Inlife - an online social support intervention to support caregivers of people with dementia

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Ethische beoordeling	Niet van toepassing
Status	Werving nog niet gestart
Type aandoening	-
Onderzoekstype	Interventie onderzoek

Samenvatting

ID

NL-OMON22513

Bron
NTR

Verkorte titel
Inlife

Aandoening

Dementia, Informal Caregivers

Ondersteuning

Primaire sponsor: Maastricht University Medical Center (MUMC+)
Overige ondersteuning: Maastricht University Medical Center (MUMC+)

Onderzoeksproduct en/of interventie

Uitkomstmaten

Primaire uitkomstmaten

Primary process outcomes will be feasibility and usefulness of the Inlife intervention and feasibility of measurements, log-data of intervention use
Primary effect measurements: feelings of competence, social support, and loneliness in the primary caregivers.

Toelichting onderzoek

Achtergrond van het onderzoek

Rationale and objectives: The majority of people with dementia (PwD) are living at home. As a consequence many informal carers such as family members and friends will be involved in a stressful and burdensome caregiving process. Frequently, dementia caregivers experience feelings of social isolation, loneliness and a high threshold to seek support. Recently, Inlife an online social support intervention was developed to support informal caregivers of PwD in daily life. The present pilot study evaluates the feasibility and usability of the Inlife intervention. Furthermore, we assess the feasibility of the intervention protocol and online measurements in preparation of an upcoming randomized controlled trial.

Study design and population: a pilot study with a 'pretest-repeated measures, single group design'. 20 dyads –the primary caregiver and person with dementia- will use Inlife 16 weeks within their own social network. Prior to inclusion a screening will be conducted to assess inclusion and exclusion criteria. Online self-reported measurements will be completed, which will be send automatically by e-mail at baseline and monthly during the use of the Inlife application.

Furthermore, log-data about user intensity and drop-out rates will be analyzed.

Main study parameters/endpoints: Evaluation of the feasibility and usability of the inlife intervention as assessed by an online questionnaire designed by the researchers. Furthermore, we assess the feasibility of the online measurements of the abovementioned primary and secondary effect outcomes.

Doel van het onderzoek

The null-hypothesis predicts that Inlife is not feasible. The alternative hypothesis predicts that the Inlife intervention is evaluated as being feasible. We expect the alternative hypothesis to be true. Inlife will be feasible and minor revisions to the intervention and the study protocol will be needed to offer Inlife in an upcoming randomized controlled trial.

Onderzoeksopzet

Baseline, 1-month, 2-month, 3-month and 4-month follow-up measurements during the intervention.

Onderzoeksproduct en/of interventie

The primary objective of this study is to evaluate inlife: a newly developed online social support intervention for caregivers and people with dementia (PwD). Inlife aims to lower the threshold to seek support, improve social support, feelings of competence and facilitate supply and demand of support within the personal social network of the primary caregiver and PwD. The website is specifically designed for and with caregivers and PwD and includes several functionalities (e.g. overview of network members and care needs, timeline, notifications, dairy, dementia specific information resources). The Inlife website can be accessed at several online devices in the home setting.

Contactpersonen

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Deelname eisen

Belangrijkste voorwaarden om deel te mogen nemen (Inclusiecriteria)

- Being a primary caregiver of a person that is diagnosed with dementia

- Person with dementia is living at home

- Access to internet and a (tablet)computer

- Basic knowledge about computers (judged by researcher)

- Willingness of the primary caregiver to invite two members of their social network to participate in Inlife

- Written informed consent is obtained

Belangrijkste redenen om niet deel te kunnen nemen (Exclusiecriteria)

- Caregiver not available more than 4 weeks during the study period

- Expected placement in a care institution within the study period

Onderzoeksopzet

Opzet

Type:	Interventie onderzoek
Onderzoeksmodel:	Anders
Toewijzing:	N.v.t. / één studie arm
Blindering:	Open / niet geblindeerd
Controle:	N.v.t. / onbekend

Deelname

Nederland

Status:	Werving nog niet gestart
(Verwachte) startdatum:	21-10-2015
Aantal proefpersonen:	20
Type:	Verwachte startdatum

Ethische beoordeling

Niet van toepassing

Soort: Niet van toepassing

Registraties

Opgevolgd door onderstaande (mogelijk meer actuele) registratie

Geen registraties gevonden.

Andere (mogelijk minder actuele) registraties in dit register

Geen registraties gevonden.

In overige registers

Register	ID
NTR-new	NL5401
NTR-old	NTR5526
Ander register	: ECP-157 22 03 2015 Al

Resultaten