

# Vagus nerve stimulation in epilepsy during physical exercise.

Gepubliceerd: 28-03-2012 Laatste bijgewerkt: 07-12-2022

In patients with side effects, during VNS, there is: 1. A decrease in lung function parameters; 2. A reduced increase in heart rate; 3. A reduced increase in blood pressure.

<b>Ethische beoordeling</b>	Niet van toepassing
<b>Status</b>	Werving nog niet gestart
<b>Type aandoening</b>	-
<b>Onderzoekstype</b>	Observationeel onderzoek, zonder invasieve metingen

## Samenvatting

### ID

NL-OMON22198

### Bron

NTR

### Aandoening

Epilepsy  
Vagus nerve stimulation  
Physical exercise

Epilepsie  
Nervus vagus stimulatie  
Lichamelijke inspanning

### Ondersteuning

**Primaire sponsor:** Medisch Spectrum Twente

**Overige ondersteuning:** Medisch Spectrum Twente

### Onderzoeksproduct en/of interventie

### Uitkomstmaten

#### Primaire uitkomstmaten

Lung function parameters, ECG values and blood pressure and pulse oximetry, during rest and during exercise.

## Toelichting onderzoek

### Achtergrond van het onderzoek

Rationale:

Vagus nerve stimulation (VNS) is a form of neuromodulation as a treatment for refractory epilepsy. Besides the positive effect this stimulation can have in patients, many side effects have been reported, including dyspnea, coughing and bradycardias. Several patients also complain that they cannot get enough air when the stimulator is on while exercising.

Objective:

Primary objective: To investigate the cause of the symptoms patients with a vagus nerve stimulator experience during exercise.

Secondary objective: To investigate whether there are changes in EEG during stimulation.

Study design:

This is a case control observational study comparing epilepsy patients with a VNS that experience symptoms during exercise to those who do not experience these symptoms and epilepsy patients without a VNS.

Study population:

For this study, three groups of epilepsy patients will be included (5 patients each). The first group consists of epilepsy patients without a VNS, the second group of patients with a VNS who do not experience symptoms during exercise and the last group consists of patients with a VNS who do experience symptoms during exercise.

Intervention:

The subjects participating in this study will be measured during rest and during a non-maximal ergometry test. During these tests, which will both take approximately 20 minutes, lung function parameters, ECG, EEG, pulse oximetry and blood pressure will be measured. Epilepsy patients with a vagus nerve stimulator will be asked to activate this device to study the effect of this stimulation on the aforementioned parameters.

Main study parameters/endpoints:

The main study parameters are: lung function, ECG, EEG, blood pressure and pulse oximetry.

### **Doel van het onderzoek**

In patients with side effects, during VNS, there is:

1. A decrease in lung function parameters;
2. A reduced increase in heart rate;
3. A reduced increase in blood pressure.

### **Onderzoeksopzet**

N/A

### **Onderzoeksproduct en/of interventie**

The subjects participating in this study will be measured during rest and during a non-maximal ergometry test. During these tests, which will both take approximately 20 minutes, lung function parameters, ECG, EEG, pulse oximetry and blood pressure will be measured. Epilepsy patients with a vagus nerve stimulator will be asked to activate this device to study the effect of this stimulation on the aforementioned parameters.

## **Contactpersonen**

### **Publiek**

Medisch Spectrum Twente, Department of Neurosurgery,  
P.O. Box 50000  
C.C. Vos, de  
Enschede 7500 KA  
The Netherlands

+31 (0)53 4873532

## **Wetenschappelijk**

Medisch Spectrum Twente, Department of Neurosurgery,  
P.O. Box 50000  
C.C. Vos, de  
Enschede 7500 KA  
The Netherlands  
+31 (0)53 4873532

## **Deelname eisen**

### **Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)**

1. Adults (age > 18 years);
2. Diagnosed with epilepsy;
3. Stable epilepsy;
4. Mentally competent;
5. Able to exercise for 20 minutes;
6. (Implanted with a vagus nerve stimulator).

### **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. Not able to give informed consent;
2. Known cardiac and/or respiratory diseases.

## **Onderzoeksofzet**

## Opzet

Type:	Observationeel onderzoek, zonder invasieve metingen
Onderzoeksmodel:	Parallel
Toewijzing:	Niet-gerandomiseerd
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

## Deelname

Nederland	
Status:	Werving nog niet gestart
(Verwachte) startdatum:	01-04-2012
Aantal proefpersonen:	15
Type:	Verwachte startdatum

## Ethische beoordeling

Niet van toepassing	
Soort:	Niet van toepassing

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

## In overige registers

Register	ID
NTR-new	NL3219
NTR-old	NTR3371

**Register**

Ander register  
ISRCTN

**ID**

METC Twente / CCMO : P12-09 / NL39555.044.12;  
ISRCTN wordt niet meer aangevraagd.

## Resultaten

**Samenvatting resultaten**

N/A