E-health in caring for patients with atopic dermatitis. An economic evaluation comparing usual care with Internet-guided monitoring and self-management training by a nurse practitioner.

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Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON21006

Bron
NTR

Verkorte titel
E-health patients with atopic dermatitis.

Aandoening

patients with atopic dermatitis

Ondersteuning

Primaire sponsor: University Medical Centre Utrecht
Department of Dermatology
PO Box: 85500
3508 GA Utrecht

the Netherlands
Overige ondersteuning: ZonMw
Postbox 93 245
2509 AE The Hague
The Netherlands

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

1. Direct and indirect costs of care;
2. Quality of Life.

Toelichting onderzoek

Achtergrond van het onderzoek

The problem investigated in this proposal is the inefficiency of scheduled visits for patients with atopic dermatitis (AD) and parents of young children with AD. The subject of the study is an economic evaluation comparing usual care with e-health consisting of internet guided monitoring and self-management training by a nurse practitioner(NP) using a personal website. It is expected that the proposed intervention combines cost savings with an improvement in quality of life.
In a randomized controlled trial e-health for adults and parents of young children with AD will be compared with usual care, consisting of scheduled follow-up visits to the dermatologist and the dermatology nurse practitioner.
Primary outcome measures are direct and indirect costs of care (fixed costs of e-health service; out-patient visits; days off work by adult patients and the parents of patients with AD) and Quality of Life.
Secondary parameters are patient satisfaction and severity and extensiveness of the AD.
Data-analysis will take place at three moments (baseline, after 3 and 12 months). Based on the power calculation two times 100 patients will be sufficient. The balance between costs and effects will be addressed using a multi-criteria analysis representing all outcomes and costs for both adults and parents of children. The total duration of the project is three years: patient inclusion 1,5 year, continuation 1
year and processing data 0,5 year.

Doel van het onderzoek

We hypothesize that e-health, consisting of internet guided monitoring and self management training online, for patients with atopic dermatitis combines cost savings with an

improvement in quality of life.

Onderzoeksproduct en/of interventie

Intervention group: E-health
E-health consists of Internet guided monitoring and self-management training. Every patient has access to his personal website using a password. The nurse practitioner (NP) has access to this site too.
This personal website contains:
1. General information about atopic dermatitis (AD) and personal information about prescribed treatment and daily skincare;
2. Provides monitoring information. The patient can monitor the disease using digital photographs of the skin, a self score of skin status, VAS-scores of sleeping and itching and by keeping a diary of ointment use. The NP uses the data to support patients or parents in self management by e-mail;
3. Offers the possibility for E-mail contact between the patient and NP on all working days;
4. Facilitates an assessment of psychosocial aspects and consequences of having AD for daily living. The NP can counsel, give information or advice in individual cases.
Follow-up visits to the NP or dermatologist are possible in individual cases where e-health is inadequate.
The control group receives the usual care consisting of scheduled follow-up visits to the dermatologist and the dermatology nurse practitioner.

Contactpersonen

Publiek

University Medical Center Utrecht (UMCU),
Department of Dermatology,
P.O. Box 85500
Petra Eland-de Kok
Utrecht 3508 GA
The Netherlands
+31 (0)30 2507348

Wetenschappelijk

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Department of Dermatology,
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Petra Eland-de Kok
Utrecht 3508 GA
The Netherlands
+31 (0)30 2507348

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Patients with moderate or severe AD aged 16+ or parents of children aged 0 to 4;
2. Who visit the outpatient department of dermatology of the UMC Utrecht or Erasmus MC Rotterdam for the first time;
3. Who have Internet access.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Oral immunosuppressive drugs;
2. UV-B / UV-A light therapy.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Blindering:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland

Status:	Werving gestart
(Verwachte) startdatum:	01-03-2006
Aantal proefpersonen:	200
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies

Datum:	20-02-2006
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL556
NTR-old	NTR612
Ander register	: N/A
ISRCTN	ISRCTN92520775

Resultaten

Samenvatting resultaten
N/A