

• Patients who underwent total pancreatectomy;

• Diabetes treatment with continuous subcutaneous insulin infusion, sensor augmented pump therapy or subcutaneous insulin injections;

## Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Total pancreatectomy was performed within less than 3 months before start of the trial;
Impaired awareness of hypoglycemia (score ≥ 4) according to Gold and/or Clarke questionnaire;11,12

- BMI > 35 kg/m2;
- HbA1c > 90 mmol/mol;
- Use of oral corticosteroids;

• Use of acetaminophen during the open loop or closed loop period, as this may influence the sensor glucose measurements;

- Limited ability to see, and to hear or feel alarm signals of the closed loop system;
- Refusal of disconnecting own glucose sensors during the closed loop system study period;
- Pregnancy and/or breastfeeding;

• Living alone during the night during the closed loop period (the patient may ask someone to stay over temporarily);

• Any condition that the local investigator feels would interfere with study participation or the evaluation of the results.

• Patients who are not motivated or not willing to comply with the artificial pancreas therapy;

• Patients undergoing treatment with Magnetic Resonance Imaging (MRI), Computed Tomography (CT) scan, X-ray or high frequency electrical heat (diathermy) treatment while wearing the AP system (must be removed);

• Patients using the artificial pancreas system during sauna or swimming;

• Known or suspected allergies or problems related to subcutaneous administration of insulin or glucagon;

• Artificial pancreas therapy is not recommended for people who are unwilling or unable to maintain contact with their medical professional;

- Alcohol and drug abusing patients;
- Patients with insufficient general mental and physical abilities;
- Known or suspected problems related to enzyme based glucose sensor usage;
- Patients receiving dialysis.

# Onderzoeksopzet

## Opzet

Туре:	Interventie onderzoek
Onderzoeksmodel:	Cross-over
Toewijzing:	Gerandomiseerd

Blindering:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

#### Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	06-09-2020
Aantal proefpersonen:	12
Туре:	Verwachte startdatum

## Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nee

# **Ethische beoordeling**

Positief advies	
Datum:	01-09-2020
Soort:	Eerste indiening

# Registraties

## **Opgevolgd door onderstaande (mogelijk meer actuele) registratie**

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

#### In overige registers

RegisterIDNTR-newNL8871Ander registerMETC AMC : 2019\_277#B2020455

# Resultaten