

Online intervention for improving body satisfaction

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The aim of this study is to investigate the effectiveness of a brief computer intervention to improve body satisfaction and self-esteem in a clinical population of adolescents with an eating disorder. We will examine whether the intervention is...

Ethische beoordeling	Positief advies
Status	Werving gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON21454

Bron

NTR

Aandoening

eetstoornissen; eating disorders; negatief lichaamsbeeld; body dissatisfaction

Ondersteuning

Primaire sponsor: Accare, Child-and adolescent psychiatry

Centre for Eating disorders

Postbus 30 | 9422 ZG Smilde

Overige ondersteuning: n.v.t.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

The primary outcome measures of the study are body satisfaction measured with the:

- Body Image States Scale (BISS)

- Subscales weight and shape concerns of the Eating Disorder Examination Questionnaire

(EDE-Q)

- Automatic body evaluation measured with the Implicit Association Test (IAT)
And general self-esteem measured with the Rosenberg Self-Esteem Scale (RSES).

Toelichting onderzoek

Doel van het onderzoek

The aim of this study is to investigate the effectiveness of a brief computer intervention to improve body satisfaction and self-esteem in a clinical population of adolescents with an eating disorder. We will examine whether the intervention is effective (a) in adolescents with an eating disorder and (b) as online intervention.

Onderzoeksopzet

Pre, post, 3 weeks FU, 11 weeks FU. For the control group there is an extra assessment after half of the training.

Onderzoeksproduct en/of interventie

This innovative computertraining is based on conditioning principles and learns participants to associate their body with positive, accepting social feedback.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- > Patients who are dissatisfied with their body and who would like to receive treatment for this
- > Patients who were diagnosed at the start of their treatment at usual with Anorexia Nervosa, Boulimia Nervosa or eatings disorder not otherwise specified
- > Patients of 12 years or older can participate
- > Only patients with a normal weight or slight overweight can participate (BMI adjusted to growth curve, "adjusted BMI" of 85 to 140, which is similar to a BMI of 18.5 to 30 in adults, Van Winckel & Van Mil, 2001). In case of anorexia nervosa this means that patients first should have gained weight.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- > Non-Dutch speaking patients
- > Patients who are no longer dissatisfied with their bodies
- > Patients with obesity (adjusted BMI > 140)
- > Patients with underweight (adjusted BMI < 85)
- > Patients who do not want to be randomized

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Cross-over
Toewijzing:	Gerandomiseerd
Blinding:	Dubbelblind
Controle:	Geneesmiddel

Deelname

Nederland
Status: Werving gestart
(Verwachte) startdatum: 01-09-2015
Aantal proefpersonen: 51
Type: Verwachte startdatum

Ethische beoordeling

Positief advies
Datum: 02-09-2015
Soort: Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 42288
Bron: ToetsingOnline
Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5342
NTR-old	NTR5451
CCMO	NL51113.042.15
OMON	NL-OMON42288

Resultaten