

# Effectiveness of the (POPP) treatment program in sexually abused preschool girls: a randomized controlled trial

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POPP treatment will lead to more PTSD symptom reduction compared to wait list.

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON20992

### Bron

Nationaal Trial Register

### Verkorte titel

POPP treatment for sexually abused preschool girls

### Aandoening

PTSD symptoms

## Ondersteuning

**Primaire sponsor:** GGZ Oost Brabant

**Overige ondersteuning:** GGZ Oost Brabant

## Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

PTSD symptoms from baseline to post-intervention. The change in PTSD symptoms between the experimental and control group is compared at post-intervention.

# Toelichting onderzoek

## Achtergrond van het onderzoek

The main objectives of the present study are: assessing the effectiveness of the POPP-treatment program in girls aged 3-6 years with posttraumatic stress reactions following sexual abuse

## Doel van het onderzoek

POPP treatment will lead to more PTSD symptom reduction compared to wait list.

## Onderzoeksopzet

The assessments will be conducted at baseline (T1), three months later at post-intervention (post-immediate POPP treatment, or at the end of waiting list: T2), and six months later (follow-up of immediate POPP treatment or post-treatment in the waiting list condition: T3)

## Onderzoeksproduct en/of interventie

The POPP treatment program is based on Trauma Focused-Cognitive Behavior Therapy (TF-CBT) techniques, with a newly described central position for projection and healing play. Ten treatment sessions (for a maximum of 60 minutes each) are offered, along with parental guidance. Under the waiting list condition, the POPP treatment program starts after three months.

# Contactpersonen

## Publiek

GGZ Oost Brabant

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## Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

The criteria for inclusion are a) increased levels of PTSD symptoms, b) PTSD symptoms related to sexual abuse, and c) the child has reached the developmental level of symbolic play.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Exclusion criteria are a) the absence of parental permission, b) severe psychiatric conditions that require an emergency response (suicidal intent, psychotic symptoms, or severe dissociations), c) the most recent episode of sexual abuse occurred more than 12 months before referral to the study, and d) lack of a long-term caretaker or severe family problems (lack of stability for the ongoing six months).

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Enkelblind
Controle:	Geneesmiddel

### Deelname

Nederland

Status:	Werving gestart
(Verwachte) startdatum:	01-07-2015
Aantal proefpersonen:	40
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies	
Datum:	22-10-2015
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 41070  
Bron: ToetsingOnline  
Titel:

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL5307
NTR-old	NTR5416
CCMO	NL50473.091.14
OMON	NL-OMON41070

## Resultaten

### Samenvatting resultaten

n/a