

Interactive Computer Tailored Smoking Cessation and Prevention for Adolescents.

Gepubliceerd: 11-10-2005 Laatste bijgewerkt: 13-12-2022

Intervention lead to 5% less smoking uptake and 10% more quit attempts.

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON21390

Bron

NTR

Verkorte titel

ICTA

Aandoening

Although not studied in this trial, smoking prevention leads to less cardiovascular diseases and cancer.

Ondersteuning

Primaire sponsor: 2100.0071 (Zon MW)

ZonMw

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Overige ondersteuning: The Netherlands Organisation for Health Research and Development (ZonMW).

ZonMw

Laan van Nieuw Oost Indië 334

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Smoking status (and secondary outcomes) will be assessed with questionnaires which adolescents fill out on the Internet. At baseline and 6 and 12 months after baseline questionnaires will be filled out.

Toelichting onderzoek

Achtergrond van het onderzoek

Computer tailored interventions have been proven to be successful in smoking cessation and prevention among adults and young adolescents. This study investigates the effectiveness of a computer tailored smoking cessation and prevention intervention for 15-17 year old adolescents. Participants in the study fill out a questionnaire on the Internet three times within a year. One third of the participants receive a personalized advice on the Internet about smoking (cessation) immediately after filling out the questionnaire. A second group receives a personalized advice per letter and a third group receives no advice at all. Smoking status as well as cognitive factors related to smoking (cessation) and demographic variables will be assessed. The two experimental groups receive three times personalized information on the smoking behavior within the 6 months between first and second measurement. To assess long-term effects of the intervention a 12-month post test are held.

Doel van het onderzoek

Intervention lead to 5% less smoking uptake and 10% more quit attempts.

Onderzoeksopzet

N/A

Onderzoeksproduct en/of interventie

Two intervention groups receive three times a personalised advice on (quitting) smoking through Internet or letter after filling out a questionnaire on the Internet. The control group receives no personalised advice.

Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Adolescents between 15 and 18 years old.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Adolescents who do not attend school.

Onderzoeksopzet

Opzet

Type: Interventie onderzoek

Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-10-2002
Aantal proefpersonen:	5000
Type:	Werkelijke startdatum

Ethische beoordeling

Positief advies	
Datum:	11-10-2005
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL307
NTR-old	NTR345
Ander register	Zon MW : 2100.0071
ISRCTN	ISRCTN45377814

Resultaten

Samenvatting resultaten

N/A