

Problem Solving Treatment (PST) Project.

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There is a need for assistance by primary care mental health workers in general practice in the Netherlands. General Practitioners (GPs) experience an overload of frequent attenders suffering from (co-morbid) psychological problems. For most GPs...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON20998

Bron

NTR

Verkorte titel

PST

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Reduction of symptoms, measured using the Hospital Anxiety and Depression Scale (HADS) to monitor symptom levels of anxiety and depression.

Toelichting onderzoek

Achtergrond van het onderzoek

N/A

Doel van het onderzoek

There is a need for assistance by primary care mental health workers in general practice in the Netherlands. General Practitioners (GPs) experience an overload of frequent attenders suffering from (co-morbid) psychological problems. For most GPs these problems are complicated to recognize and to refer. PST is a brief and practical skill-building psychological treatment. The treatment has a strict protocol and is based on the principles of cognitive behavioral therapy. PST delivered by nurses seems to be an effective treatment for patients with psychological problems in primary care. This treatment increases the patients skill of structured problem solving and gives back a sense of control. However, research outcomes differ and no systematic review is available. This protocol describes a randomized clinical trial on the effectiveness of PST delivered by nurses for patients in general practice.

Onderzoeksopzet

N/A

Onderzoeksproduct en/of interventie

PST versus care as usual.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Patients of 18 years and older, who present psychological problems and are frequent attenders of general practice are recruited by the research-assistant.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Patients who are treated in last year in the GGz, for example with cognitive behaviour therapy;
2. Patients who suffer from a serious medical sickness, psychotic impairment, primarily organic-mental impairment or serious individuality problems;
3. Patients who are multiple visitors of the general practitioner because of chronic or hypochondria;
4. Patients who are indicated for anxiolytic or antidepressant, or patients who used these drugs less than 12 weeks, or those without constant treatment dose in the following 10 weeks;
5. Patients with serious addiction problems;
6. Patients who are suicidal;
7. Patients who are not able to fill in the questionnaire (GHQ);
8. Patients with insufficient knowledge of the Dutch language.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland
Status: Werving gestopt
(Verwachte) startdatum: 01-11-2002
Aantal proefpersonen: 160
Type: Werkelijke startdatum

Ethische beoordeling

Positief advies
Datum: 13-07-2005
Soort: Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL551
NTR-old	NTR607
Ander register	: 42.00.0001
ISRCTN	ISRCTN51021015

Resultaten

Samenvatting resultaten

N/A