

TOWARDS A REGIONAL APPROACH OF OSTEOARTHRITIS (OA): DEVELOPMENT, FEASIBILITY AND PRELIMINARY EFFECTS OF AN OA SELF-MANAGEMENT COURSE FOR PATIENTS.

Gepubliceerd: 22-09-2015 Laatste bijgewerkt: 13-12-2022

Objectives are: 1) To determine the feasibility of an OA educational self-management course, by assessing the appreciation of health care providers and participants, participation and barriers and facilitators to participation. 2) To determine...

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aanpak	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON21402

Bron

NTR

Aandoening

Osteoarthritis, hip, knee
heup knie artrose

Ondersteuning

Primaire sponsor: Sint Maartenaskliniek, Nijmegen

Overige ondersteuning: Cooperation VGZ

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Health care utilization

Toelichting onderzoek

Doel van het onderzoek

Objectives are:

- 1) To determine the feasibility of an OA educational self-management course, by assessing the appreciation of health care providers and participants, participation and barriers and facilitators to participation.
- 2) To determine preliminary effects of an OA educational self-management course on health care utilization (primary outcome measure) and self-efficacy, illness perceptions, self-management skills, knowledge, pain, daily functioning and physical activity.

Onderzoeksopzet

T0 baseline

T1 3 months after intervention

Onderzoeksproduct en/of interventie

In the period of October 2015 – March 2016 the self-management OA courses will be organized in 3 districts in the Nijmegen area. Per district a maximum of 4 courses will be organized. Each course will consist of two 1.5-hour meetings, for 12 patients and their partners/significant person.

Every course will be led by a physiotherapist, a GP or practice nurse from the district, a public health advisor, and an orthopedic surgeon or specialized nurse.

Contactpersonen

Publiek

Sint Maartenskliniek Research W0.29

Aniek Claassen
Postbus 9011

Nijmegen 6500 GM
The Netherlands
+31 24 365 9145

Wetenschappelijk

Sint Maartenskliniek Research W0.29

Aniek Claassen
Postbus 9011

Nijmegen 6500 GM
The Netherlands
+31 24 365 9145

Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

Every patient with a clinical diagnosis of OA in the hip or knee (diagnosed by a GP or medical specialist)

> 18 years

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

Patients who have had a joint replacement surgery due to OA will be excluded

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-10-2015
Aantal proefpersonen:	144
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	22-09-2015
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5371
4 - TOWARDS A REGIONAL APPROACH OF OSTEOARTHRITIS (OA): DEVELOPMENT, FEASIBILITY AND ...	
2-05-2025	

Register

NTR-old

Ander register

ID

NTR5472

: RR-144-ARTROSECURSUS

Resultaten