

# Transcranial magnetic stimulation to the right parietal cortex in the treatment of depression.

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Ten consecutive sessions of 2 Hz TMS (inter-pulse interval: 1 sec) at 90% MT to the right parietal cortex (2400 pulses p/session) will have antidepressant effects.

|                             |                       |
|-----------------------------|-----------------------|
| <b>Ethische beoordeling</b> | Positief advies       |
| <b>Status</b>               | Werving gestopt       |
| <b>Type aandoening</b>      | -                     |
| <b>Onderzoekstype</b>       | Interventie onderzoek |

## Samenvatting

### ID

NL-OMON21176

### Bron

NTR

### Verkorte titel

TMS

### Aandoening

Depression; Depressie

### Ondersteuning

**Primaire sponsor:** Department of Psychiatry

St Lucas Hospital

P.O. Box 9243

1006 AE Amsterdam

the Netherlands

**Overige ondersteuning:** Netherlands Organization for Scientific Research (NWO)

### Onderzoeksproduct en/of interventie

# Uitkomstmaten

## Primaire uitkomstmaten

The percentage change from baseline on the HAM-D scores

## Toelichting onderzoek

### Achtergrond van het onderzoek

Background:

The aim of the current treatment study was to evaluate the therapeutic effects of transcranial magnetic stimulation (TMS) over the right parietal cortex in depression.

Methods:

In a double-blind sham-controlled design ten consecutive sessions of 2 Hz TMS (inter-pulse interval: 1 sec) at 90% MT to the right parietal cortex (2400 pulses p/session) were applied to thirty-four patients with the primary diagnosis of DSM-IV depression and a > 15 score on the 17-item Hamilton Rating Scale for Depression (HAM-D). The primary outcome measures were the percentage change from baseline on the 17-item HAM-D scores after ten sessions, and the percentage clinical (> 50% reduction in HAM-D score) and partial clinical responders (> 30% reduction in HAM-D score).

Results:

The reduction of HAM-D scores in the real TMS treatment (mean<sub>real</sub> ± SD, -19.9 ± 32.5%) was not statistically different from the sham TMS treatment (mean<sub>sham</sub> ± SD, -5.6 ± 28.4%), and the number of clinical responders did not differ between treatments. However, a significant greater number of partial clinical responders was observed in the real (43.8%) as compared to the sham TMS treatment (6.3%).

Conclusions:

The current study provides the first evidence showing that 2 Hz TMS over the right parietal cortex may have antidepressant properties and warrants further research.

### Doel van het onderzoek

Ten consecutive sessions of 2 Hz TMS (inter-pulse interval: 1 sec) at 90% MT to the right

parietal cortex (2400 pulses p/session) will have antidepressant effects.

### **Onderzoeksopzet**

t=1: week 0 - baseline;

t=2: week 2 - endpoint.

### **Onderzoeksproduct en/of interventie**

Transcranial magnetic stimulation: 2 Hz TMS (inter-pulse interval: 1 sec) at 90% MT to the right parietal cortex (2400 pulses p/session). 10 sessions in total.

## **Contactpersonen**

### **Publiek**

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### **Wetenschappelijk**

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## **Deelname eisen**

## **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Primary diagnosis of depressive disorder according to the DSM-IV (APA 2000);
2. => 15 score on the Hamilton Rating Scale for Depression (HAM-D).

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. History of seizures;
2. Neurological conditions;
3. Metal objects in or around the body that cannot be removed (i.e., cochlear implant, surgical clips, piercing, cardiac pacemaker);
4. Heart disease;
5. Pregnancy;
6. Drug and alcohol abuse.

## **Onderzoeksopzet**

### **Opzet**

|                  |                       |
|------------------|-----------------------|
| Type:            | Interventie onderzoek |
| Onderzoeksmodel: | Parallel              |
| Toewijzing:      | Gerandomiseerd        |
| Blinding:        | Dubbelblind           |
| Controle:        | Placebo               |

### **Deelname**

|                         |                 |
|-------------------------|-----------------|
| Nederland               |                 |
| Status:                 | Werving gestopt |
| (Verwachte) startdatum: | 01-07-2004      |

Aantal proefpersonen: 34  
Type: Werkelijke startdatum

## Ethische beoordeling

Positief advies  
Datum: 17-04-2008  
Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

| Register       | ID                                 |
|----------------|------------------------------------|
| NTR-new        | NL1234                             |
| NTR-old        | NTR1279                            |
| Ander register | : TMSDEP18061975                   |
| ISRCTN         | ISRCTN wordt niet meer aangevraagd |

## Resultaten

### Samenvatting resultaten

In preparation