

# A trial to determine the efficacy of dry powder mannitol in improving lung function in subjects with Cystic Fibrosis aged six to seventeen years

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It is hypothesised that inhaled mannitol 400 mg b.d. will lead to a significant improvement in the absolute change in percentage of predicted FEV1 from baseline following eight-weeks of trial treatment compared to treatment with inhaled placebo b.d...

<b>Ethische beoordeling</b>	Positief advies
<b>Status</b>	Werving gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Interventie onderzoek

## Samenvatting

### ID

NL-OMON21839

### Bron

Nationaal Trial Register

### Verkorte titel

DPM-CF-204

### Aandoening

cystic fibrosis, mucoviscidosis, taaislijm ziekte

### Ondersteuning

**Primaire sponsor:** Pharmaxis Ltd

**Overige ondersteuning:** Pharmaxis Ltd

### Onderzoeksproduct en/of interventie

## **Uitkomstmaten**

### **Primaire uitkomstmaten**

The absolute change from treatment periodbaseline to week 8 of each treatment period in percentage of predicted FEV1.

## **Toelichting onderzoek**

### **Doel van het onderzoek**

It is hypothesised that inhaled mannitol 400 mg b.d. will lead to a significant improvement in the absolute change in percentage of predicted FEV1 from baseline following eight-weeks of trial treatment compared to treatment with inhaled placebo b.d.

Any improvement in FEV1 is considered clinically meaningful; however, this trial has set a threshold of 3% for the purposes of determining an appropriate sample size for statistical power whilst retaining trial feasibility in an orphan disease population.

### **Onderzoeksopzet**

Trial started 21 Jun 2013

Trial end planned 11 Mar 2015

### **Onderzoeksproduct en/of interventie**

Study Drug = Mannitol 400mg/twice a day

Placebo = non active Mannitol 400mg/twice a day, that means: the placebo consists of larger particles of Mannitol and therefore it is not inhaled into the lungs

The study drug is administered via a dry powder inhaler.

- Mannitol 400 mg twice a day for 8 weeks, followed by an 8-week washout period followed by 400 mg placebo /twice a day for 8 weeks

or

- 400 mg placebo twice a day for 8 weeks, followed by an 8-week washout period, followed by Mannitol 400 mg/twice a day for 8 weeks.

## **Contactpersonen**

## Publiek

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## Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Personally provide, or have a legal guardian provide written informed consent to participate in the trial, according to local regulations;
2. rhDNase and maintenance antibiotic use is allowed but treatment must have been established at least 3 months prior to screening. The subject must remain on rhDNase and / or maintenance antibiotics for the duration of the trial. The subject must not commence treatment with rhDNase or maintenance antibiotics during the trial;
3. Have a confirmed diagnosis of cystic fibrosis (sweat test result  $\geq 60$  mEq/L chloride and/or genotyping showing two identifiable mutations consistent with a diagnosis of cystic fibrosis);
4. Be aged  $\geq 6$  years and  $< 18$  years;
5. Have a percentage of predicted FEV1 of  $\geq 30\%$  and  $\leq 90\%$  at Screening (Visit 0). Percentage of predicted FEV1 will be calculated using Wang for children aged  $< 8$  years, and using NHanes III for those  $\geq 8$  years; and
6. Be able to perform all the techniques necessary to measure lung function.

### Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Be using maintenance nebulised hypertonic saline;
2. Be considered  $\geq$  terminally ill  $\pm$ ; eligible for lung transplantation, or have received a lung

transplant previously;

3. Require home oxygen or assisted ventilation;

4. Have had an episode of massive haemoptysis defined as acute bleeding  $\geq 240$  ml in a 24-hour period and/or recurrent bleeding  $\geq 100$  ml/day over several days in the three-months prior to Screening (Visit 0);

5. Have a known intolerance to mannitol;

6. Be taking non-selective  $\beta$ -blockers;

7. In the three months prior to Screening (Visit 0) have had a myocardial infarction; a cerebral vascular accident; major ocular, abdominal, chest or brain surgery;

8. Have a known cerebral, aortic or abdominal aneurysm;

9. Be currently participating in, or have participated in another investigative drug trial within four weeks of Screening (Visit 0);

10. Be pregnant or breastfeeding, or plan to become pregnant whilst in the trial;

11. For females of childbearing potential, be using an unreliable form of contraception (at the discretion of the investigator);

12. Have any concomitant medical, psychiatric, or social condition that, in the Investigator's opinion, would put the subject at significant risk, may confound the results or may significantly interfere with the subject's participation in the trial; or

13. Have a  $\geq$  failed or  $\geq$  incomplete mannitol tolerance test.

## Onderzoeksopzet

### Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Cross-over
Toewijzing:	Gerandomiseerd
Blindering:	Dubbelblind
Controle:	Placebo

### Deelname

Nederland	
Status:	Werving gestart
(Verwachte) startdatum:	21-06-2013
Aantal proefpersonen:	160
Type:	Verwachte startdatum

## Ethische beoordeling

Positief advies

Datum: 27-02-2014

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

Register	ID
NTR-new	NL4215
NTR-old	NTR4453
Ander register	NCT01883531 : DPM-CF-204

## Resultaten