

# **Wet-wrap treatment in children with atopic dermatitis using the wet-wrap method with diluted corticosteroids versus emollients**

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Wet-wrap treatment with diluted corticosteroids is more effective than wet-wrap treatment with emollients only

<b>Ethische beoordeling</b>	Niet van toepassing
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## **Samenvatting**

### **ID**

NL-OMON21806

### **Bron**

NTR

### **Verkorte titel**

Wet-wrap study in atopic dermatitis

### **Aandoening**

atopic dermatitis  
atopic eczema  
wet-wrap therapy  
atopisch eczeem  
constitutioneel eczeem  
emollients

### **Ondersteuning**

**Primaire sponsor:** Charlotte van Sassen, KinderHaven, Havenziekenhuis Rotterdam

**Overige ondersteuning:** fund=initiator=sponsor

## Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

The main endpoint concerns the comparison of the decrease of the objective SCORAD between the two groups for the various time points (=comparison of efficacy of the two therapies).

## Toelichting onderzoek

#### Achtergrond van het onderzoek

Rationale: Throughout the world, wet wrap therapy is advocated by dermatologists for treatment of children with severe atopic dermatitis. However, there is no consensus regarding the best method for wet wrap therapy with respect to the ointment or cream to be used under the wet dressings.

Objective: The main objective of this study is to compare the efficacy of wet wrap therapy with diluted corticosteroids versus wet wrap therapy with emollients. The secondary objectives are to develop an effective and objective value for monitoring the severity of atopic dermatitis, to monitor quality of life during therapy and to evaluate the safety of both therapies.

Study design: A prospective, double-blind, randomised, multi center intervention study.

Study population: Children 6 months-6 years old with severe atopic dermatitis (objective SCORAD  $\geq 40$ ).

Intervention: Patients will be randomised over 2 groups: the first group receives therapy with diluted corticosteroid cream under wet wraps and the second group receives emollients under wet-wraps.

Main study endpoint: The main endpoint of the study is the comparison of the decrease of the objective SCORAD between the two groups for the various time points.

#### Doel van het onderzoek

Wet-wrap treatment with diluted corticosteroids is more effective than wet-wrap treatment with emollients only

#### Onderzoeksopzet

Day 1, 4, 7, 14, 28.

## Onderzoeksproduct en/of interventie

Wet-wrap therapy with diluted corticosteroid cream (mometason-furoaat with vaseline 20% cetomacrogolcream dilution 1:19 face and 1:3 body) vs. wet-wrap therapy with emollients (vaseline 20% cetomacrogolcream).

## Contactpersonen

### Publiek

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Age 6 months - 6 years at inclusion
2. Diagnosis of atopic dermatitis with an objective SCORAD > 40
3. Parent/legal guardian willing to comply with the protocol
4. Written, dated consent for subject to participate

### Belangrijkste redenen om niet deel te kunnen nemen

## **(Exclusie)criteria**

1. Known pre-existing, serious underlying disease
2. (Secondary) infected eczema:
  - In case of overt impetiginisation, wet wrapping should be delayed until 48-72 hours after commencing antibiotics and confirmation of appropriate treatment by skin swab results
  - Eczema herpeticum is an absolute contraindication for the use of wet dressings
3. Signs and symptoms of systemic infection (such as fever, defined as a temperature equivalent to a rectal temperature greater than 38.3°C)
4. Problems in the hypothalamus-pituitary-adrenal (HPA) axis
5. Systemic corticosteroid therapy
6. Severe growth retardation

## **Onderzoeksopzet**

### **Opzet**

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blinding:	Dubbelblind
Controle:	Geneesmiddel

### **Deelname**

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-05-2008
Aantal proefpersonen:	50
Type:	Verwachte startdatum

## Ethische beoordeling

Niet van toepassing

Soort:

Niet van toepassing

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL1201
NTR-old	NTR1246
Ander register	MEC : 2008-077
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Resultaten

### Samenvatting resultaten

N/A