

The effects of switching antidepressants on endoxifen exposure.

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Inhibition of CYP2D6 enzymes by SSRIs may lead to reduced endoxifen plasma concentrations and thereby possibly influence tamoxifen treatment outcome. Paroxetine is a potent CYP2D6 inhibitor and strongly reduces endoxifen plasma concentrations....

Ethische beoordeling	Positief advies
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON21757

Bron

NTR

Aandoening

Breast Cancer

Ondersteuning

Primaire sponsor: Erasmus Medical Center - Daniel den Hoed Cancer Center, Dept of Medical Oncology

Overige ondersteuning: Erasmus Medical Center - Daniel den Hoed Cancer Center, Dept of Medical Oncology

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Determine the effects of switching from the potent CYP2D6 inhibitor paroxetine to a weak

CYP2D6 inhibitor (venlafaxine, escitalopram) on the plasma pharmacokinetics of tamoxifen and its metabolites (AUC, CL, Cmax).

Toelichting onderzoek

Achtergrond van het onderzoek

Inhibition of CYP2D6 enzymes by SSRIs may lead to reduced endoxifen plasma concentrations and thereby possibly influence tamoxifen treatment outcome. Paroxetine is a potent CYP2D6 inhibitor and strongly reduces endoxifen plasma concentrations. It is advised to use antidepressants with little or no CYP2D6 inhibition properties, including escitalopram and venlafaxine. Nevertheless, there is no (direct) evidence that switching from potent CYP2D6 inhibitors to weak inhibitors will lead to higher endoxifen concentrations. In this pharmacokinetic study we will examine the effects of switching from a potent CYP2D6 inhibitor (paroxetine) to a weak inhibitor of CYP2D6 (venlafaxine or escitalopram) on the metabolism and plasma pharmacokinetics of tamoxifen and its metabolites in breast cancer patients on tamoxifen therapy.

The study will be performed at the Erasmus MC- Rotterdam. Thirteen evaluable patients, who are treated with a dose of 20 or 40 mg tamoxifen and paroxetine, will be included in this trial. Under careful supervision of a psychiatrist from the Erasmus MC, patients will be switched from paroxetine to treatment with venlafaxine or escitalopram (dependent on indication and patient related factors).

On day one (before switching; tamoxifen + paroxetine) and day 30 (after switching; tamoxifen + venlafaxine or escitalopram), pharmacokinetic sampling will be performed during a 24 hour clinical period. Blood samples will be analysed by a validated LC-MS/MS method. The differences in pharmacokinetic parameters will be statistically evaluated using a paired Student's t-test.

Doel van het onderzoek

Inhibition of CYP2D6 enzymes by SSRIs may lead to reduced endoxifen plasma concentrations and thereby possibly influence tamoxifen treatment outcome. Paroxetine is a potent CYP2D6 inhibitor and strongly reduces endoxifen plasma concentrations. Venlafaxine and escitalopram are associated with only weak CYP2D6 inhibition. Switching from paroxetine to a weak CYP2D6 inhibiting SSRI/SNRI (i.e. venlafaxine, escitalopram), probably lead to higher endoxifen plasma concentrations. In this study we will examine the effects of switching from the potent CYP2D6 inhibitor (paroxetine) to a weak inhibitor of CYP2D6 (venlafaxine, escitalopram) on the metabolism and plasma pharmacokinetics of tamoxifen and its metabolites in breast cancer patients on tamoxifen therapy.

Onderzoeksopzet

1. Prior to the study: Informed consent;
2. Switch antidepressant (from paroxetine to venlafaxine or escitalopram);
3. Day 1: pharmacokinetic sampling for 24 hours (tamoxifen + paroxetine);
4. Day 30 (minimal 30 days after stop paroxetine and start venlafaxine/escitalopram): pharmacokinetic sampling for 24 hours (tamoxifen + venlafaxine or escitalopram).

Onderzoeksproduct en/of interventie

1. Patients will be switched from paroxetine (potent CYP2D6 inhibitor) to treatment with a weak CYP2D6 inhibiting antidepressant (venlafaxine or escitalopram);
2. Pharmacokinetic sampling.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Histological or cytological confirmed diagnosis of breast cancer, for which treatment with tamoxifen is indicated;
2. Use of tamoxifen for at least 4 weeks (to guarantee steady-state);
3. Concomitant use of paroxetine for at least 4 weeks;
4. Age > 18 years;
5. WHO performance < 1;
6. Adequate renal and hepatic functions;
7. Adequate hematological blood counts;
8. Written informed consent;
9. No radiotherapy or chemotherapy within the last 4 weeks before start;
10. No concurrent (over the counter) medication or (herbal) supplements, except SSRIs, known to induce or inhibit CYP2D6, CYP2C, CYP3A4 and/or P-glycoprotein;
11. No concurrent medication or supplements which can interact with venlafaxine and/or escitalopram;
12. Abstain from grapefruit, grapefruit juice, herbal dietary supplements, and herbal tea during the study.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Pregnant or lactating patients;
2. Serious illness or medical unstable condition requiring treatment, symptomatic CNS metastases or history of psychiatric disorder that would prohibit the understanding and giving of informed consent;
3. Patients with a history of suicide attempts or current suicidal ideation;

4. Contra-indications for venlafaxine and/or escitalopram use;
5. Patients with Congenital Long QT Syndrome (CLQTS);
6. Use of medications or dietary supplements, except SSRIs, known to induce or inhibit CYP2D6, CYP2C, CYP3A4 and/or P-glycoprotein;
7. More than one dose of tamoxifen (20 or 40 mg) per day;
8. Non-compliance.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	07-11-2011
Aantal proefpersonen:	13
Type:	Verwachte startdatum

Ethische beoordeling

Positief advies	
Datum:	02-11-2011
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL2977
NTR-old	NTR3125
Ander register	METC Erasmus MC : 2011-263
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Resultaten

Samenvatting resultaten

Binkhorst et al. Augmentation of Endoxifen Exposure in Tamoxifen-Treated Women Following SSRI Switch. Clin Pharmacokinet. 2016;55(2):249-55