# Effectiveness of care offered to multiproblem families

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Multiproblem families (MPFs) provide a huge public health challenge because of socioeconomic deprivation, psychosocial problems, parenting problems, domestic violence and rule-breaking behaviour. Therefore, there is a strong need for evidence-based...

Ethische beoordeling	Niet van toepassing
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

# Samenvatting

#### ID

NL-OMON20954

Bron NTR

Verkorte titel COME-ON!

#### Aandoening

Multiproblem, psychosocial problems, parenting problems, socio-economic problems, treatment effectiveness

### Ondersteuning

**Primaire sponsor:** University Medical Center Groningen (UMCG), Department of Health Sciences **Overige ondersteuning:** Institute Gak

### **Onderzoeksproduct en/of interventie**

#### **Uitkomstmaten**

#### Primaire uitkomstmaten

- (Social) participation <br>
- Family functioning <br>
- Well-being of the parents and their child/children<br>
- Self-reliance

# **Toelichting onderzoek**

#### Achtergrond van het onderzoek

Multiproblem families (MPFs) provide a huge public health challenge because of socioeconomic deprivation, psychosocial problems, parenting problems, domestic violence and rule-breaking behaviour. Therefore, the aim of the study is to evaluate the effectiveness of an organizational model to support MPFs in the Netherlands on the (social) participation, selfreliance and quality of life of MPFs. The model is based on the Flexible Assertive Community Treatment (FACT) and the outcomes of a literature study concerning effective elements of interventions for MPFs. We assess the effectiveness of this model comparing FACT with Care As Usual (CAU) among 200 MPFs in six municipalities . Primary outcomes are (social) participation and family functioning. Secondary outcomes are psychosocial problems, care use, health literacy, self-reliance, quality of life and the satisfaction with the organizational model. This study is conducted for a period of five years, applying questionnaires and qualitative interviews at four time points (T0, T1, T2, T3).

#### Doel van het onderzoek

Multiproblem families (MPFs) provide a huge public health challenge because of socioeconomic deprivation, psychosocial problems, parenting problems, domestic violence and rule-breaking behaviour. Therefore, there is a strong need for evidence-based approaches to successfully manage the difficulties of MPFs in various domains of life.

The aim of the study is to evaluate the effectiveness of an organizational model to support MPFs in the Netherlands. The model is based on the Flexible Assertive Community Treatment (FACT) and the outcomes of a literature study concerning effective elements of interventions for MPFs.

#### Onderzoeksopzet

Measures will be assessed at inclusion (T0), after half a year (T1), after a year (T2) and after two years (T3) after the working method started within the municipalities. Questionnaires will be filled in at each time point by professionals, parents and children (>12 years).

#### **Onderzoeksproduct en/of interventie**

Experimental condition (Flexible Assertive Community Treatment, FACT)

Assertive Community Treatment (ACT) is a well-defined service delivery model for the care and treatment of the most severely mentally ill people (SMI) in the community. In the Netherlands a Dutch version named FACT have been set up, Flexible Assertive Community Treatment. FACT is a rehabilitation-oriented clinical case management model, which is based on the ACT model but is more flexible and able to serve a broader range of clients with severe mental illness. The FACT team is a case management team with partly an individual approach and partly a team approach; the approach varies from client to client, depending on the client's or family's needs. For more stable long-term clients FACT provides coordinated multidisciplinary treatment and care by individual case management. Unstable clients or families at risk of relapse, neglect and readmission are provided with intensive assertive outreach care by the same team, working with a shared caseload for this subgroup.

Control condition (Care as Usual, CAU)

The control condition comprises the care as usual that is available for multiproblem families within the participating municipalities.

# Contactpersonen

### **Publiek**

Universitair Medisch Centrum Groningen - Afdeling Gezondheidswetenschappen/FA10

K.E. Evenboer PO Box 196

Groningen 9700 AD The Netherlands 0503632848

### Wetenschappelijk

Universitair Medisch Centrum Groningen - Afdeling Gezondheidswetenschappen/FA10

K.E. Evenboer PO Box 196

Groningen 9700 AD The Netherlands 0503632848

## **Deelname eisen**

#### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Families can be included in the study if they consist of at least one adult and one child aged between 4-18 years, who are living together in the same household and who experience difficulties in various domains of life (socio-economic, psychosocial and parenting problems) whereas parenting problems have to be present in any case.

#### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Families can not be included in the study when they live outside the municipalities that participate in our study and when there are no children present in the household aged between 4-18 years.

# Onderzoeksopzet

#### Opzet

Туре:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blindering:	Open / niet geblindeerd
Controle:	Geneesmiddel

#### Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	01-10-2015
Aantal proefpersonen:	200
Туре:	Verwachte startdatum

# **Ethische beoordeling**

Niet van toepassing Soort:

Niet van toepassing

# Registraties

### **Opgevolgd door onderstaande (mogelijk meer actuele) registratie**

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL5319
NTR-old	NTR5428
Ander register	UMCG Research Register : 201501002

### Resultaten

#### Samenvatting resultaten

Holwerda, A., Jansen, D.E.M.C., & Reijneveld, S.A. (2014). The effects of care for multiproblem families: an overview. University Medical Center Groningen, Groningen (in Dutch).