

The effects of the Dramatherapeutic Self-concept Module for clients with a personality disorder.

(De werking van de Dramatherapeutische Zelfbeeldmodule bij cliënten met een persoonlijkheidsstoornis)

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The dramatherapeutic Self-concept Module (DZM) will lead to improvement of self-esteem during and after participation in the Dramatherapeutic Self-image module in relation to the baseline, which has been set during psycho-education and /or waiting...

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON22201

Bron

NTR

Aandoening

self-esteem (zelfwaardering)
personality disorders (persoonlijkheidsstoornissen)
dramatherapy (dramatherapie)

Ondersteuning

Primaire sponsor: Mediant GGZ,
Postbus 775
7500 AR ENSCHEDE

Overige ondersteuning: n.v.t.

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Change in self-esteem, weekly measured before, during and after the intervention (DZM).

Toelichting onderzoek

Achtergrond van het onderzoek

A multiple baseline single-case study will be conducted to investigate the effects of the Dramatherapeutic self-image Module (Dramatherapeutische Zelfbeeldmodule, DZM). Participants are clients of “De Boerhaven”, Centre for Personality disorders of Mediant GGZ, mental health centre, who have been diagnosed with a personality disorder and assessed to outpatient schema focused therapy, having a low self-esteem. They will first participate in psycho-education on schema-focused therapy (a regular part of the treatment) and after that in the DZM. Because both psycho-education and DZM take part in closed groups, there will be some waiting time which will differ for each cliënt. A baseline will be set during psycho-education and/or waiting time. There will be weekly measurements on self-esteem and well-being.

The measurements will start at the moment of inclusion and end 3 measurements after the end of the DZM. Primary outcome is progress of self-esteem, measured by the Rosenberg Self-esteem scale (RSES). Secondary outcome is progress of well-being, measured by the Mental Health-Continuum- Short Form, at (MHC-SF).

Doel van het onderzoek

The dramatherapeutic Self-concept Module (DZM) will lead to improvement of self-esteem during and after participation in the Dramatherapeutic Self-image module in relation to the baseline, which has been set during psycho-education and /or waiting time.

Onderzoeksopzet

Measurements will be weekly from the moment of inclusion till 3 measurements after the end of the DZM.

Onderzoeksproduct en/of interventie

The DZM, an intervention of 6 weekly sessions of 75 minutes each in a group van 6 participants, lead by a drama therapist. In this module clients work on enhancing their self-esteem by means of behavioral-cognitive therapeutic techniques an dramatherapeutic

techniques.

Contactpersonen

Publiek

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- a low self-esteem (score RSES ≤ 27)
- a personality disorder as main diagnosis DSM-5
- being able and willing to participate in a group treatment
- being assessed to outpatient schema focused therapy
- being in treatment phase 1 of this therapy. This is the phase before the schema focused therapy, which takes place in phase 2.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- acute suicidality
- mentally disabled
- serious aggressive behaviour
- serious addiction(s)
- clients with a Cluster A-personality disorder or with an antisocial personality disorder.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blinding:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	18-02-2019
Aantal proefpersonen:	10
Type:	Werkelijke startdatum

Voornemen beschikbaar stellen Individuele Patiënten Data (IPD)

Wordt de data na het onderzoek gedeeld: Nog niet bepaald

Ethische beoordeling

Positief advies	
Datum:	30-05-2018
Soort:	Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

ID: 46299

Bron: ToetsingOnline

Titel:

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL7060
NTR-old	NTR7298
CCMO	NL66011.044.18
OMON	NL-OMON46299

Resultaten

Samenvatting resultaten

The trial will lead to a publication in a journal in the Dutch or English language.