

# Ultra-early tranexamic acid after subarachnoid hemorrhage.

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Patients with subarachnoid hemorrhage (SAH) treated by standard, state-of-the-art SAH management with additional ultra-early and short-term TXA administration (TXA group) have significantly more often a favourable outcome after six months (score 0-3...

|                             |                          |
|-----------------------------|--------------------------|
| <b>Ethische beoordeling</b> | Positief advies          |
| <b>Status</b>               | Werving nog niet gestart |
| <b>Type aandoening</b>      | -                        |
| <b>Onderzoekstype</b>       | Interventie onderzoek    |

## Samenvatting

### ID

NL-OMON22386

### Bron

NTR

### Verkorte titel

ULTRA

### Aandoening

subarachnoid hemorrhage  
intracerebral hemorrhage  
subarachnoidale bloeding  
hersensbloeding

## Ondersteuning

**Primaire sponsor:** Academic Medical Center

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**Overige ondersteuning:** Currently we are raising funds.

# Onderzoeksproduct en/of interventie

## Uitkomstmaten

### Primaire uitkomstmaten

Modified Rankin Scale score dichotomized as a favourable (0-3) or unfavourable (4-6) outcome.

## Toelichting onderzoek

### Achtergrond van het onderzoek

Approximately 50% of all patients with an subarachnoid hemorrhage (SAH) dies due to the hemorrhage or subsequent complications. There are several major causes for this course, such as in-hospital rebleed in 4-12% which most frequently occurs within the first 6 hours after the primary hemorrhage ("ultra-early rebleed"). Half of the patients with a rebleed die during hospital admission and when they survive, they develop more severe cognitive dysfunctions. Reducing the rebleeds by ultra-early administration of tranexamic acid (TXA) could be a major factor in improving the functional outcome after SAH.

Study design:

Multicenter, prospective, randomized trial with blind endpoint assessment.

Study population:

Adult patients (18 years and older) included within 24 hours after SAH.

Primary and secondary outcomes:

Primary: Dichotomized outcome at the Modified Rankin Scale after six months (0-3: favourable; 4-6: unfavourable).

Secondary: Case fatality rate, rebleed rate, thromboembolic complications, delayed cerebral ischemia rate, complications (hydrocephalus, thromboembolic events, extracranial thrombosis or hemorrhagic complications), care costs.

Intervention:

Group one: Standard treatment with additional administration of 1 g TXA intravenously in ten minutes, immediately after the diagnosis SAH, succeeded by continuous infusion of 1 g per 8 hours until a maximum of 24 hours.

Group two: Standard treatment with no TXA administration.

Main study parameters/endpoints:

Primary: Modified Rankin Scale score after six months, dichotomized into favourable and unfavourable outcome.

Secondary: Rebleed and case fatality rate, complications during the first six months after hemorrhage and infarctions on MR-imaging at six months.

### **Doel van het onderzoek**

Patients with subarachnoid hemorrhage (SAH) treated by standard, state-of-the-art SAH management with additional ultra-early and short-term TXA administration (TXA group) have significantly more often a favourable outcome after six months (score 0-3 on the Modified Rankin Scale) compared to a patients treated by standard, state-of-the-art SAH management without additional TXA administration (control group).

### **Onderzoeksopzet**

Primary outcome: Six months after SAH.

Secondary outcomes:

1. Six months after SAH;
2. Before or during aneurysm treatment;
3. During endovascular treatment;
4. During admission.

### **Onderzoeksproduct en/of interventie**

TXA group:

Standard treatment with additional administration of 1 g TXA intravenously in ten minutes, immediately after the diagnosis SAH, succeeded by continuous infusion of 1 g per 8 hours until a maximum of 24 hours.

Control group:

Standard treatment with no TXA administration.

## Contactpersonen

### Publiek

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### Wetenschappelijk

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## Deelname eisen

### Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

1. Admission to one of the study centers or their referring hospitals;
2. CT-confirmed SAH with ictus less than 24 hours ago;
3. Age 18 years and older;

4. Informed consent.

## **Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)**

1. No loss of consciousness after the hemorrhage with WFNS grade 1 or 2 on admission in combination with a perimesencephalic hemorrhage;
2. Bleeding pattern on CT compatible with a traumatic SAH;
3. Treatment for deep vein thrombosis;
4. History of blood coagulation disorder;
5. Pregnancy or breastfeeding;
6. Severe renal (serum creatinin >150 mmol/L) or liver failure (AST > 150 U/l or ALT > 150 U/l or AF > 150 U/l or  $\gamma$ -GT > 150 U/l);
7. Imminent death within 24 hours.

## **Onderzoeksopzet**

### **Opzet**

|                  |                       |
|------------------|-----------------------|
| Type:            | Interventie onderzoek |
| Onderzoeksmodel: | Parallel              |
| Toewijzing:      | Gerandomiseerd        |
| Blinding:        | Enkelblind            |
| Controle:        | Geneesmiddel          |

### **Deelname**

|                         |                          |
|-------------------------|--------------------------|
| Nederland               |                          |
| Status:                 | Werving nog niet gestart |
| (Verwachte) startdatum: | 01-01-2013               |
| Aantal proefpersonen:   | 950                      |
| Type:                   | Verwachte startdatum     |

## Ethische beoordeling

Positief advies

Datum: 25-01-2012

Soort: Eerste indiening

## Registraties

### Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

### Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

### In overige registers

| Register | ID                                  |
|----------|-------------------------------------|
| NTR-new  | NL3122                              |
| NTR-old  | NTR3272                             |
| CCMO     | NL20120125                          |
| ISRCTN   | ISRCTN wordt niet meer aangevraagd. |

## Resultaten

### Samenvatting resultaten

N/A