

Effectiveness of Eye Movement Desensitization and Reprocessing (EMDR) therapy versus Brief Eclectic Psychotherapy (BEP) in the treatment of posttraumatic stress disorder.

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In line with a previous pilot study, we hypothesize that EMDR will lead to faster improvements in PTSD symptomatology than BEP and that the effects at the end will be equal.

Ethische beoordeling	Positief advies
Status	Werving gestopt
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON22337

Bron

NTR

Verkorte titel

BEP-EMDR

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Self-reported PTSD symptoms (Impact of Event Scale –Revised; IES-R).

Toelichting onderzoek

Achtergrond van het onderzoek

Though the efficacy of Eye Movement Desensitization and Reprocessing (EMDR) therapy and cognitive behavioral approaches for PTSD have been sufficiently demonstrated, few studies have compared them directly. The current study aims at studying the effectiveness of EMDR and Brief Eclectic Psychotherapy (BEP) to determine if these treatments work in clinical practice.

Research objectives are:

1. To compare the effectiveness of Eye Movement Desensitization and Reprocessing (EMDR) therapy and Brief Eclectic Psychotherapy (BEP) in the treatment of patients with posttraumatic stress disorder;
2. To determine the effectiveness of the treatments at long-term follow up;
3. To determine the effects of the treatments on neuropsychological functioning;
4. To determine the effects of the treatments on neuroendocrine parameters in a subgroup of patients;
5. To determine which patients benefit most from EMDR or BEP.

Doel van het onderzoek

In line with a previous pilot study, we hypothesize that EMDR will lead to faster improvements in PTSD symptomatology than BEP and that the effects at the end will be equal.

Onderzoeksopzet

Patients are assessed at four time points:

1. Before treatment;
2. First post-assessment after the EMDR therapy and the first phase of BEP;
3. Second post-assessment after both treatments are finished;
4. Follow-up assessment 12 months after the second post-assessment.

1-feb-2009: Patient inclusion closed;

Anticipated date of last follow-up 1-dec-2010;

Planned closure to data entry 1-jan-2011;

Date trial data considered complete 1-jan-2011.

Onderzoeksproduct en/of interventie

Eye Movement Desensitization and Reprocessing (EMDR) is a combination of trauma exposure (desensitization) with saccadic eye movements. When anxiety diminishes, the patient is instructed to develop more positive cognitions and link these to the trauma.

Brief Eclectic Psychotherapy (BEP) is primarily a cognitive behavioral intervention, but 'eclectic' means that elements of psychodynamic and directive psychotherapy are also part of this therapy.

Contactpersonen

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Wetenschappelijk

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen

(Inclusiecriteria)

1. Fulfilling diagnostic criteria for PTSD according to the DSM-IV;
2. Having experienced a single traumatic event that was the cause for developing PTSD;
3. Age between 18 and 65 years;
4. Mastery of the Dutch language in speech and writing.

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

1. Suicidal ideation;
2. Current severe comorbid disorders that would interfere with the intervention (severe major depressive disorder, severe alcohol or substance dependence);
3. A lifetime psychotic disorder;
4. Indications of fulfilling diagnostic criteria for a personality disorder according to the SCID-II screener and clinical opinion.

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Parallel
Toewijzing:	Gerandomiseerd
Blindering:	Enkelblind
Controle:	Geneesmiddel

Deelname

Nederland	
Status:	Werving gestopt
(Verwachte) startdatum:	01-12-2003
Aantal proefpersonen:	140

Type:

Werkelijke startdatum

Ethische beoordeling

Positief advies

Datum:

28-06-2005

Soort:

Eerste indiening

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL25
NTR-old	NTR46
Ander register	: N/A
ISRCTN	ISRCTN64872147

Resultaten

Samenvatting resultaten

N/A