

# The effect of Acclydine on fatigue and functional status in patients with chronic fatigue syndrome.

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Acclydine is a plant sourced alkaloid which has effects on protein structure and metabolism. In particular it leads to the activation of the pituitary to increase release of growth hormone. The GH axis has been shown to be disturbed in CFS, so this...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON21358

### Bron

NTR

### Verkorte titel

N/A

### Aandoening

Chronic fatigue syndrome.

### Ondersteuning

**Primaire sponsor:** University Medical Centre Nijmegen  
The Netherlands.

**Overige ondersteuning:** Optipharma BV  
Handelsweg 5  
6114 BR Susteren  
The Netherlands

### Onderzoeksproduct en/of interventie

## **Uitkomstmaten**

### **Primaire uitkomstmaten**

1. Fatigue-severity measured with CIS-fatigue;
- <br>2. Functional impairment measured with Sickness Impact Profile;
- <br>3. CDC-symptoms.

## **Toelichting onderzoek**

### **Achtergrond van het onderzoek**

Aclyidine is a plant sourced alkaloid which has effects on protein structure and metabolism. In particular it leads to the activation of the pituitary to increase release of growth hormone. The GH axis has been shown to be disturbed in CFS, so this alkaloid could be of benefit in CFS.

During a 14-weeks placebo-controlled trial, the efficacy of Aclyidine combined with amino-acids will be assessed in CDC-diagnosed CFS-patients.

### **Doel van het onderzoek**

Aclyidine is a plant sourced alkaloid which has effects on protein structure and metabolism. In particular it leads to the activation of the pituitary to increase release of growth hormone. The GH axis has been shown to be disturbed in CFS, so this alkaloid could be of benefit in CFS.

### **Onderzoeksopzet**

N/A

### **Onderzoeksproduct en/of interventie**

14 weeks Aclyidine combined with amino-acids.

## **Contactpersonen**

### **Publiek**

University Medical Center St. Radboud, Department Internal Medicine,

Expert Center Chronic Fatigue,  
P.O. Box 9101  
G.K.H. The  
Nijmegen 6500 HB  
The Netherlands  
+31 (0)24 3618819

## **Wetenschappelijk**

University Medical Center St. Radboud, Department Internal Medicine,  
Expert Center Chronic Fatigue,  
P.O. Box 9101  
G.K.H. The  
Nijmegen 6500 HB  
The Netherlands  
+31 (0)24 3618819

## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. CDC-diagnosed CFS-patients  
Male and female patients 18-65 years;
2. Elevated IGF-BP3/IGF-1 ratio;
3. High-fatigue severity level;
4. Substantial functional impairment;
5. Written informed consent.

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Pregnancy;
2. Lactating women;
3. Participation in CVS treatment programs;

4. Recent participation in other CVS treatment research;
5. Psychiatric co-morbidity.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Dubbelblind
Controle:	Placebo

### Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	22-10-2002
Aantal proefpersonen:	60
Type:	Werkelijke startdatum

## Ethische beoordeling

Positief advies	
Datum:	01-09-2005
Soort:	Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

## Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL133
NTR-old	NTR167
Ander register	: N/A
ISRCTN	ISRCTN77271661

## Resultaten

### Samenvatting resultaten

PLoS Clin Trials. 2007 May 18;2(5):e19.