

# Functional status and health status in COVID-19 patients pre and post rehabilitation

Gepubliceerd: 15-04-2020 Laatst bijgewerkt: 13-12-2022

It is expected that functional status and health status is impaired in COVID-19 patients after hospital discharge and that this will improve after a multidisciplinary rehabilitation program.

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON21287

### Bron

NTR

### Aandoening

COVID-19

### Ondersteuning

**Primaire sponsor:** Board of Directors CIRO

**Overige ondersteuning:** N/A

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

- Functional status, assessed with Short Physical Performance Battery (SPPB), hand grip strength, Medical Research Council, Medical Research Council for muscle strength, lower-limb muscle function using a hand-held dynamometer
- Health status, assessed with Nijmegen Clinical Screening Instrument (NCSI), Hospital

Anxiety and Depression Scale (HADS), Care Dependency Scale (CDS), European Health Literacy Survey (HLS\_EU\_Q16), COPD Assessment Test (CAT), Patient Activation Measure (PAM)

## Toelichting onderzoek

### Achtergrond van het onderzoek

At the moment, thousands of people in the Netherlands are (or have been) hospitalized because of Corona Virus 2019 (COVID-19), and about a quarter of these patients is being treated with long-term mechanical ventilation in the Intensive Care Unit (ICU). Based on acute respiratory distress syndrome (ARDS) survival studies, it seems reasonable to hypothesize that many patients with COVID-19 will also experience physical and/or emotional consequences after hospitalization, which in turn will have a negative impact on the quality of life. However, there is no available evidence at present, as information about the longitudinal impact of COVID-19 is lacking.

This observational study will provide an initial understanding of the impact of hospitalization on functional status and health status quality in patients with COVID-19. Furthermore, our data will provide insight in the possible beneficial effect of rehabilitation on functional status and health status in COVID-19 patients after discharge from the hospital.

### Doel van het onderzoek

It is expected that functional status and health status is impaired in COVID-19 patients after hospital discharge and that this will improve after a multidisciplinary rehabilitation program.

### Onderzoeksopzet

Patients will perform a baseline assessment when admitted to Ciro. If necessary, patients will perform an 8-week multidisciplinary rehabilitation program. Tests and questionnaires will be repeated after the rehabilitation period.

## Contactpersonen

### Publiek

Ciro Horn  
Anouk Vaes

+31 (0)475-587602

## **Wetenschappelijk**

Ciro Horn

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## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

COVID-10 patients referred to Ciro Horn after hospital discharge

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

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## **Onderzoeksopzet**

### **Opzet**

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

### **Deelname**

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	30-03-2020
Aantal proefpersonen:	30
Type:	Verwachte startdatum

## **Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)**

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

## **Ethische beoordeling**

Positief advies

Datum: 15-04-2020

Soort: Eerste indiening

## **Registraties**

### **Opgevolgd door onderstaande (mogelijk meer actuele) registratie**

Geen registraties gevonden.

### **Andere (mogelijk minder actuele) registraties in dit register**

Geen registraties gevonden.

## **In overige registers**

### **Register ID**

NTR-new NL8535

Ander register medisch-ethische toetsingscommissie (METC) azM/UM : METC 2020-1340

## **Resultaten**