

# Observing Platelet Activability in a Once daily vs. a More frequent Aspirin intake regimen

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A twice daily intake regimen of aspirin provides a more stable inhibition within 24 hours after intake, compared to a once daily regimen.

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving tijdelijk gestopt
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON21826

### Bron

NTR

### Verkorte titel

THE OPA & OMA-TRIAL

### Aandoening

Cardiovascular patients myocardial infarction angina pectoris

### Ondersteuning

**Primaire sponsor:** VUmc, VU university medical center

**Overige ondersteuning:** Self-financing

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

- PFA-200 parameters: closure time, flow slope, maximum rate of occlusion and area under

the curve<br>

- Chrono-log LTA parameters: Amplitude of aggregation given in percentages and the area under the curve.<br>
- VerifyNow parameter: PRU <br>
- TBX2 serum levels. <br>

## Toelichting onderzoek

### Achtergrond van het onderzoek

Objective: Analyze whether a twice daily regimen is superior to a once daily regime of aspirin when it comes to inhibiting platelet aggregation in cardiovascular patients

Study design: Single blinded, open label, randomized cross-over study.

Study population: 75 outpatients from the cardiology department, taking 80 mg of acetylsalicylic acid once a day. 10 healthy subjects will be used to define baselines in the assays that are being used.

Intervention: Study participants will sequentially be allocated to three dosage regimens, A1, B, and C. The order of allocation will be decided via randomisation. Regimen A and B are designed to establish a baseline activability of the platelets under a once a day regime of acetylsalicylic acid. In regimen C participants are put on a twice daily dosage regimen. NB circadian rhythm has been taken into account. .

Main study parameters/endpoints: We will analyze whether a twice daily regimen is superior to a once daily regime of aspirin when it comes to inhibiting platelet aggregation in cardiovascular patients, as measured by the PFA-200, Chrono-log light transmission aggregometry, VerifyNow, and a TBX2 serum ELISA.

### Doel van het onderzoek

A twice daily intake regimen of aspirin provides a more stable inhibition within 24 hours after intake, compared to a once daily regimen.

### Onderzoeksopzet

Measured after 10 days of every intake regimen

### Onderzoeksproduct en/of interventie

- Once daily intake regime 8.00 am, duration 10 days

- Once daily intake regime 8.00 pm, duration 10 days
- Twice daily intake regime 8.00 am & pm, duration 10 days

## Contactpersonen

### Publiek

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Outpatients being treated for stable cardiovascular disease by the cardiology department.
- Stable cardiovascular disease defined as: coronary artery disease, peripheral vascular disease or previous myocardial infarction.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Active bleeding
- Diabetes mellitus

- Thrombocytopenia
- Thrombocytosis
- Thrombopathy (e.g. von Willebrand disease, Glanzmann's thrombasthenia and Bernard-Soulier syndrome)
- Any ischemic event or revascularization procedure (percutaneous coronary intervention or coronary artery bypass grafting) within the last six months.
- Alcohol intake the day before blood sampling.
- Non-compliance to the protocol
- Recent use of antiplatelet drugs, anticoagulants or drugs that are known to alter platelet function, other than aspirin (e.g. NSAID's, tirofiban, eptifibatide, abciximab, beta-lactam antibiotics, dextran, SSRI's, clomipramine & amitriptyline, dipyridamole, verapamil, diltiazem , ginkgo biloba, ginseng, St John's wort).

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Cross-over
Toewijzing:	Gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

### Deelname

Nederland	
Status:	Werving tijdelijk gestopt
(Verwachte) startdatum:	01-06-2015
Aantal proefpersonen:	85
Type:	Verwachte startdatum

### Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

**Wordt de data na het onderzoek gedeeld:** Nog niet bepaald

## Ethische beoordeling

Positief advies

Datum: 24-03-2015

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 42162

Bron: ToetsingOnline

Titel:

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL4976
NTR-old	NTR5114
CCMO	NL49455.029.14
OMON	NL-OMON42162

## Resultaten

### Samenvatting resultaten

<https://www.tandfonline.com/doi/pdf/10.1080/09537104.2020.1809643>