

Prevention of Depression and Anxiety in Adolescents with a High Familial Risk.

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The effectiveness of an indicated indicated depression and anxiety prevention program ('Een Sprong Vooruit') will be tested in a Dutch sample of adolescents (aged 11-15) with high familial risk. It is expected that the adolescents who...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20973

Bron

Nationaal Trial Register

Aandoening

Prevention, depression, anxiety, adolescents, parental psychopathology

Ondersteuning

Primaire sponsor: GGZ Oost Brabant

Overige ondersteuning: ZON-MW, The Netherlands Organization for Health Research and Development

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Depression;

Toelichting onderzoek

Achtergrond van het onderzoek

In this randomized controlled trial (RCT with 2 conditions, intervention and control group) the effectiveness of an indicated and selective prevention program aimed at depression and anxiety for adolescents (aged 11-15) with high familial risk will be tested. Adolescents in the intervention condition receive the program consisting of the 6 sessions of 90 minutes that will be implemented at school. Measurements of primary and secondary outcomes will be conducted in the intervention and control group at baseline, immediately after each session 2, 4 and 6 (post-intervention), at 6 months and 12 months follow-up.

Doel van het onderzoek

The effectiveness of an indicated indicated depression and anxiety prevention program ('Een Sprong Vooruit') will be tested in a Dutch sample of adolescents (aged 11-15) with high familial risk. It is expected that the adolescents who receive the intervention will show lower levels of depressive and anxiety symptoms during follow-up, compared to the control group.

Onderzoeksopzet

1. Baseline;
2. Intervention phase 1 (after session 2);
3. Intervention phase 2 (after session 4);
4. Post-intervention (after session 6);
5. Follow-up 1 (6 months);
6. Follow-up 2 (12 months).

Onderzoeksproduct en/of interventie

The children with symptoms of depression and/or anxiety and with parents with elevated levels of depression and/or anxiety randomly assigned to the intervention or control condition. Participants in the intervention condition receive the program, consisting of 6 sessions of 90 minutes that will be implemented at school. Participants in the intervention and participants in the control condition will fill in questionnaires at six moments during the study. After the study, adolescents in the control condition will also get the chance to follow the lessons.

Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- adolescent is aged between 11-15 years old;
- shows increased levels of depression and or anxiety;
- at least one of the parents shows symptoms of a depression or anxiety disorder;
- both adolescent and parents have sufficient knowledge of the Dutch language

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- absence of parental permission;
- adolescent already receives treatment for mental health problems
- presence of prominent suicide ideation (score of 2 CDI 2 suicide item)

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-01-2013
Aantal proefpersonen:	160
Type:	Werkelijke startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Positief advies	
Datum:	24-11-2012
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL3563
NTR-old	NTR3720
Ander register	- : -
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

N/A